

*The
Book of Hours
with
my Beloved*

Steve Kinderf

THE BOOK OF HOURS

WITH

MY BELOVED

CONTENTS



BOOK
OF
HOURS



THE BOOK OF HOURS

WITH

MY BELOVED

*Call to remembrance, O LORD,
Thy tender mercies,
and Thy lovingkindnesses,
which have been ever of old.*

by
Steve Kindorf

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Paperback ISBN- 5800113775629
Paperback 6x9 ISBN-978-1-329-72360-3

Book acknowledgments and description

This classic devotional book 'The Book of Hours' is now in English for private and personal adoration, and has been reworded for you to be alone with your Beloved, and is easy to use and read. This new Protestant edition is dedicated to the men and women of the Reformation. Based on the conviction of the Bible and Christ alone. Throughout the day, at special selected hours, set Him apart from the world as you pray the Psalms and words of worship and adoration, including 'The Lord's Prayer' and 'The Nicene Creed' and 'The Jesus Prayer' and other hymns of the Christian faith. The format of this book is from the Orthodox Coptic Christian church. All the words of the Psalms are from the KJV Bible (Pure Cambridge Edition). All of the other prayers, poems and hymns have been reworded to fit the intent of this book.

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PRIME

This Prayer is designed to be prayed early in the morning, as a reference to the coming of the True Light, the Lord Jesus Christ. This Hour is mainly associated with the eternity of God, His incarnation, and His resurrection from the dead. It is intended to offer thanks to Him for having risen us from sleep, beseeching Him to shine upon us, enlighten our lives, and grant us the power of His resurrection.

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This Prayer is associated with the act of taking down Christ's body from the Cross, and being anointed with spices and wrapped in linen. At the end of the day, we give thanks for God's protection, and confess our sins with the Prodigal son, (*St. Luke 15:11-31*), that we may be counted among the labourers who were called at six in the evening, (*St. Matthew 20:1-16*).

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SIX
IN THE
MORNING LIGHT

with
my Beloved

Entrance into this Holy Hour

In the name of the Father,
and of the Son,
and of the Holy Spirit,
one God,
Amen.

On You do I wait all the day,
Lord have mercy,
O my Beloved have mercy,
Lord bless me,
Amen.

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

The Lord's Prayer

Make me worthy, O Lord,
to pray with all thanksgiving.

My Father who art in heaven,
Hallowed be Thy name,
Thy Kingdom come,
Thy will be done, on earth as it is in heaven.
Give me this day my daily bread;
And forgive me my trespasses,
as I forgive those who trespass against me;
And lead me not into temptation,
but deliver me from the evil one;
For Thine is the Kingdom,
Thine is the Power,
Thine the Glory,
for ever,
Amen.

In Christ Jesus my Lord,
Amen.

The Prayer of Thanksgiving

I will give thanks to the beneficent
and merciful God,
the Father of my Lord,
God and Saviour, Jesus Christ,
for He has covered me,
helped me,
guarded me,
and accepted me unto Himself,
spared me,
supported me,
and brought me to this hour.

I will also ask Him,
the Lord my God,
the Almighty,
to guard me in all peace this holy day,
and all the days of my life.

O Master,
Lord,
God Almighty,
the Father of my Lord,
God and Saviour, Jesus Christ,
I thank You for every condition,
concerning every condition,
and in every condition
You have covered me,
helped me,
guarded me,
and accepted me unto Yourself,
spared me,
supported me,
and brought me to this hour.

Therefore,
my Beloved,
I ask and entreat
Your goodness,
'O Lover of mankind'
to grant me to complete this holy day,
and all the days of my life,
in all peace with Your fear.
All envy,
all temptation,
all the work of Satan,
the counsel of wicked men,

and the rising up of enemies,
both hidden and revealed,
take them away from me,
and from all Your people,
and from every holy place
that is Yours.

But those things which are
good and profitable,
do provide for me;
for it is You
who has given me the authority
to tread on serpents and scorpions,
and upon all the power of the enemy.

And lead me not into temptation,
but deliver me from the evil one,
through your love of mankind,
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my Lord,
God and Saviour, Jesus Christ,
my Beloved,
through whom
the glory,
the honour,
the dominion,
the worship and adoration
are due unto You,
with Him,
and the Holy Spirit
-the Giver of Life,
who is of one essence with You,

now and at all times,
and from everlasting generations
unto generations everlasting,
Amen.

PSALM 51

HAVE mercy upon me, O God,
according to thy lovingkindness:
according unto the multitude
of thy tender mercies
blot out my transgressions.
Wash me thoroughly from mine iniquity,
and cleanse me from my sin.
For I acknowledge my transgressions:
and my sin is ever before me.

Against thee, thee only, have I sinned,
and done this evil in thy sight:
that thou mightest be justified
when thou speakest,
and be clear when thou judgest.
Behold, I was shapen in iniquity;
and in sin did my mother conceive me.
Behold, thou desirest truth in the inward parts:
and in the hidden part
thou shalt make me to know wisdom.

Purge me with hyssop, and I shall be clean:
wash me, and I shall be whiter than snow.
Make me to hear joy and gladness;
that the bones which thou hast broken
may rejoice.
Hide thy face from my sins,
and blot out all mine iniquities.

Create in me a clean heart, O God;
and renew a right spirit within me.
Cast me not away from thy presence;
and take not thy holy spirit from me.
Restore unto me the joy of thy salvation;
and uphold me with thy free spirit.
Then will I teach transgressors thy ways;
and sinners shall be converted unto thee.

Deliver me from bloodguiltiness, O God,
thou God of my salvation:
and my tongue shall sing aloud
of thy righteousness.

O Lord, open thou my lips;
and my mouth shall shew forth thy praise.

For thou desirest not sacrifice;
else would I give it:

thou delightest not in burnt offering.

The sacrifices of God are a broken spirit:
a broken and a contrite heart, O God,
thou wilt not despise.

Do good in thy good pleasure unto Zion:
build thou the walls of Jerusalem.

Then shalt thou be pleased
with the sacrifices of righteousness,
with burnt offering and whole burnt offering:
then shall they offer bullocks upon thine altar.

ALLELUIA.

Come and See

Come, O my soul,
kneel down,
and ask Christ, my God.

Come, O my soul,
bow down,
and beseech Christ, my King.

Come, O my soul,
worship,
and entreat Christ, my Saviour.

O Lord Jesus Christ,
the Word of God, my God;
through Your intercession
preserve me,
and bring me to a new beginning
this holy day.

Have mercy on me
according to Your will
for ever.

The night has passed;
I thank You, O Lord,
and I ask You
to keep me this day
away from sin,
and deliver me.

The Epistle to the Ephesians

I THEREFORE, the prisoner of the Lord, beseech
you that ye walk worthy
of the vocation wherewith ye are called,

With all lowliness and meekness,
with longsuffering,
forbearing one another in love;
Endeavouring to keep the unity of the Spirit
in the bond of peace.

There is one body, and one Spirit,
even as ye are called in one hope
of your calling;

One Lord, one faith, one baptism.

May the word of God be fulfilled in peace.

Glory be to God for ever,
Amen.

My Faith

One is God the Father of all.

One is His Son,
Jesus Christ the Word,
who took flesh upon Himself and died;
and rose again from the dead on the third day,
and raised me up with Him.

One is the Holy Spirit,
the Comforter,
one and the same in His Subsistence,
proceeding from the Father and the Son,
purifying the whole creation,
and teaching me to worship the Holy Trinity,
one in Divinity,
and one in essence.

I praise Him
and bless Him for ever,
Amen.

These
Prayers
of this blessed
Hour, I offer unto You,
my Christ, my King, and my God,
beseeching You
to forgive me
of all
my sins.
Amen.

Holy God,
Holy Mighty,
Holy Immortal,
Have mercy on me.

PSALM 1

BLESSED is the man that walketh not
in the counsel of the ungodly,
nor standeth in the way of sinners,
nor sitteth in the seat of the scornful.
But his delight is in the law of the LORD;
and in his law doth he meditate day and night.

And he shall be like a tree
planted by the rivers of water,
that bringeth forth his fruit in his season;
his leaf also shall not wither;
and whatsoever he doeth shall prosper.

The ungodly are not so:
but are like the chaff
which the wind driveth away.
Therefore the ungodly shall not stand
in the judgment,
nor sinners in the congregation
of the righteous.

For the LORD knoweth the way of the righteous:
but the way of the ungodly shall perish.

ALLELUIA.

PSALM 2

WHY do the heathen rage,
and the people imagine a vain thing?
The kings of the earth set themselves,
and the rulers take counsel together,
against the LORD,
and against his anointed,

saying,
Let us break their bands asunder,
and cast away their cords from us.
He that sitteth in the heavens shall laugh:
the Lord shall have them in derision.
Then shall he speak unto them in his wrath,
and vex them in his sore displeasure.
Yet have I set my king upon
my holy hill of Zion.

I will declare the decree:
the LORD hath said unto me,
Thou art my Son;
this day have I begotten thee.
Ask of me,
and I shall give thee the heathen
for thine inheritance,
and the uttermost parts of the earth
for thy possession.
Thou shalt break them with a rod of iron;
thou shalt dash them in pieces
like a potter's vessel.
Be wise now therefore, O ye kings:
be instructed, ye judges of the earth.
Serve the LORD with fear,
and rejoice with trembling.
Kiss the Son, lest he be angry,
and ye perish from the way,
when his wrath is kindled but a little.
Blessed are all they that put their trust in him.

ALLELUIA.

PSALM 3

LORD, how are they increased that trouble me!
many are they that rise up against me.
Many there be which say of my soul,
There is no help for him in God.

Selah.

But thou, O LORD, art a shield for me;
my glory, and the lifter up of mine head.
I cried unto the LORD with my voice,
and he heard me out of his holy hill.

Selah.

I laid me down and slept;
I awaked; for the LORD sustained me.
I will not be afraid of ten thousands of people,
that have set themselves against me
round about.

Arise, O LORD; save me, O my God:
for thou hast smitten all mine enemies
upon the cheek bone;
thou hast broken the teeth of the ungodly.
Salvation belongeth unto the LORD:
thy blessing is upon thy people.

Selah.

ALLELUIA.

PSALM 4

HEAR me when I call,
O God of my righteousness:
thou hast enlarged me when I was in distress;
have mercy upon me,
and hear my prayer.

O ye sons of men,
how long will ye turn my glory into shame?
how long will ye love vanity,
and seek after leasing?

Selah.

But know that the LORD hath set apart
him that is godly for himself:
the LORD will hear when I call unto him.

Stand in awe, and sin not:
commune with your own heart upon your bed,
and be still.

Selah.

Offer the sacrifices of righteousness,
and put your trust in the LORD.

There be many that say,
Who will shew us any good?
LORD, lift thou up the light of thy countenance
upon us.

Thou hast put gladness in my heart,
more than in the time that their corn
and their wine increased.

I will both lay me down in peace, and sleep:
for thou, LORD, only makest me dwell in safety.

ALLELUIA.

PSALM 5

GIVE ear to my words, O LORD,
consider my meditation.
Hearken unto the voice of my cry, my King, and
my God:
for unto thee will I pray.

My voice shalt thou hear in the morning,
O LORD;
in the morning
will I direct my prayer unto thee,
and will look up.
For thou art not a God that hath pleasure
in wickedness:
neither shall evil dwell with thee.
The foolish shall not stand in thy sight:
thou hatest all workers of iniquity.
Thou shalt destroy them that speak leasing:
the LORD will abhor the bloody
and deceitful man.
But as for me, I will come into thy house
in the multitude of thy mercy:
and in thy fear will I worship toward
thy holy temple.
Lead me, O LORD, in thy righteousness
because of mine enemies;
make thy way straight before my face.
For there is no faithfulness in their mouth;
their inward part is very wickedness;
their throat is an open sepulchre;
they flatter with their tongue.
Destroy thou them, O God;
let them fall by their own counsels;
cast them out in the multitude
of their transgressions;
for they have rebelled against thee.
But let all those
that put their trust in thee rejoice:
let them ever shout for joy,
because thou defendest them:
let them also that love thy name
be joyful in thee.

For thou, LORD, wilt bless the righteous;
with favour wilt thou compass him
as with a shield.

ALLELUIA.

PSALM 6

O LORD, rebuke me not in thine anger,
neither chasten me in thy hot displeasure.
Have mercy upon me, O LORD; for I am weak:
O LORD, heal me; for my bones are vexed.

My soul is also sore vexed:

but thou, O LORD, how long?

Return, O LORD, deliver my soul:

oh save me for thy mercies' sake.

For in death there is no remembrance of thee:
in the grave who shall give thee thanks?

I am weary with my groaning;

all the night make I my bed to swim;

I water my couch with my tears.

Mine eye is consumed because of grief;
it waxeth old because of all mine enemies.

Depart from me, all ye workers of iniquity;

for the LORD hath heard

the voice of my weeping.

The LORD hath heard my supplication;

the LORD will receive my prayer.

Let all mine enemies be ashamed

and sore vexed:

let them return and be ashamed suddenly.

ALLELUIA.

PSALM 8

O LORD our Lord, how excellent is thy name
in all the earth!

who hast set thy glory above the heavens.

Out of the mouth of babes and sucklings
hast thou ordained strength
because of thine enemies,
that thou mightest still the enemy
and the avenger.

When I consider thy heavens,
the work of thy fingers,
the moon and the stars,
which thou hast ordained;

What is man, that thou art mindful of him?
and the son of man, that thou visitest him?

For thou hast made him
a little lower than the angels,
and hast crowned him with glory and honour.

Thou madest him to have dominion
over the works of thy hands;
thou hast put all things under his feet:
All sheep and oxen, yea,
and the beasts of the field;

The fowl of the air, and the fish of the sea,
and whatsoever passeth
through the paths of the seas.

O LORD our Lord,
how excellent is thy name in all the earth!

ALLELUIA.

PSALM 12

HELP, LORD; for the godly man ceaseth;
for the faithful fail from among
the children of men.

They speak vanity every one
with his neighbour:
with flattering lips and with a double heart
do they speak.

The LORD shall cut off all flattering lips,
and the tongue that speaketh proud things:
Who have said,

With our tongue will we prevail;
our lips are our own: who is lord over us?
For the oppression of the poor,
for the sighing of the needy,
now will I arise, saith the LORD;
I will set him in safety from him
that puffeth at him.

The words of the LORD are pure words:
as silver tried in a furnace of earth,
purified seven times.

Thou shalt keep them, O LORD,
thou shalt preserve them
from this generation for ever.

The wicked walk on every side,
when the vilest men are exalted.

ALLELUIA.

PSALM 13

HOW long wilt thou forget me, O LORD?
for ever?

how long wilt thou hide thy face from me?
How long shall I take counsel in my soul,
having sorrow in my heart daily?
how long shall mine enemy
be exalted over me?

Consider and hear me, O LORD my God:
lighten mine eyes, lest I sleep the sleep of death;
Lest mine enemy say,
I have prevailed against him;
and those that trouble me rejoice
when I am moved.

But I have trusted in thy mercy;
my heart shall rejoice in thy salvation.

I will sing unto the LORD,
because he hath dealt bountifully with me.

ALLELUIA.

PSALM 15

LORD, who shall abide in thy tabernacle?
who shall dwell in thy holy hill?

He that walketh uprightly,
and worketh righteousness,
and speaketh the truth in his heart.

He that backbiteth not with his tongue,
nor doeth evil to his neighbour,
nor taketh up a reproach against his neighbour.
In whose eyes a vile person is contemned;
but he honoureth them that fear the LORD.

He that sweareth to his own hurt,
and changeth not.
He that putteth not out his money to usury,
nor taketh reward against the innocent.
He that doeth these things
shall never be moved.

ALLELUIA.

PSALM 16

PRESERVE me, O God:
for in thee do I put my trust.
O my soul, thou hast said unto the LORD,
Thou art my Lord:
my goodness extendeth not to thee;
But to the saints that are in the earth,
and to the excellent, in whom is all my delight.
Their sorrows shall be multiplied
that hasten after another god:
their drink offerings of blood will I not offer,
nor take up their names into my lips.
The LORD is the portion of mine inheritance
and of my cup:
thou maintainest my lot.
The lines are fallen unto me in pleasant places;
yea, I have a goodly heritage.
I will bless the LORD,
who hath given me counsel:
my reins also instruct me in the night seasons.
I have set the LORD always before me:
because he is at my right hand,
I shall not be moved.

Therefore my heart is glad,
and my glory rejoiceth:
my flesh also shall rest in hope.
For thou wilt not leave my soul in hell;
neither wilt thou suffer thine Holy One
to see corruption.
Thou wilt shew me the path of life:
in thy presence is fulness of joy;
at thy right hand there are pleasures
for evermore.

ALLELUIA.

PSALM 19

THE heavens declare the glory of God;
and the firmament sheweth his handywork.
Day unto day uttereth speech,
and night unto night sheweth knowledge.
There is no speech nor language,
where their voice is not heard.
Their line is gone out through all the earth,
and their words to the end of the world.
In them hath he set a tabernacle for the sun,
Which is as a bridegroom
coming out of his chamber,
and rejoiceth as a strong man to run a race.
His going forth is from the end of the heaven,
and his circuit unto the ends of it:
and there is nothing hid from the heat thereof.
The law of the LORD is perfect,
converting the soul:
the testimony of the LORD is sure,
making wise the simple.

The statutes of the LORD are right,
rejoicing the heart:
the commandment of the LORD is pure,
enlightening the eyes.
The fear of the LORD is clean,
enduring for ever:
the judgments of the LORD are true
and righteous altogether.
More to be desired are they than gold,
yea, than much fine gold:
sweeter also than honey and the honeycomb.
Moreover by them is thy servant warned:
and in keeping of them there is great reward.
Who can understand his errors?
cleanse thou me from secret faults.
Keep back thy servant also
from presumptuous sins;
let them not have dominion over me:
then shall I be upright,
and I shall be innocent from
the great transgression.
Let the words of my mouth,
and the meditation of my heart,
be acceptable in thy sight, O LORD,
my strength, and my redeemer.

ALLELUIA.

PSALM 25

UNTO thee, O LORD, do I lift up my soul.
O my God, I trust in thee:
let me not be ashamed,
let not mine enemies triumph over me.

Yea, let none that wait on thee be ashamed:
let them be ashamed
which transgress without cause.
Shew me thy ways, O LORD;
teach me thy paths.
Lead me in thy truth, and teach me:
for thou art the God of my salvation;
on thee do I wait all the day.
Remember, O LORD,
thy tender mercies and thy lovingkindnesses;
for they have been ever of old.
Remember not the sins of my youth,
nor my transgressions:
according to thy mercy remember thou me
for thy goodness' sake, O LORD.
Good and upright is the LORD:
therefore will he teach sinners in the way.
The meek will he guide in judgment:
and the meek will he teach his way.
All the paths of the LORD are mercy and truth
unto such as keep his covenant
and his testimonies.
For thy name's sake, O LORD,
pardon mine iniquity;
for it is great.
What man is he that feareth the LORD?
him shall he teach
in the way that he shall choose.
His soul shall dwell at ease;
and his seed shall inherit the earth.
The secret of the LORD
is with them that fear him;
and he will shew them his covenant.

Mine eyes are ever toward the LORD;
for he shall pluck my feet out of the net.

Turn thee unto me, and have mercy upon me;
for I am desolate and afflicted.

The troubles of my heart are enlarged:

O bring thou me out of my distresses.

Look upon mine affliction and my pain;
and forgive all my sins.

Consider mine enemies; for they are many;
and they hate me with cruel hatred.

O keep my soul, and deliver me:

let me not be ashamed;

for I put my trust in thee.

Let integrity and uprightness preserve me;
for I wait on thee.

Redeem Israel, O God, out of all his troubles.

ALLELUIA.

PSALM 27

THE LORD is my light and my salvation;
whom shall I fear?

the LORD is the strength of my life;
of whom shall I be afraid?

When the wicked,

even mine enemies and my foes,
came upon me to eat up my flesh,
they stumbled and fell.

Though an host should encamp against me,
my heart shall not fear:

though war should rise against me,
in this will I be confident.

One thing have I desired of the LORD,
that will I seek after;
that I may dwell in the house of the LORD
all the days of my life,
to behold the beauty of the LORD,
and to inquire in his temple.
For in the time of trouble
he shall hide me in his pavilion:
in the secret of his tabernacle shall he hide me;
he shall set me up upon a rock.
And now shall mine head be lifted up
above mine enemies round about me:
therefore will I offer in his tabernacle
sacrifices of joy;
I will sing, yea,
I will sing praises unto the LORD.

Hear, O LORD, when I cry with my voice:
have mercy also upon me, and answer me.
When thou saidst, Seek ye my face;
my heart said unto thee,
Thy face, LORD, will I seek.
Hide not thy face far from me;
put not thy servant away in anger:
thou hast been my help;
leave me not, neither forsake me,
O God of my salvation.
When my father and my mother forsake me,
then the LORD will take me up.
Teach me thy way, O LORD,
and lead me in a plain path,
because of mine enemies.

Deliver me not over unto the will
of mine enemies:
for false witnesses are risen up against me,
and such as breathe out cruelty.
I had fainted, unless I had believed
to see the goodness of the LORD
in the land of the living.

Wait on the LORD:
be of good courage,
and he shall strengthen thine heart:
wait, I say, on the LORD.

ALLELUIA.

PSALM 63

O GOD, thou art my God;
early will I seek thee:
my soul thirsteth for thee,
my flesh longeth for thee
in a dry and thirsty land,
where no water is;
To see thy power and thy glory,
so as I have seen thee in the sanctuary.
Because thy lovingkindness is better than life,
my lips shall praise thee.
Thus will I bless thee while I live:
I will lift up my hands in thy name.
My soul shall be satisfied
as with marrow and fatness;
and my mouth shall praise thee with joyful lips:
When I remember thee upon my bed,
and meditate on thee in the night watches.

Because thou hast been my help,
therefore in the shadow of thy wings
will I rejoice.
My soul followeth hard after thee:
thy right hand upholdeth me.
But those that seek my soul,
to destroy it,
shall go into the lower parts of the earth.
They shall fall by the sword:
they shall be a portion for foxes.
But the king shall rejoice in God;
every one that sweareth by him shall glory:
but the mouth of them that speak lies
shall be stopped.

ALLELUIA.

PSALM 67

GOD be merciful unto us, and bless us;
and cause his face to shine upon us;
Selah.
That thy way may be known upon earth,
thy saving health among all nations.
Let the people praise thee, O God;
let all the people praise thee.
O let the nations be glad and sing for joy:
for thou shalt judge the people righteously,
and govern the nations upon earth.
Selah.
Let the people praise thee, O God;
let all the people praise thee.

Then shall the earth yield her increase;
and God, even our own God,
shall bless us.
God shall bless us;
and all the ends of the earth shall fear him.

ALLELUIA.

PSALM 70

MAKE haste, O God, to deliver me;
make haste to help me, O LORD.
Let them be ashamed and confounded
that seek after my soul:
let them be turned backward,
and put to confusion,
that desire my hurt.
Let them be turned back
for a reward of their shame that say,
Aha, aha.
Let all those that seek thee rejoice
and be glad in thee:
and let such as love thy salvation
say continually,
Let God be magnified.
But I am poor and needy:
make haste unto me, O God:
thou art my help and my deliverer;
O LORD, make no tarrying.

ALLELUIA.

PSALM 113

PRAISE ye the LORD.

Praise, O ye servants of the LORD,
praise the name of the LORD.

Blessed be the name of the LORD
from this time forth and for evermore.

From the rising of the sun
unto the going down of the same
the LORD'S name is to be praised.

The LORD is high above all nations,
and his glory above the heavens.
Who is like unto the LORD our God,
who dwelleth on high,
Who humbleth himself to behold
the things that are in heaven,
and in the earth!

He raiseth up the poor out of the dust,
and lifteth the needy out of the dunghill;
That he may set him with princes,
even with the princes of his people.
He maketh the barren woman to keep house,
and to be a joyful mother of children.

Praise ye the LORD.

ALLELUIA.

PSALM 143

HEAR my prayer, O LORD,
give ear to my supplications:
in thy faithfulness answer me,
and in thy righteousness.

And enter not into judgment with thy servant:
for in thy sight shall no man living be justified.
For the enemy hath persecuted my soul;
he hath smitten my life down to the ground;
he hath made me to dwell in darkness,
as those that have been long dead.
Therefore is my spirit overwhelmed within me;
my heart within me is desolate.
I remember the days of old;
I meditate on all thy works;
I muse on the work of thy hands.
I stretch forth my hands unto thee:
my soul thirsteth after thee,
as a thirsty land.
Selah.

Hear me speedily, O LORD:
my spirit faileth:
hide not thy face from me,
lest I be like unto them
that go down into the pit.
Cause me to hear
thy lovingkindness in the morning;
for in thee do I trust:
cause me to know the way
wherein I should walk;
for I lift up my soul unto thee.
Deliver me, O LORD,
from mine enemies:
I flee unto thee to hide me.
Teach me to do thy will;
for thou art my God:
thy spirit is good;
lead me into the land of uprightness.

Quicken me, O LORD,
for thy name's sake:
for thy righteousness' sake
bring my soul out of trouble.
And of thy mercy cut off mine enemies,
and destroy all them that afflict my soul:
for I am thy servant.

ALLELUIA.

*The Holy Gospel according to
St. John*

Glory be to God,
Holy, Holy, Holy,
Amen.

In the beginning,
the Word having been,
and the Word having been with God,
and God having been the Word;
He, having been in the beginning with God;

All became by him;
and apart from him
not one became that became.

In him life having been;
and the life having been the light of men;
And the light shines in darkness;
and the darkness overtook it not.

There was a man sent from God,
whose name was John.

The same came for a witness,
to bear witness of the Light,
that all men through him might believe.
He was not that Light,
but was sent to bear witness of that Light.
That was the true Light,
which lighteth every man
that cometh into the world.
He was in the world,
and the world was made by him,
and the world knew him not.
He came unto his own,
and his own received him not.
But as many as received him,
to them gave he power to become
the sons of God,
even to them that believe on his name:
Which were born, not of blood,
nor of the will of the flesh,
nor of the will of man,
but of God.
And the Word was made flesh,
and dwelt among us,
(and we beheld his glory,
the glory as of the only begotten of the Father,) full
of grace and truth.
John bare witness of him,
and cried, saying,
This was he of whom I spake,
He that cometh after me is preferred before me: for
he was before me.

And of his fulness have all we received,
and grace for grace.

For the law was given by Moses,
but grace and truth came by Jesus Christ.

May the word of God be fulfilled in peace.

Glory be to God for ever,
Amen.

~

I worship and adore You,
'O Christ my Beloved'
together with Your Father
and the Holy Spirit,
for You have come
and saved me.

O True Light,
who gives light to every man
coming into the world;
You came into the world
through Your love for mankind,
and all creation rejoiced at Your coming.
You saved our father, Adam,
from the seduction,
and delivered our mother, Eve,
from the pangs of death,
and gave me the Spirit of adoption.

I will, therefore,
praise You and bless You
with Your angels, saying,
"Glory be to the Father,
and to the Son,
and to the Holy Spirit."

As the morning hour shines upon me,
 ‘O Christ my God’
 the True Light;
 let luminous senses
 and bright thoughts
 shine within me,
and do not let the darkness of passions
 hover over me,
 that mindfully I may praise You
 with my father David, saying,
 “Mine eyes prevent the night watches,
 that I might meditate in thy word.”
Hear my voice according to Your great mercy,
 and deliver me,
 ‘O Lord my God’
 through Your compassion,
 both now and for ever,
and from everlasting generations
 unto generations everlasting,
 Amen.

The Gloria

I will praise You
with the angels, saying,
“Glory to God in the highest,
and on earth peace,
good will toward men.”
I praise You,
I bless You,
I serve You,
I worship You,

I adore You,
I confess You,
I glorify You,
I give thanks to You
for Your great glory, O Lord,
King of Heaven,
God the Father, the Almighty;
O Lord, the One and Only-Begotten Son,
Jesus Christ,
and the Holy Spirit.

O Lord God,
Lamb of God,
Son of the Father,
who takes away the sin of the world,
have mercy on me.
O my Beloved,
who takes away the sin of the world,
receive my prayers unto Yourself.
Who sits at the right hand of the Father,
have mercy on me.
You only are Holy,
You only are the Most High,
My Lord, Jesus Christ,
with the Holy Spirit;
to the glory of God the Father,
Amen.

Every day I will bless You
and praise Your Holy name,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

From the night season,
my soul awakes early unto You,
 'O my God'
for Your commandments
are a light upon the earth.
I was meditating on Your ways,
for You have become a helper unto me.
 In the morning,
 You shall hear my voice;
early I will stand before You,
and You shall look upon me.

Thrice Holy Hymn

Holy God,
Holy Mighty,
Holy Immortal,
have mercy on me.

Holy God,
Holy Mighty,
Holy Immortal,
have mercy on me.

Holy God,
Holy Mighty,
Holy Immortal,
have mercy on me.

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

O Holy Trinity,
have mercy on me.
All Holy Trinity,
have mercy on me.
O Holy Trinity,
have mercy on me.

O Lord, my Beloved,
forgive me of all my sins.
O Lord, my Beloved,
forgive me of all my iniquities.
O Lord, my Beloved,
forgive me of all my trespasses.

O Lord,
visit the sick of Your people,
heal them for the sake of Your Holy name.
Our fathers and brethren
who have fallen asleep, O Lord,
repose their souls.

O my Beloved,
you alone are without sin,
Lord, have mercy on me.

O my Beloved,
you alone are without sin,
Lord, help me and receive my supplications.

For Yours is the glory,
and dominion,
and three times Holy.

Lord have mercy,
Christ have mercy,
Lord bless me,
Amen.

*Introduction to
my Faith*

Glory be to You,
my Master
and my King;
Christ,
the honour of the apostles,
the crown of the martyrs,
the joy of the righteous,
the confirmation of every Assembly,
the forgiveness of sins.
I proclaim the Holy Trinity
in One Godhead;
I worship Him,
I adore Him,
I glorify Him.

Lord have mercy,
Christ have mercy,
Lord bless me,
Amen.

My Faith

I believe in one God,
the Father Almighty,
Maker of heaven and earth,
and of all things visible and invisible.

And in one Lord Jesus Christ,
the Only-Begotten Son of God,
Begotten of the Father before all worlds;
God of God,
Light of Light,

very God of very God;
Begotten, not made,
being of one substance with the Father,
by whom all things were made.

Who, for us men and for our salvation,
came down from heaven,
and was incarnate by the Holy Spirit
of the Virgin Mary,
and was made man;
and was crucified also for me
under Pontius Pilate;
He suffered and was buried;
and the third day He rose again,
according to the Scriptures;
and ascended into heaven,
and sits on the right hand of the Father;
and He shall come again, with glory,
to judge both the living and the dead;
whose kingdom shall have no end.

And I believe in the Holy Spirit,
the Lord and Giver of Life;
who proceeds from the Father and the Son;
who with the Father and the Son together
is worshipped, adored and glorified;
who spoke in the prophets.

And I believe in one Holy universal
and apostolic Church.
I acknowledge one baptism
for the remission of sins;
and I look for the resurrection of the dead,
and the life of the world to come.

Amen.

~

Lord, hear me
and have mercy on me,
and forgive me of all my sins,
Amen.

Lord have mercy,
Christ have mercy,
Lord have mercy.

Thrice Radiant Godhead

Holy, Holy, Holy,
Lord of hosts.
Heaven and earth
are full of the Majesty of Your glory.
Have mercy on me,
O God, the Father Almighty.
O Holy Trinity,
have mercy on me.
O Lord, God of hosts,
be with me;
For I have no other Helper or Comforter
in my tribulations and necessities
but You.
Loose,
forgive,
and pardon, O God,
my transgressions;
those which I have committed willingly,
and those I have committed unwillingly,
those which I have committed knowingly,
and those I have committed unknowingly,
both hidden and revealed.

O Lord, forgive me
for the sake of Your Holy name,
which I call upon.

Let it be according to Your mercy, O Lord,
and not according to my sins.

First Absolution

O Lord, God of hosts,
existing before the world was,
and abides for ever;
who created the sun
for the illumination of the day,
and the night as a rest for all flesh;

I thank You,
'O King of all worlds'
because You have permitted me
to pass through
this night in peace,
and have brought me
to the beginning of this day.

Therefore,
I beseech You, O my Master,
King of all worlds,
may the light of Your face
shine upon me,
and may the light of
Your divine knowledge
illuminate me.

Make me,
'O my Master'
to be a child of light
and a child of the day,

that I may pass this day
in Your purity and righteousness,
being filled with Your Spirit;
and that I may complete
the remainder of my life
without offence;
through your love of mankind,
by the grace and compassion
of Your Only-Begotten Son Jesus Christ,
and the gift of Your Holy Spirit,
now and at all times
and for ever,
Amen.

Second Absolution

O God,
who causes the light to burst forth,
who lets His sun shine
upon the righteous and the wicked,
who created the light
which illuminates the universe;
enlighten my mind,
my heart and my understanding;
O Master of all,
graciously grant unto me
that I may be pleasing to You
this present day.
Protect me from all evil,
from every sin,
and from every power of the adversary, through
Christ Jesus my Lord,
with whom You are blessed,

with the Holy Spirit
-the Giver of Life,
who is of one essence with You,
now and at all times,
and from everlasting generations
unto generations everlasting,
Amen.

Leaving this Holy Hour

Have mercy on me, O God,
and have mercy on me,
who at all times
and in every hour,
in heaven and on earth,
is worshipped,
adored
and glorified;
Christ my God,
the good
and longsuffering,
abundant in mercy
and great in compassion,
who loves the righteous
and has mercy on the sinner,
of whom I am chief;
who does not wish the death of the sinner,
but rather that he returns and lives,
who calls all to salvation
for the promise of the blessings to come.

Receive, O Lord,
my prayers in this hour,
and in every hour;

Prosper my way,
and guide my life
toward Your commandments.

Sanctify my soul,
and cleanse my body,
Conduct my thoughts,
and purify my intentions,
Heal my diseases,
and forgive me
of all my sins.

Deliver me
from every evil affliction
and distress of heart.

Surround me with Your Holy angels, that,
by their encampment

I may be guarded and guided,
and attain the unity of faith,
and the knowledge of Your imperceptible,
unapproachable
and infinite glory.

For You are blessed for ever,
Amen.

NINE
IN THE
MORNING LIGHT

with
my Beloved

Entrance into this Holy Hour

In the name of the Father,
and of the Son,
and of the Holy Spirit,
one God,
Amen.

On You do I wait all the day,
Lord have mercy,
O my Beloved have mercy,
Lord bless me,
Amen.

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

The Lord's Prayer

Make me worthy, O Lord,
to pray with all thanksgiving.

My Father who art in heaven,
Hallowed be Thy name,
Thy Kingdom come,
Thy will be done, on earth as it is in heaven.
Give me this day my daily bread;
And forgive me my trespasses,
as I forgive those who trespass against me;
And lead me not into temptation,
but deliver me from the evil one;
For Thine is the Kingdom,
Thine is the Power,
Thine the Glory,
for ever,
Amen.

In Christ Jesus my Lord,
Amen.

The Prayer of Thanksgiving

I will give thanks to the beneficent
and merciful God,
the Father of my Lord,
God and Saviour, Jesus Christ,
for He has covered me,
helped me,
guarded me,
and accepted me unto Himself,
spared me,
supported me,
and brought me to this hour.

I will also ask Him,
the Lord my God,
the Almighty,
to guard me in all peace this holy day,
and all the days of my life.

O Master,
Lord,
God Almighty,
the Father of my Lord,
God and Saviour, Jesus Christ,
I thank You for every condition,
concerning every condition,
and in every condition
You have covered me,
helped me,
guarded me,
and accepted me unto Yourself,
spared me,
supported me,
and brought me to this hour.

Therefore,
my Beloved,
I ask and entreat
Your goodness,
'O Lover of mankind'
to grant me to complete this holy day,
and all the days of my life,
in all peace with Your fear.
All envy,
all temptation,
all the work of Satan,
the counsel of wicked men,

and the rising up of enemies,
both hidden and revealed,
take them away from me,
and from all Your people,
and from every holy place
that is Yours.

But those things which are
good and profitable,
do provide for me;
for it is You
who has given me the authority
to tread on serpents and scorpions,
and upon all the power of the enemy.

And lead me not into temptation,
but deliver me from the evil one,
through your love of mankind,
by the grace and compassion
of Your Only-Begotten Son,
my Lord,
God and Saviour, Jesus Christ,
my Beloved,
through whom
the glory,
the honour,
the dominion,
the worship and adoration
are due unto You,
with Him,
and the Holy Spirit
-the Giver of Life,
who is of one essence with You,

now and at all times,
and from everlasting generations
unto generations everlasting,
Amen.

PSALM 51

HAVE mercy upon me, O God,
according to thy lovingkindness:
according unto the multitude
of thy tender mercies
blot out my transgressions.

Wash me thoroughly from mine iniquity,
and cleanse me from my sin.

For I acknowledge my transgressions:
and my sin is ever before me.

Against thee, thee only, have I sinned,
and done this evil in thy sight:
that thou mightest be justified
when thou speakest,
and be clear when thou judgest.

Behold, I was shapen in iniquity;
and in sin did my mother conceive me.

Behold, thou desirest truth in the inward parts:
and in the hidden part
thou shalt make me to know wisdom.

Purge me with hyssop, and I shall be clean:
wash me, and I shall be whiter than snow.

Make me to hear joy and gladness;
that the bones which thou hast broken
may rejoice.

Hide thy face from my sins,
and blot out all mine iniquities.

Create in me a clean heart, O God;
and renew a right spirit within me.
Cast me not away from thy presence;
and take not thy holy spirit from me.
Restore unto me the joy of thy salvation;
and uphold me with thy free spirit.
Then will I teach transgressors thy ways;
and sinners shall be converted unto thee.

Deliver me from bloodguiltiness, O God,
thou God of my salvation:
and my tongue shall sing aloud
of thy righteousness.

O Lord, open thou my lips;
and my mouth shall shew forth thy praise.
For thou desirest not sacrifice;
else would I give it:
thou delightest not in burnt offering.
The sacrifices of God are a broken spirit:
a broken and a contrite heart, O God,
thou wilt not despise.

Do good in thy good pleasure unto Zion:
build thou the walls of Jerusalem.
Then shalt thou be pleased
with the sacrifices of righteousness,
with burnt offering and whole burnt offering:
then shall they offer bullocks upon thine altar.

ALLELUIA.

These
Prayers
of this blessed
Hour, I offer unto You,
my Christ, my King, and my God,
beseeching You
to forgive me
of all
my sins.
Amen.

Holy God,
Holy Mighty,
Holy Immortal,
Have mercy on me.

PSALM 20

THE LORD hear thee in the day of trouble;
the name of the God of Jacob defend thee;
Send thee help from the sanctuary,
and strengthen thee out of Zion;
Remember all thy offerings,
and accept thy burnt sacrifice;
Selah.

Grant thee according to thine own heart,
and fulfil all thy counsel.
We will rejoice in thy salvation,
and in the name of our God
we will set up our banners:
the LORD fulfil all thy petitions.

Now know I that the LORD saveth his anointed;
he will hear him from his holy heaven
with the saving strength of his right hand.
Some trust in chariots, and some in horses:
but we will remember
the name of the LORD our God.
They are brought down and fallen:
but we are risen, and stand upright.
Save, LORD:
let the king hear us when we call.

ALLELUIA

PSALM 23

THE LORD is my shepherd; I shall not want.
He maketh me to lie down in green pastures:
he leadeth me beside the still waters.
He restoreth my soul:
he leadeth me in the paths of righteousness
for his name's sake.
Yea, though I walk through
the valley of the shadow of death,
I will fear no evil: for thou art with me;
thy rod and thy staff they comfort me.
Thou preparest a table before me
in the presence of mine enemies:
thou anointest my head with oil;
my cup runneth over.
Surely goodness and mercy shall follow me
all the days of my life:
and I will dwell
in the house of the LORD
for ever.

ALLELUIA.

PSALM 24

THE earth is the LORD's,
and the fulness thereof;
the world, and they that dwell therein.
For he hath founded it upon the seas,
and established it upon the floods.
Who shall ascend into the hill of the LORD?
or who shall stand in his holy place?
He that hath clean hands, and a pure heart;
who hath not lifted up his soul unto vanity,

nor sworn deceitfully.
He shall receive the blessing from the LORD,
and righteousness
from the God of his salvation.
This is the generation of them that seek him,
that seek thy face, O Jacob.
Selah.

Lift up your heads, O ye gates;
and be ye lift up, ye everlasting doors;
and the King of glory shall come in.
Who is this King of glory?
The LORD strong and mighty,
the LORD mighty in battle.
Lift up your heads, O ye gates;
even lift them up, ye everlasting doors;
and the King of glory shall come in.
Who is this King of glory?
The LORD of hosts, he is the King of glory.
Selah.

ALLELUIA.

PSALM 26

JUDGE me, O LORD;
for I have walked in mine integrity:
I have trusted also in the LORD;
therefore I shall not slide.
Examine me, O LORD, and prove me;
try my reins and my heart.
For thy lovingkindness is before mine eyes:
and I have walked in thy truth.

I have not sat with vain persons,
neither will I go in with dissemblers.

I have hated the congregation of evil doers;
and will not sit with the wicked.
I will wash mine hands in innocency:
so will I compass thine altar, O LORD:
That I may publish
with the voice of thanksgiving,
and tell of all thy wondrous works.
LORD, I have loved the habitation of thy house,
and the place where thine honour dwelleth.
Gather not my soul with sinners,
nor my life with bloody men:
In whose hands is mischief,
and their right hand is full of bribes.
But as for me, I will walk in mine integrity:
redeem me, and be merciful unto me.
My foot standeth in an even place:
in the congregations will I bless the LORD.

ALLELUIA.

PSALM 29

GIVE unto the LORD, O ye mighty,
give unto the LORD glory and strength.
Give unto the LORD
the glory due unto his name;
worship the LORD in the beauty of holiness.
The voice of the LORD is upon the waters:
the God of glory thundereth:
the LORD is upon many waters.
The voice of the LORD is powerful;
the voice of the LORD is full of majesty.

The voice of the LORD breaketh the cedars;
yea, the LORD breaketh the cedars of Lebanon.

He maketh them also to skip like a calf;
Lebanon and Sirion like a young unicorn.

The voice of the LORD
divideth the flames of fire.

The voice of the LORD shaketh the wilderness;
the LORD shaketh the wilderness of Kadesh.

The voice of the LORD
maketh the hinds to calve,
and discovereth the forests:
and in his temple
doth every one speak of his glory.

The LORD sitteth upon the flood;
yea, the LORD sitteth King for ever.
The LORD will give strength unto his people;
the LORD will bless his people with peace.

ALLELUIA.

PSALM 30

I WILL extol thee, O LORD;
for thou hast lifted me up,
and hast not made my foes to rejoice over me.

O LORD my God, I cried unto thee,
and thou hast healed me.

O LORD, thou hast brought up my soul
from the grave:

thou hast kept me alive,
that I should not go down to the pit.

Sing unto the LORD, O ye saints of his,
and give thanks
at the remembrance of his holiness.

For his anger endureth but a moment;
in his favour is life:
weeping may endure for a night,
but joy cometh in the morning.

And in my prosperity I said,
I shall never be moved.

LORD, by thy favour thou hast made my mountain
to stand strong:
thou didst hide thy face, and I was troubled.

I cried to thee, O LORD;
and unto the LORD I made supplication.

What profit is there in my blood,
when I go down to the pit?
Shall the dust praise thee?
shall it declare thy truth?

Hear, O LORD, and have mercy upon me:
LORD, be thou my helper.

Thou hast turned for me
my mourning into dancing:
thou hast put off my sackcloth,
and girded me with gladness;

To the end
that my glory may sing praise to thee,
and not be silent. O LORD my God,
I will give thanks unto thee
for ever.

ALLELUIA.

PSALM 34

I WILL bless the LORD at all times:
his praise shall continually be in my mouth.
My soul shall make her boast in the LORD:
the humble shall hear thereof, and be glad.
O magnify the LORD with me,
and let us exalt his name together.

I sought the LORD, and he heard me,
and delivered me from all my fears.
They looked unto him, and were lightened:
and their faces were not ashamed.
This poor man cried, and the LORD heard him,
and saved him out of all his troubles.
The angel of the LORD encampeth round about
them that fear him,
and delivereth them.

O taste and see that the LORD is good:
blessed is the man that trusteth in him.
O fear the LORD, ye his saints:
for there is no want to them that fear him.
The young lions do lack, and suffer hunger:
but they that seek the LORD
shall not want any good thing.

Come, ye children, hearken unto me:
I will teach you the fear of the LORD.
What man is he that desireth life,
and loveth many days, that he may see good?
Keep thy tongue from evil,
and thy lips from speaking guile.
Depart from evil, and do good;
seek peace, and pursue it.
The eyes of the LORD are upon the righteous,
and his ears are open unto their cry.

The face of the LORD
is against them that do evil,
to cut off the remembrance of them
from the earth.

The righteous cry, and the LORD heareth,
and delivereth them out of all their troubles.

The LORD is nigh unto them
that are of a broken heart;
and saveth such as be of a contrite spirit.

Many are the afflictions of the righteous:
but the LORD delivereth him out of them all.

He keepeth all his bones:
not one of them is broken.

Evil shall slay the wicked:
and they that hate the righteous
shall be desolate.

The LORD redeemeth the soul of his servants:
and none of them that trust in him
shall be desolate.

ALLELUIA.

PSALM 41

BLESSED is he that considereth the poor:
the LORD will deliver him in time of trouble.

The LORD will preserve him,
and keep him alive;
and he shall be blessed upon the earth:
and thou wilt not deliver him
unto the will of his enemies.

The LORD will strengthen him
upon the bed of languishing:
thou wilt make all his bed in his sickness.

I said, LORD, be merciful unto me:
heal my soul; for I have sinned against thee.
Mine enemies speak evil of me,
When shall he die, and his name perish?
And if he come to see me, he speaketh vanity:
his heart gathereth iniquity to itself;
when he goeth abroad, he telleth it.
All that hate me whisper together against me:
against me do they devise my hurt.
An evil disease, say they,
cleaveth fast unto him:
and now that he lieth he shall rise up no more.
Yea, mine own familiar friend,
in whom I trusted,
which did eat of my bread,
hath lifted up his heel against me.
But thou, O LORD, be merciful unto me,
and raise me up, that I may requite them.
By this I know that thou favourest me,
because mine enemy
doth not triumph over me.
And as for me,
thou upholdest me in mine integrity,
and settest me before thy face for ever.
Blessed be the LORD God of Israel
from everlasting, and to everlasting,
Amen, and Amen.

ALLELUIA.

PSALM 43

JUDGE me, O God, and plead my cause
against an ungodly nation:
O deliver me
from the deceitful and unjust man.
For thou art the God of my strength:
why dost thou cast me off?
why go I mourning
because of the oppression of the enemy?
O send out thy light and thy truth:
let them lead me;
let them bring me unto thy holy hill,
and to thy tabernacles.
Then will I go unto the altar of God,
unto God my exceeding joy:
yea, upon the harp will I praise thee,
O God my God.

Why art thou cast down, O my soul?
and why art thou disquieted within me?
hope in God: for I shall yet praise him,
who is the health of my countenance,
and my God.

ALLELUIA.

PSALM 45

MY heart is inditing a good matter:
I speak of the things which I have made touching
the king:
my tongue is the pen of a ready writer.
Thou art fairer than the children of men:
grace is poured into thy lips:
therefore God hath blessed thee for ever.

Gird thy sword upon thy thigh, O most mighty,
with thy glory and thy majesty.
And in thy majesty ride prosperously
because of truth and meekness
and righteousness;
and thy right hand
shall teach thee terrible things.
Thine arrows are sharp
in the heart of the king's enemies;
whereby the people fall under thee.
Thy throne, O God, is for ever and ever:
the sceptre of thy kingdom is a right sceptre.
Thou lovest righteousness,
and hatest wickedness:
therefore God, thy God,
hath anointed thee with the oil of gladness
above thy fellows.
All thy garments smell of myrrh,
and aloes, and cassia,
out of the ivory palaces,
whereby they have made thee glad.
Kings' daughters
were among thy honourable women:
upon thy right hand did stand the queen
in gold of Ophir.
Hearken, O daughter, and consider,
and incline thine ear;
forget also thine own people,
and thy father's house;
So shall the king greatly desire thy beauty:
for he is thy Lord; and worship thou him.
And the daughter of Tyre
shall be there with a gift;

even the rich among the people
shall intreat thy favour.
The king's daughter is all glorious within:
her clothing is of wrought gold.
She shall be brought unto the king
in raiment of needlework:
the virgins her companions that follow her shall be
brought unto thee.
With gladness and rejoicing
shall they be brought:
they shall enter into the king's palace.
Instead of thy fathers shall be thy children,
whom thou mayest make princes
in all the earth.
I will make thy name to be remembered
in all generations:
therefore shall the people praise thee
for ever and ever.

ALLELUIA.

PSALM 46

GOD is our refuge and strength,
a very present help in trouble.
Therefore will not we fear,
though the earth be removed,
and though the mountains be carried
into the midst of the sea;
Though the waters thereof roar
and be troubled,
though the mountains shake
with the swelling thereof.
Selah.

There is a river, the streams whereof
shall make glad the city of God,
the holy place of the tabernacles
of the most High.
God is in the midst of her;
she shall not be moved:
God shall help her, and that right early.
The heathen raged, the kingdoms were moved:
he uttered his voice, the earth melted.
The LORD of hosts is with us;
the God of Jacob is our refuge.
Selah.

Come, behold the works of the LORD,
what desolations he hath made in the earth.

He maketh wars to cease
unto the end of the earth;
he breaketh the bow,
and cutteth the spear in sunder;
he burneth the chariot in the fire.

Be still, and know that I am God:
I will be exalted among the heathen,
I will be exalted in the earth.
The LORD of hosts is with us;
the God of Jacob is our refuge.
Selah.

ALLELUIA.

PSALM 47

O CLAP your hands, all ye people;
shout unto God with the voice of triumph.
For the LORD most high is terrible;
he is a great King over all the earth.

He shall subdue the people under us,
and the nations under our feet.
He shall choose our inheritance for us,
the excellency of Jacob whom he loved.
Selah.

God is gone up with a shout,
the LORD with the sound of a trumpet.
Sing praises to God, sing praises:
sing praises unto our King, sing praises.
For God is the King of all the earth:
sing ye praises with understanding.
God reigneth over the heathen:
God sitteth upon the throne of his holiness.
The princes of the people are gathered together,
even the people of the God of Abraham:
for the shields of the earth belong unto God:
he is greatly exalted.

ALLELUIA.

*The Holy Gospel according to
St. John*

Glory be to God,
Holy, Holy, Holy,
Amen.

But the Comforter,
which is the Holy Ghost,
whom the Father will send in my name,
he shall teach you all things,
and bring all things to your remembrance,
whatsoever I have said unto you.

Peace I leave with you,
my peace I give unto you:
not as the world giveth,
give I unto you.
Let not your heart be troubled,
neither let it be afraid.
Ye have heard how I said unto you,
I go away, and come again unto you.
If ye loved me,
ye would rejoice, because I said,
I go unto the Father:
for my Father is greater than I.
And now I have told you before it come to pass,
that, when it is come to pass,
ye might believe.
Hereafter I will not talk much with you:
for the prince of this world cometh,
and hath nothing in me.
But that the world may know
that I love the Father;
and as the Father gave me commandment,
even so I do.
Arise, let us go hence.
I AM the true vine,
and my Father is the husbandman.
Every branch in me that beareth not fruit
he taketh away:
and every branch that beareth fruit,
he purgeth it,
that it may bring forth more fruit.
Now ye are clean through the word
which I have spoken unto you.
Abide in me, and I in you.

As the branch cannot bear fruit of itself,
except it abide in the vine;
no more can ye,
except ye abide in me.

May the word of God be fulfilled in peace.

Glory be to God for ever,
Amen.

~

I worship and adore You,
'O Christ my Beloved'
together with Your Father
and the Holy Spirit,
for You have come
and saved me.

Your Holy Spirit,
O Lord,
whom You sent forth
upon Your holy disciples
and honoured apostles
at Nine in the morning light,
do not take Him away from me,
'O my merciful Good One'
but renew Him within me.
Create in me a clean heart, O God,
and renew a right spirit within me.
Cast me not away from Your presence,
and take not Your Holy Spirit from me.

Glory be to the Father,
and to the Son,
and to the Holy Spirit.

O Lord,
who sent down Your Holy Spirit
upon Your holy disciples
and honoured apostles
at Nine in the morning light,
do not take Him away from me,
'O my merciful Good One'
but I ask You
to renew Him within me,
O Lord Jesus Christ,
Son of God,
the Word;
a steadfast
and Life-giving Spirit,
a spirit of prophecy and chastity,
a spirit of holiness,
justice and authority,
'O Almighty One'
for You are the light of my soul.
O my Beloved,
who shines upon every man
that comes into the world,
have mercy on me,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

Blessed is the Lord my God.
Blessed is the Lord day by day.
He prepares my way,
for He is the God of my salvation,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

O Heavenly King,
my Comforter,
the Spirit of truth
who is present in all places,
filling heaven and earth;
the treasury of all good things
and the Giver of Life,
graciously come,
and dwell in me
and purify me
from all defilement,
'O my merciful Good One'
and save my soul.

Glory be to the Father,
and to the Son,
and to the Holy Spirit.

Just as You were with Your disciples,
'O my Saviour'
and gave them Your peace,
graciously also come
and be with me,
and grant me Your peace,
and save me,
and deliver my soul,

both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

Whenever I stand in Your Holy Presence,
I am esteemed as standing in heaven.

O my Saviour,
You are the gate of heaven,
open for me the gate of mercy.

~

Lord, hear me
and have mercy on me,
and forgive me of all my sins,
Amen.

Lord have mercy,
Christ have mercy,
Lord have mercy.

Thrice Radiant Godhead

Holy, Holy, Holy,
Lord of hosts.
Heaven and earth
are full of the Majesty of Your glory.
Have mercy on me,
O God, the Father Almighty.
O Holy Trinity,
have mercy on me.

O Lord, God of hosts,
be with me;
For I have no other Helper or Comforter
in my tribulations and necessities
but You.
Loose,
forgive,
and pardon, O God,
my transgressions;
those which I have committed willingly,
and those I have committed unwillingly,
those which I have committed knowingly,
and those I have committed unknowingly,
both hidden and revealed.
O Lord, forgive me
for the sake of Your Holy name,
which I call upon.

Let it be according to Your mercy, O Lord,
and not according to my sins.

Absolution

O God of all compassion,
and Lord of all comfort,
who comforts me at all times
and in every condition,
with the comfort of Your Holy Spirit.
I thank You,
for You have raised me for prayer
in this holy hour,
in which You abundantly poured
the grace of Your Holy Spirit
upon Your holy disciples

and Your honourable
and blessed apostles,
like tongues of fire.
I ask and entreat You,
'O Lover of mankind'
to accept my prayers,
and forgive me of all my sins;
and send forth upon me
the grace of Your Holy Spirit,
and purify me
from all defilement
of heart, soul,
mind and strength.

Change me into having
a spiritual manner of life,
that I may walk in the Spirit
and not fulfil the lusts of my flesh.
And make me worthy to serve You
with Your purity and righteousness
all the days of my life.

For You alone
are worthy to receive
power,
and riches,
and wisdom,
and strength,
and honour,
and glory,
and dominion,
with
adorations and blessings,
with Your Father
and the Holy Spirit,

both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

Leaving this Holy Hour

Have mercy on me, O God,
and have mercy on me,
who at all times
and in every hour,
in heaven and on earth,
is worshipped,
adored
and glorified;
Christ my God,
the good
and longsuffering,
abundant in mercy
and great in compassion,
who loves the righteous
and has mercy on the sinner,
of whom I am chief;
who does not wish the death of the sinner,
but rather that he returns and lives,
who calls all to salvation
for the promise of the blessings to come.

Receive, O Lord,
my prayers in this hour,
and in every hour;
Prosper my way,
and guide my life
toward Your commandments.

Sanctify my soul,
and cleanse my body,
Conduct my thoughts,
and purify my intentions,
Heal my diseases,
and forgive me
of all my sins.
Deliver me
from every evil affliction
and distress of heart.
Surround me with Your Holy angels, that,
by their encampment
I may be guarded and guided,
and attain the unity of faith,
and the knowledge of Your imperceptible,
unapproachable
and infinite glory.
For You are blessed for ever,
Amen.

TWELVE

AT

MIDDAY

with
my Beloved

Entrance into this Holy Hour

In the name of the Father,
and of the Son,
and of the Holy Spirit,
one God,
Amen.

On You do I wait all the day,
Lord have mercy,
O my Beloved have mercy,
Lord bless me,
Amen.

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

The Lord's Prayer

Make me worthy, O Lord,
to pray with all thanksgiving.

My Father who art in heaven,
Hallowed be Thy name,
Thy Kingdom come,
Thy will be done, on earth as it is in heaven.
Give me this day my daily bread;
And forgive me my trespasses,
as I forgive those who trespass against me;
And lead me not into temptation,
but deliver me from the evil one;
For Thine is the Kingdom,
Thine is the Power,
Thine the Glory,
for ever,
Amen.

In Christ Jesus my Lord,
Amen.

The Prayer of Thanksgiving

I will give thanks to the beneficent
and merciful God,
the Father of my Lord,
God and Saviour, Jesus Christ,
for He has covered me,
helped me,
guarded me,
and accepted me unto Himself,
spared me,
supported me,
and brought me to this hour.

I will also ask Him,
the Lord my God,
the Almighty,
to guard me in all peace this holy day,
and all the days of my life.

O Master,
Lord,
God Almighty,
the Father of my Lord,
God and Saviour, Jesus Christ,
I thank You for every condition,
concerning every condition,
and in every condition
You have covered me,
helped me,
guarded me,
and accepted me unto Yourself,
spared me,
supported me,
and brought me to this hour.

Therefore,
my Beloved,
I ask and entreat
Your goodness,
'O Lover of mankind'
to grant me to complete this holy day,
and all the days of my life,
in all peace with Your fear.
All envy,
all temptation,
all the work of Satan,
the counsel of wicked men,

and the rising up of enemies,
both hidden and revealed,
take them away from me,
and from all Your people,
and from every holy place
that is Yours.

But those things which are
good and profitable,
do provide for me;
for it is You
who has given me the authority
to tread on serpents and scorpions,
and upon all the power of the enemy.

And lead me not into temptation,
but deliver me from the evil one,
through your love of mankind,
by the grace and compassion
of Your Only-Begotten Son,
my Lord,
God and Saviour, Jesus Christ,
my Beloved,
through whom
the glory,
the honour,
the dominion,
the worship and adoration
are due unto You,
with Him,
and the Holy Spirit
-the Giver of Life,
who is of one essence with You,

now and at all times,
and from everlasting generations
unto generations everlasting,
Amen.

PSALM 51

HAVE mercy upon me, O God,
according to thy lovingkindness:
according unto the multitude
of thy tender mercies
blot out my transgressions.

Wash me thoroughly from mine iniquity,
and cleanse me from my sin.

For I acknowledge my transgressions:
and my sin is ever before me.

Against thee, thee only, have I sinned,
and done this evil in thy sight:
that thou mightest be justified
when thou speakest,
and be clear when thou judgest.

Behold, I was shapen in iniquity;
and in sin did my mother conceive me.

Behold, thou desirest truth in the inward parts:
and in the hidden part
thou shalt make me to know wisdom.

Purge me with hyssop, and I shall be clean:
wash me, and I shall be whiter than snow.

Make me to hear joy and gladness;
that the bones which thou hast broken
may rejoice.

Hide thy face from my sins,
and blot out all mine iniquities.

Create in me a clean heart, O God;
and renew a right spirit within me.
Cast me not away from thy presence;
and take not thy holy spirit from me.
Restore unto me the joy of thy salvation;
and uphold me with thy free spirit.
Then will I teach transgressors thy ways;
and sinners shall be converted unto thee.

Deliver me from bloodguiltiness, O God,
thou God of my salvation:
and my tongue shall sing aloud
of thy righteousness.

O Lord, open thou my lips;
and my mouth shall shew forth thy praise.
For thou desirest not sacrifice;
else would I give it:
thou delightest not in burnt offering.
The sacrifices of God are a broken spirit:
a broken and a contrite heart, O God,
thou wilt not despise.

Do good in thy good pleasure unto Zion:
build thou the walls of Jerusalem.
Then shalt thou be pleased
with the sacrifices of righteousness,
with burnt offering and whole burnt offering:
then shall they offer bullocks upon thine altar.

ALLELUIA.

These
Prayers
of this blessed
Hour, I offer unto You,
my Christ, my King, and my God,
beseeching You
to forgive me
of all
my sins.
Amen.

Holy God,
Holy Mighty,
Holy Immortal,
Have mercy on me.

PSALM 54

SAVE me, O God, by thy name,
and judge me by thy strength.

Hear my prayer, O God;
give ear to the words of my mouth.
For strangers are risen up against me,
and oppressors seek after my soul:
they have not set God before them.
Selah.

Behold, God is mine helper:
the Lord is with them that uphold my soul.
He shall reward evil unto mine enemies:
cut them off in thy truth.

I will freely sacrifice unto thee:
I will praise thy name, O LORD; for it is good.
For he hath delivered me out of all trouble:
and mine eye hath seen his desire
upon mine enemies.

ALLELUIA.

PSALM 57

BE merciful unto me, O God,
be merciful unto me:
for my soul trusteth in thee:
yea, in the shadow of thy wings
will I make my refuge,
until these calamities be overpast.
I will cry unto God most high;
unto God that performeth all things for me.

He shall send from heaven, and save me
from the reproach of him
that would swallow me up.

Selah.

God shall send forth his mercy and his truth.

My soul is among lions:
and I lie even among them that are set on fire,
even the sons of men,
whose teeth are spears and arrows,
and their tongue a sharp sword.
Be thou exalted, O God, above the heavens;
let thy glory be above all the earth.
They have prepared a net for my steps;
my soul is bowed down:
they have digged a pit before me,
into the midst whereof
they are fallen themselves.

Selah.

My heart is fixed, O God, my heart is fixed:

I will sing and give praise.

Awake up, my glory;

awake, psaltery and harp:

I myself will awake early.

I will praise thee, O Lord, among the people:

I will sing unto thee among the nations.

For thy mercy is great unto the heavens,
and thy truth unto the clouds.

Be thou exalted, O God, above the heavens:

let thy glory be above all the earth.

ALLELUIA.

PSALM 61

HEAR my cry, O God; attend unto my prayer.

From the end of the earth will I cry unto thee,
when my heart is overwhelmed:

lead me to the rock that is higher than I.

For thou hast been a shelter for me,
and a strong tower from the enemy.

I will abide in thy tabernacle for ever:

I will trust in the covert of thy wings.

Selah.

For thou, O God, hast heard my vows:
thou hast given me

the heritage of those that fear thy name.

Thou wilt prolong the king's life:

and his years as many generations.

He shall abide before God for ever:

O prepare mercy and truth,
which may preserve him.

So will I sing praise unto thy name for ever,
that I may daily perform my vows.

ALLELUIA.

PSALM 63

O GOD, thou art my God;

early will I seek thee:

my soul thirsteth for thee,

my flesh longeth for thee

in a dry and thirsty land,

where no water is;

To see thy power and thy glory,

so as I have seen thee in the sanctuary.

Because thy lovingkindness is better than life,
my lips shall praise thee.
Thus will I bless thee while I live:
I will lift up my hands in thy name.
My soul shall be satisfied
as with marrow and fatness;
and my mouth shall praise thee with joyful lips:
When I remember thee upon my bed,
and meditate on thee in the night watches.
Because thou hast been my help,
therefore in the shadow of thy wings
will I rejoice.
My soul followeth hard after thee:
thy right hand upholdeth me.
But those that seek my soul, to destroy it,
shall go into the lower parts of the earth.
They shall fall by the sword:
they shall be a portion for foxes.
But the king shall rejoice in God;
every one that sweareth by him shall glory:
but the mouth of them that speak lies
shall be stopped.

ALLELUIA.

PSALM 67

GOD be merciful unto us, and bless us;
and cause his face to shine upon us;
Selah.
That thy way may be known upon earth,
thy saving health among all nations.

Let the people praise thee, O God;
let all the people praise thee.
O let the nations be glad and sing for joy:
for thou shalt judge the people righteously,
and govern the nations upon earth.

Selah.

Let the people praise thee, O God;
let all the people praise thee.

Then shall the earth yield her increase;
and God, even our own God,
shall bless us.
God shall bless us;
and all the ends of the earth shall fear him.

ALLELUIA.

PSALM 70

MAKE haste, O God, to deliver me;
make haste to help me, O LORD.
Let them be ashamed and confounded
that seek after my soul:
let them be turned backward,
and put to confusion,
that desire my hurt.
Let them be turned back
for a reward of their shame that say,
Aha, aha.
Let all those that seek thee rejoice
and be glad in thee:
and let such as love thy salvation
say continually,
Let God be magnified.

But I am poor and needy:
make haste unto me, O God:
thou art my help and my deliverer;
O LORD, make no tarrying.

ALLELUIA.

PSALM 84

HOW amiable are thy tabernacles,
O LORD of hosts!

My soul longeth, yea,
even fainteth for the courts of the LORD:
my heart and my flesh
crieth out for the living God.

Yea, the sparrow hath found an house,
and the swallow a nest for herself,
where she may lay her young,
even thine altars, O LORD of hosts,
my King, and my God.

Blessed are they that dwell in thy house:
they will be still praising thee.

Selah.

Blessed is the man whose strength is in thee;
in whose heart are the ways of them.

Who passing through the valley of Baca
make it a well;

the rain also filleth the pools.

They go from strength to strength,
every one of them in Zion
appeareth before God.

O LORD God of hosts, hear my prayer:
give ear, O God of Jacob.

Selah.

Behold, O God our shield,
and look upon the face of thine anointed.

For a day in thy courts
is better than a thousand.

I had rather be a doorkeeper
in the house of my God,
than to dwell in the tents of wickedness.

For the LORD God is a sun and shield:
the LORD will give grace and glory:
no good thing will he withhold
from them that walk uprightly.

O LORD of hosts,
blessed is the man that trusteth in thee.

ALLELUIA.

PSALM 85

LORD, thou hast been favourable
unto thy land:

thou hast brought back the captivity of Jacob.
Thou hast forgiven the iniquity of thy people,
thou hast covered all their sin.

Selah.

Thou hast taken away all thy wrath:
thou hast turned thyself
from the fierceness of thine anger.

Turn us, O God of our salvation,
and cause thine anger toward us to cease.

Wilt thou be angry with us for ever?
wilt thou draw out thine anger
to all generations?

Wilt thou not revive us again:
that thy people may rejoice in thee?

Shew us thy mercy, O LORD,
and grant us thy salvation.

I will hear what God the LORD will speak:
for he will speak peace unto his people,
and to his saints:

but let them not turn again to folly.

Surely his salvation is nigh them that fear him;
that glory may dwell in our land.

Mercy and truth are met together;
righteousness and peace
have kissed each other.

Truth shall spring out of the earth;
and righteousness
shall look down from heaven.

Yea, the LORD shall give that which is good;
and our land shall yield her increase.

Righteousness shall go before him;
and shall set us in the way of his steps.

ALLELUIA.

PSALM 86

BOW down thine ear, O LORD, hear me:
for I am poor and needy.

Preserve my soul; for I am holy:
O thou my God,

save thy servant that trusteth in thee.

Be merciful unto me, O Lord:
for I cry unto thee daily.

Rejoice the soul of thy servant:

for unto thee, O Lord, do I lift up my soul.

For thou, Lord, art good, and ready to forgive;

and plenteous in mercy
unto all them that call upon thee.
Give ear, O LORD, unto my prayer;
and attend to the voice of my supplications.
In the day of my trouble I will call upon thee:
for thou wilt answer me.

Among the gods
there is none like unto thee, O Lord;
neither are there any works
like unto thy works.
All nations whom thou hast made
shall come and worship before thee, O Lord;
and shall glorify thy name.
For thou art great, and doest wondrous things:
thou art God alone.

Teach me thy way, O LORD;
I will walk in thy truth:
unite my heart to fear thy name.
I will praise thee, O Lord my God,
with all my heart:
and I will glorify thy name for evermore.
For great is thy mercy toward me:
and thou hast delivered my soul
from the lowest hell.
O God, the proud are risen against me,
and the assemblies of violent men
have sought after my soul;
and have not set thee before them.
But thou, O Lord, art a God full of compassion, and
gracious, longsuffering,
and plenteous in mercy and truth.
O turn unto me, and have mercy upon me;
give thy strength unto thy servant,
and save the son of thine handmaid.

Shew me a token for good;
that they which hate me may see it,
and be ashamed:
because thou, LORD,
hast holpen me, and comforted me.

ALLELUIA.

PSALM 87

HIS foundation is in the holy mountains.
The LORD loveth the gates of Zion
more than all the dwellings of Jacob.
Glorious things are spoken of thee,
O city of God.
Selah.

I will make mention of Rahab and Babylon
to them that know me:
behold Philistia, and Tyre, with Ethiopia;
this man was born there.
And of Zion it shall be said,
This and that man was born in her:
and the highest himself shall establish her.
The LORD shall count,
when he writeth up the people,
that this man was born there.
Selah.

As well the singers
as the players on instruments shall be there:
all my springs are in thee.

ALLELUIA.

PSALM 91

HE that dwelleth
in the secret place of the most High
shall abide under the shadow
of the Almighty.

I will say of the LORD,
He is my refuge and my fortress:
my God; in him will I trust.
Surely he shall deliver thee
from the snare of the fowler,
and from the noisome pestilence.
He shall cover thee with his feathers,
and under his wings shalt thou trust:
his truth shall be thy shield and buckler.
Thou shalt not be afraid for the terror by night;
nor for the arrow that flieth by day;
Nor for the pestilence that walketh in darkness;
nor for the destruction that wasteth at noonday.
A thousand shall fall at thy side,
and ten thousand at thy right hand;
but it shall not come nigh thee.

Only with thine eyes shalt thou behold
and see the reward of the wicked.
Because thou hast made the LORD,
which is my refuge,
even the most High, thy habitation;
There shall no evil befall thee,
neither shall any plague
come nigh thy dwelling.
For he shall give his angels charge over thee,
to keep thee in all thy ways.
They shall bear thee up in their hands,
lest thou dash thy foot against a stone.

Thou shalt tread upon the lion and adder:
the young lion and the dragon
shalt thou trample under feet.

Because he hath set his love upon me,
therefore will I deliver him:
I will set him on high,
because he hath known my name.
He shall call upon me, and I will answer him:
I will be with him in trouble;
I will deliver him, and honour him.
With long life will I satisfy him,
and shew him my salvation.

ALLELUIA.

PSALM 93

THE LORD reigneth, he is clothed with majesty;
the LORD is clothed with strength,
wherewith he hath girded himself:
the world also is stablished,
that it cannot be moved.
Thy throne is established of old:
thou art from everlasting.

The floods have lifted up, O LORD,
the floods have lifted up their voice;
the floods lift up their waves.
The LORD on high is mightier
than the noise of many waters,
yea, than the mighty waves of the sea.

Thy testimonies are very sure:
holiness becometh thine house, O LORD,
for ever.

ALLELUIA.

*The Holy Gospel according to
St. Matthew*

Glory be to God,
Holy, Holy, Holy,
Amen.

AND seeing the multitudes,
he went up into a mountain:
and when he was set,
his disciples came unto him:
And he opened his mouth,
and taught them, saying,
Blessed are the poor in spirit:
for theirs is the kingdom of heaven.
Blessed are they that mourn:
for they shall be comforted.
Blessed are the meek:
for they shall inherit the earth.
Blessed are they which do hunger
and thirst after righteousness:
for they shall be filled.
Blessed are the merciful:
for they shall obtain mercy.
Blessed are the pure in heart:
for they shall see God.
Blessed are the peacemakers:
for they shall be called
the children of God.
Blessed are they which are persecuted
for righteousness' sake:
for theirs is the kingdom of heaven.

Blessed are ye,
when men shall revile you,
and persecute you,
and shall say all manner of evil
against you falsely,
for my sake.

Rejoice, and be exceeding glad:
for great is your reward in heaven:
for so persecuted they the prophets
which were before you.

Ye are the salt of the earth:
but if the salt have lost his savour,
wherewith shall it be salted?
it is thenceforth good for nothing,
but to be cast out,
and to be trodden under foot of men.

Ye are the light of the world.
A city that is set on an hill
cannot be hid.

Neither do men light a candle,
and put it under a bushel,
but on a candlestick;
and it giveth light unto all that are in the house. Let
your light so shine before men,
that they may see your good works,
and glorify your Father which is in heaven.

May the word of God be fulfilled in peace.

Glory be to God for ever,
Amen.

~

I worship and adore You,
'O Christ my Beloved'
together with Your Father
and the Holy Spirit,
for You have come
and saved me.

O my Beloved,
who on the sixth day
and at Twelve in the midday
was nailed to the Cross,
for the sin which our father, Adam,
dared to commit in Paradise;
tear down the handwriting of my sins,
'O Christ my Beloved God'
and save me.

Unto God, I have cried
and the Lord has heard me.

O God, hear my prayer,
and turn not away
from my supplication.

Attend unto me
and hear me.

Evening, morning
and noonday

I will pray to my Beloved;
and He will hear my voice,
and in peace
will deliver my soul.

Glory be to the Father,
and to the Son,
and to the Holy Spirit.

O Jesus Christ, my God,
who was nailed to the Cross
at Twelve in the midday,
and has slain sin by the tree,
and has by Your death
given life to the dead,
even to man,
whom You have created
with Your own hands,
who was dead in sin.
Slay my passions
by Your saving grace
and Life-giving sacrifice,
and by the nails
with which You were nailed.
Rescue my mind
from the entanglements and corruptions
of earthly deeds
and worldly lusts,
to the remembrance
of Your heavenly judgments,
according to Your tender mercies,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

Let Your tender mercies
come quickly upon me,
for I have become exceedingly poor;
Help me,
'O God my Saviour'
for the glory of Your Holy name.

O Lord, save me
and forgive me of all my sins,
for the sake of Your Holy name,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

You wrought salvation
in the midst of all the earth,
'O Christ my God'
as You stretched Your Holy hands
upon the tree of the Cross.
Wherefore,
all nations cry out unto You, saying,
"Glory be to Thee, O Lord."

Glory be to the Father,
and to the Son,
and to the Holy Spirit.

I worship and adore Your uncorrupted glorified
body,
'O my merciful Good One'
asking for the forgiveness
of all my sins,
'O Christ my God'
For of Your own goodwill,
You were pleased
to ascend to the Cross,
to deliver those whom You have created
from the bondage of the enemy.
I cry out unto You,
I give thanks unto You,
for You have filled all with joy, O my Saviour,

when You came to rescue the world.
Lord, glory be to You,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

I was dead,
but now I am raised up
and have become worthy of eternal life,
and obtained the bliss
of the first Paradise.
Wherefore,
with thanksgiving I glorify Him,
the immortal Christ my God.

~

Lord, hear me
and have mercy on me,
and forgive me of all my sins,
Amen.

Lord have mercy,
Christ have mercy,
Lord have mercy.

Thrice Radiant Godhead

Holy, Holy, Holy,
Lord of hosts.
Heaven and earth
are full of the Majesty of Your glory.
Have mercy on me,
O God, the Father Almighty.

O Holy Trinity,
have mercy on me.
O Lord, God of hosts,
be with me;
For I have no other Helper or Comforter
in my tribulations and necessities
but You.
Loose,
forgive,
and pardon, O God,
my transgressions;
those which I have committed willingly,
and those I have committed unwillingly,
those which I have committed knowingly,
and those I have committed unknowingly,
both hidden and revealed.
O Lord, forgive me
for the sake of Your Holy name,
which I call upon.
Let it be according to Your mercy, O Lord,
and not according to my sins.

Absolution

I give thanks unto You,
O my King, the Almighty,
Father of my Lord,
God and Saviour,
Jesus Christ;
I glorify You,
for You have made the hours of the suffering
of Your Only-Begotten Son
to be times of comfort and prayer.
Accept unto You my supplication

and blot out the handwriting of my sins
that are written against me;
Even as You tore it apart
at the time of this holy hour on the Cross
of Your Only-Begotten Son,
Jesus Christ,
the Lord and Saviour of my soul,
by whom You have destroyed
all the power of the enemy.

Grant unto me,
'O my Beloved Father'
a blameless
and peaceful life
in Your timeless and endless glory,
that I may please
Your Holy and Majestic name,
to whom is due worship and adoration,
and may stand at the dreadful
and just Judgment Seat
of Your Only-Begotten Son,
Jesus Christ my Lord,
without falling into condemnation,
and may glorify and adore You,
together with all Your saints.
My Father,
who is without beginning,
and the Son,
who is of one essence with You
and the Holy Spirit
-the Giver of Life,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

Leaving this Holy Hour

Have mercy on me, O God,
and have mercy on me,
who at all times
and in every hour,
in heaven and on earth,
is worshipped,
adored
and glorified;
Christ my God,
the good
and longsuffering,
abundant in mercy
and great in compassion,
who loves the righteous
and has mercy on the sinner,
of whom I am chief;
who does not wish the death of the sinner,
but rather that he returns and lives,
who calls all to salvation
for the promise of the blessings to come.

Receive, O Lord,
my prayers in this hour,
and in every hour;
Prosper my way,
and guide my life
toward Your commandments.
Sanctify my soul,
and cleanse my body,
Conduct my thoughts,
and purify my intentions,
Heal my diseases,
and forgive me
of all my sins.

Deliver me
from every evil affliction
and distress of heart.
Surround me with Your Holy angels, that,
by their encampment
I may be guarded and guided,
and attain the unity of faith,
and the knowledge of Your imperceptible,
unapproachable
and infinite glory.

For You are blessed for ever,
Amen.

THREE
IN THE
AFTERNOON

with
my Beloved

Entrance into this Holy Hour

In the name of the Father,
and of the Son,
and of the Holy Spirit,
one God,
Amen.

On You do I wait all the day,
Lord have mercy,
O my Beloved have mercy,
Lord bless me,
Amen.

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

The Lord's Prayer

Make me worthy, O Lord,
to pray with all thanksgiving.

My Father who art in heaven,
Hallowed be Thy name,
Thy Kingdom come,
Thy will be done, on earth as it is in heaven.
Give me this day my daily bread;
And forgive me my trespasses,
as I forgive those who trespass against me;
And lead me not into temptation,
but deliver me from the evil one;
For Thine is the Kingdom,
Thine is the Power,
Thine the Glory,
for ever,
Amen.

In Christ Jesus my Lord,
Amen.

The Prayer of Thanksgiving

I will give thanks to the beneficent
and merciful God,
the Father of my Lord,
God and Saviour, Jesus Christ,
for He has covered me,
helped me,
guarded me,
and accepted me unto Himself,
spared me,
supported me,
and brought me to this hour.

I will also ask Him,
the Lord my God,
the Almighty,
to guard me in all peace this holy day,
and all the days of my life.

O Master,
Lord,
God Almighty,
the Father of my Lord,
God and Saviour, Jesus Christ,
I thank You for every condition,
concerning every condition,
and in every condition
You have covered me,
helped me,
guarded me,
and accepted me unto Yourself,
spared me,
supported me,
and brought me to this hour.

Therefore,
my Beloved,
I ask and entreat
Your goodness,
'O Lover of mankind'
to grant me to complete this holy day,
and all the days of my life,
in all peace with Your fear.
All envy,
all temptation,
and all the work of Satan,
the counsel of wicked men,

and the rising up of enemies,
both hidden and revealed,
take them away from me,
and from all Your people,
and from every holy place
that is Yours.

But those things which are
good and profitable,
do provide for me;
for it is You
who has given me the authority
to tread on serpents and scorpions,
and upon all the power of the enemy.

And lead me not into temptation,
but deliver me from the evil one,
through your love of mankind,
by the grace and compassion
of Your Only-Begotten Son,
my Lord,
God and Saviour, Jesus Christ,
my Beloved,
through whom
the glory,
the honour,
the dominion,
the worship and adoration
are due unto You,
with Him,
and the Holy Spirit
-the Giver of Life,
who is of one essence with You,

now and at all times,
and from everlasting generations
unto generations everlasting,
Amen.

PSALM 51

HAVE mercy upon me, O God,
according to thy lovingkindness:
according unto the multitude
of thy tender mercies
blot out my transgressions.
Wash me thoroughly from mine iniquity,
and cleanse me from my sin.
For I acknowledge my transgressions:
and my sin is ever before me.

Against thee, thee only, have I sinned,
and done this evil in thy sight:
that thou mightest be justified
when thou speakest,
and be clear when thou judgest.
Behold, I was shapen in iniquity;
and in sin did my mother conceive me.
Behold, thou desirest truth in the inward parts:
and in the hidden part
thou shalt make me to know wisdom.

Purge me with hyssop, and I shall be clean:
wash me, and I shall be whiter than snow.
Make me to hear joy and gladness;
that the bones which thou hast broken
may rejoice.
Hide thy face from my sins,
and blot out all mine iniquities.

Create in me a clean heart, O God;
and renew a right spirit within me.
Cast me not away from thy presence;
and take not thy holy spirit from me.
Restore unto me the joy of thy salvation;
and uphold me with thy free spirit.
Then will I teach transgressors thy ways;
and sinners shall be converted unto thee.

Deliver me from bloodguiltiness, O God,
thou God of my salvation:
and my tongue shall sing aloud
of thy righteousness.

O Lord, open thou my lips;
and my mouth shall shew forth thy praise.

For thou desirest not sacrifice;

else would I give it:

thou delightest not in burnt offering.

The sacrifices of God are a broken spirit:

a broken and a contrite heart, O God,

thou wilt not despise.

Do good in thy good pleasure unto Zion:
build thou the walls of Jerusalem.

Then shalt thou be pleased

with the sacrifices of righteousness,

with burnt offering and whole burnt offering:

then shall they offer bullocks upon thine altar.

ALLELUIA.

These
Prayers
of this blessed
Hour, I offer unto You,
my Christ, my King, and my God,
beseeching You
to forgive me
of all
my sins.
Amen.

Holy God,
Holy Mighty,
Holy Immortal,
Have mercy on me.

PSALM 96

O SING unto the LORD a new song:
sing unto the LORD, all the earth.
Sing unto the LORD, bless his name;
shew forth his salvation from day to day.
Declare his glory among the heathen,
his wonders among all people.
For the LORD is great, and greatly to be praised:
he is to be feared above all gods.
For all the gods of the nations are idols:
but the LORD made the heavens.
Honour and majesty are before him:
strength and beauty are in his sanctuary.
Give unto the LORD,
O ye kindreds of the people,
give unto the LORD glory and strength.

Give unto the LORD
the glory due unto his name:
bring an offering, and come into his courts.
O worship the LORD in the beauty of holiness:
fear before him, all the earth.
Say among the heathen that the LORD reigneth:
the world also shall be established
that it shall not be moved:
he shall judge the people righteously.

Let the heavens rejoice,
and let the earth be glad;
let the sea roar, and the fulness thereof.

Let the field be joyful, and all that is therein:
then shall all the trees of the wood
rejoice before the LORD:
for he cometh, for he cometh to judge the earth:
he shall judge the world with righteousness,
and the people with his truth.

ALLELUIA.

PSALM 97

THE LORD reigneth; let the earth rejoice;
let the multitude of isles be glad thereof.
Clouds and darkness are round about him:
righteousness and judgment
are the habitation of his throne.
A fire goeth before him,
and burneth up his enemies round about.
His lightnings enlightened the world:
the earth saw, and trembled.
The hills melted like wax
at the presence of the LORD,
at the presence of the Lord of the whole earth.
The heavens declare his righteousness,
and all the people see his glory.
Confounded be all they
that serve graven images,
that boast themselves of idols:
worship him, all ye gods.
Zion heard, and was glad;
and the daughters of Judah rejoiced
because of thy judgments, O LORD.
For thou, LORD, art high above all the earth:
thou art exalted far above all gods.

Ye that love the LORD, hate evil:
he preserveth the souls of his saints;
 he delivereth them
 out of the hand of the wicked.
Light is sown for the righteous,
and gladness for the upright in heart.
Rejoice in the LORD, ye righteous;
 and give thanks
at the remembrance of his holiness.

ALLELUIA.

PSALM 98

O SING unto the LORD a new song;
for he hath done marvellous things:
 his right hand, and his holy arm,
 hath gotten him the victory.
The LORD hath made known his salvation:
his righteousness hath he openly shewed
 in the sight of the heathen.
He hath remembered his mercy and his truth
 toward the house of Israel:
 all the ends of the earth
 have seen the salvation of our God.
Make a joyful noise unto the LORD, all the earth:
make a loud noise, and rejoice, and sing praise.
 Sing unto the LORD with the harp;
 with the harp, and the voice of a psalm.
 With trumpets and sound of cornet
 make a joyful noise before the LORD, the King.

Let the sea roar, and the fulness thereof;
the world, and they that dwell therein.
Let the floods clap their hands:
let the hills be joyful together before the LORD;
for he cometh to judge the earth:
with righteousness shall he judge the world,
and the people with equity.

ALLELUIA.

PSALM 99

THE LORD reigneth; let the people tremble:
he sitteth between the cherubims;
let the earth be moved.
The LORD is great in Zion;
and he is high above all the people.
Let them praise thy great and terrible name;
for it is holy.

The king's strength also loveth judgment;
thou dost establish equity,
thou executest judgment and righteousness
in Jacob.

Exalt ye the LORD our God,
and worship at his footstool;
for he is holy.

Moses and Aaron among his priests,
and Samuel among them
that call upon his name;
they called upon the LORD,
and he answered them.

He spake unto them in the cloudy pillar:
they kept his testimonies,
and the ordinance that he gave them.
Thou answeredst them, O LORD our God:
thou wast a God that forgavest them,
though thou tookest vengeance
of their inventions.

Exalt the LORD our God,
and worship at his holy hill;
for the LORD our God is holy.

ALLELUIA.

PSALM 100

MAKE a joyful noise unto the LORD,
all ye lands.

Serve the LORD with gladness:
come before his presence with singing.

Know ye that the LORD he is God:
it is he that hath made us,
and not we ourselves;

we are his people, and the sheep of his pasture.

Enter into his gates with thanksgiving,
and into his courts with praise:

be thankful unto him, and bless his name.

For the LORD is good; his mercy is everlasting;
and his truth endureth to all generations.

ALLELUIA.

PSALM 101

I WILL sing of mercy and judgment:
unto thee, O LORD, will I sing.
I will behave myself wisely in a perfect way.
O when wilt thou come unto me?
I will walk within my house
with a perfect heart.
I will set no wicked thing before mine eyes:
I hate the work of them that turn aside;
it shall not cleave to me.
A froward heart shall depart from me:
I will not know a wicked person.
Whoso privily slandereth his neighbour,
him will I cut off:
him that hath an high look and a proud heart will
not I suffer.

Mine eyes shall be upon the faithful of the land,
that they may dwell with me:
he that walketh in a perfect way,
he shall serve me.
He that worketh deceit
shall not dwell within my house:
he that telleth lies shall not tarry in my sight.
I will early destroy all the wicked of the land;
that I may cut off all wicked doers
from the city of the LORD.

ALLELUIA.

PSALM 110

THE LORD said unto my Lord,
Sit thou at my right hand,
until I make thine enemies thy footstool.

The LORD shall send
the rod of thy strength out of Zion:
rule thou in the midst of thine enemies.

Thy people shall be willing
in the day of thy power,
in the beauties of holiness
from the womb of the morning:
thou hast the dew of thy youth.

The LORD hath sworn, and will not repent,

Thou art a priest for ever
after the order of Melchizedek.

The Lord at thy right hand
shall strike through kings
in the day of his wrath.

He shall judge among the heathen,
he shall fill the places with the dead bodies;
he shall wound the heads over many countries.

He shall drink of the brook in the way:
therefore shall he lift up the head.

ALLELUIA.

PSALM 111

PRAISE ye the LORD.

I will praise the LORD with my whole heart,
in the assembly of the upright,
and in the congregation.

The works of the LORD are great,
sought out of all them
that have pleasure therein.
His work is honourable and glorious:
and his righteousness endureth for ever.
He hath made his wonderful works
to be remembered:
the LORD is gracious and full of compassion.
He hath given meat unto them that fear him:
he will ever be mindful of his covenant.
He hath shewed his people
the power of his works,
that he may give them
the heritage of the heathen.
The works of his hands
are verity and judgment;
all his commandments are sure.
They stand fast for ever and ever,
and are done in truth and uprightness.
He sent redemption unto his people:
he hath commanded his covenant for ever:
holy and reverend is his name.
The fear of the LORD
is the beginning of wisdom:
a good understanding have all they
that do his commandments:
his praise endureth for ever.

ALLELUIA.

PSALM 112

PRAISE ye the LORD.

Blessed is the man that feareth the LORD,
that delighteth greatly in his commandments.

His seed shall be mighty upon earth:
the generation of the upright shall be blessed.

Wealth and riches shall be in his house:
and his righteousness endureth for ever.

Unto the upright
there ariseth light in the darkness:
he is gracious, and full of compassion,
and righteous.

A good man sheweth favour, and lendeth:
he will guide his affairs with discretion.

Surely he shall not be moved for ever:
the righteous shall be
in everlasting remembrance.

He shall not be afraid of evil tidings:
his heart is fixed, trusting in the LORD.

His heart is established, he shall not be afraid,
until he see his desire upon his enemies.

He hath dispersed, he hath given to the poor;
his righteousness endureth for ever;
his horn shall be exalted with honour.

The wicked shall see it, and be grieved;
he shall gnash with his teeth, and melt away:
the desire of the wicked shall perish.

ALLELUIA.

PSALM 113

PRAISE ye the LORD.

Praise, O ye servants of the LORD,
praise the name of the LORD.

Blessed be the name of the LORD
from this time forth and for evermore.

From the rising of the sun
unto the going down of the same
the LORD'S name is to be praised.

The LORD is high above all nations,
and his glory above the heavens.

Who is like unto the LORD our God,
who dwelleth on high,

Who humbleth himself
to behold the things that are in heaven,
and in the earth!

He raiseth up the poor out of the dust,
and lifteth the needy out of the dunghill;

That he may set him with princes,
even with the princes of his people.

He maketh the barren woman to keep house,
and to be a joyful mother of children.

Praise ye the LORD.

ALLELUIA.

PSALM 116 (1)

I LOVE the LORD,
because he hath heard my voice
and my supplications.

Because he hath inclined his ear unto me,
therefore will I call upon him as long as I live.

The sorrows of death compassed me,
and the pains of hell gat hold upon me:
I found trouble and sorrow.
Then called I upon the name of the LORD;
O LORD, I beseech thee, deliver my soul.
Gracious is the LORD, and righteous;
yea, our God is merciful.
The LORD preserveth the simple:
I was brought low, and he helped me.
Return unto thy rest, O my soul;
for the LORD hath dealt bountifully with thee.
For thou hast delivered my soul from death,
mine eyes from tears, and my feet from falling.
I will walk before the LORD
in the land of the living.

ALLELUIA.

PSALM 116 (2)

I believed, therefore have I spoken:
I was greatly afflicted:
I said in my haste, All men are liars.
What shall I render unto the LORD
for all his benefits toward me?
I will take the cup of salvation,
and call upon the name of the LORD.
I will pay my vows unto the LORD
now in the presence of all his people.
Precious in the sight of the LORD
is the death of his saints.
O LORD, truly I am thy servant;
I am thy servant,
and the son of thine handmaid:
thou hast loosed my bonds.

I will offer to thee the sacrifice of thanksgiving,
and will call upon the name of the LORD.

I will pay my vows unto the LORD
now in the presence of all his people,
In the courts of the LORD's house,
in the midst of thee, O Jerusalem.

Praise ye the LORD.

ALLELUIA.

*The Holy Gospel according to
St. Luke*

Glory be to God,
Holy, Holy, Holy,
Amen.

And the apostles,
when they were returned,
told him all that they had done.
And he took them,
and went aside privately into a desert place
belonging to the city called Bethsaida.
And the people, when they knew it,
followed him:
and he received them,
and spake unto them of the kingdom of God,
and healed them that had need of healing.
And when the day began to wear away,
then came the twelve,
and said unto him,
Send the multitude away,
that they may go into the towns
and country round about,

and lodge, and get victuals:
for we are here in a desert place.
But he said unto them,
Give ye them to eat.
And they said,
We have no more but five loaves
and two fishes;
except we should go
and buy meat for all this people.
For they were about five thousand men.
And he said to his disciples,
Make them sit down by fifties in a company. And
they did so,
and made them all sit down.
Then he took the five loaves and the two fishes,
and looking up to heaven,
he blessed them, and brake,
and gave to the disciples
to set before the multitude.
And they did eat, and were all filled:
and there was taken up of fragments
that remained to them twelve baskets.

May the word of God be fulfilled in peace.

Glory be to God for ever,
Amen.

~

I worship and adore You,
'O Christ my Beloved'
together with Your Father
and the Holy Spirit,
for You have come
and saved me.

O my Beloved,
who tasted death
in the flesh
at Three in the afternoon
for my sake,
a sinner;
mortify my carnal lusts,
'O Christ my God'
and deliver me.

Let my supplication
come before You, O Lord;
according to Your word,
give me understanding.
Let my petition enter into
Your presence;
according to Your word,
revive me.

Glory be to the Father,
and to the Son,
and to the Holy Spirit.

O my Beloved,
who yielded up the Spirit
into the hands of the Father,
as You hung on the Cross
at Three in the afternoon,
and guided the Thief
who was crucified with You
into Paradise;
do not neglect me,
'O my merciful Good One'
neither cast me off
who has gone astray;

but sanctify my soul
and enlighten my understanding,
and allow me
to be a partaker of the grace
of Your Life-giving sacrifice;
that when I taste of Your Benevolences,
I may offer unto You unceasing praise,
without lukewarmness,
longing for Your splendour and beauty
above all things,
'O Christ my God'
and save me,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

O my Beloved,
who was born of the Virgin
for my sake,
and endured crucifixion,
'O my merciful Good One'
and abolished death
by Your death,
and manifested resurrection
by Your resurrection;
O God, do not turn away
from me whom You have
fashioned with Your own hands,
but show forth,
'O my merciful Good One'
Your love for mankind.

Deliver, O my Saviour,
a humble person;
do not abandon me
unto the end,
and do not forsake me for ever.
Do not break Your covenant,
and do not take away from me Your mercy,
for the sake of
Abraham, Your beloved,
Isaac, Your servant,
and Israel, Your saint,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

When the Thief saw the Author of Life
hanging upon the Cross,
he spoke, saying,
"If He who is crucified with us
were not the Incarnate God,
the sun would not have veiled his rays,
neither would the earth
tremble and shake."

But,
O my Beloved,
the All-powerful
and All-enduring Lord,
"Remember me,
when thou comest into thy Kingdom."

Glory be to the Father,
and to the Son,
and to the Holy Spirit.

O my Beloved,
who received unto Yourself
the confession of the Thief
upon the Cross,
receive me also unto Yourself,
'O my merciful Good One'
I have fallen under the sentence of death
because of all my sins.
I acknowledge my sins with him,
and confess Your Divinity,
and cry out with him, saying,
"Lord, remember me
when thou comest into thy Kingdom,"
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

~

Lord, hear me
and have mercy on me,
and forgive me of all my sins,
Amen.

Lord have mercy,
Christ have mercy,
Lord have mercy.

Thrice Radiant Godhead

Holy, Holy, Holy,
Lord of hosts.
Heaven and earth
are full of the Majesty of Your glory.
Have mercy on me,
O God, the Father Almighty.
O Holy Trinity,
have mercy on me.
O Lord, God of hosts,
be with me;
For I have no other Helper or Comforter
in my hardships and tribulations
but You.
Loose,
forgive,
and pardon, O God,
my transgressions;
those which I have committed willingly,
and those I have committed unwillingly,
those which I have committed knowingly,
and those I have committed unknowingly,
both hidden and revealed.
O Lord, forgive me
for the sake of Your Holy name,
which I call upon.
Let it be according to Your mercy, O Lord,
and not according to my sins.

Absolution

O God my Father,
the Father of my Lord,
God and Saviour,
Jesus Christ,
who,
by His manifestation saved me,
and delivered me
from the bondage of the enemy:
I beseech You,
in His blessed Holy name;
turn away my mind
from worldly cares and carnal lusts,
to the remembrance
of Your heavenly judgments;
and perfect in me
Your love for mankind,
'O my merciful Good One'
Let my prayers at all times,
and the prayer at Three in the afternoon,
be acceptable in Your presence.
And grant me
to walk worthy of the calling
to which You have called me,
so that when I depart from this world,
I may be numbered
with the true worshippers
worthy of the sufferings
of Your Only-Begotten Son,
Jesus Christ, my Lord.
That I may obtain mercy,
and the forgiveness of all my sins,
and salvation
with the host of Your saints

who have pleased You in truth
from everlasting to everlasting,
Amen.

O God,
bring to nothing
all the power of the adversary
and all his evil armies,
as Your Only-Begotten Son
has trampled on them
and triumphed over them
by the power of His Life-giving Cross.
Accept me unto Yourself,
O my Lord,
Jesus Christ,
as You accepted the Thief
at Your right side
while You were hung on the Cross.
And shine upon me
as You have shined upon
those who were in the darkness of Hell,
and restore me to the paradise of joy.
For You are, O my Lord,
a blessed God,
and unto You is due
all the glory,
honour,
majesty,
dominion,
worship
and adoration,
with Your Father
and the Holy Spirit,
for ever,
Amen.

Leaving this Holy Hour

Have mercy on me, O God,
and have mercy on me,
who at all times
and in every hour,
in heaven and on earth,
is worshipped,
adored
and glorified;
Christ my God,
the good
and longsuffering,
abundant in mercy
and great in compassion,
who loves the righteous
and has mercy on the sinner,
of whom I am chief;
who does not wish the death of the sinner,
but rather that he returns and lives,
who calls all to salvation
for the promise of the blessings to come.

Receive, O Lord,
my prayers in this hour,
and in every hour;
Prosper my way,
and guide my life
toward Your commandments.

Sanctify my soul,
and cleanse my body,
Conduct my thoughts,
and purify my intentions,
Heal my diseases,
and forgive me
of all my sins.

Deliver me
from every evil affliction
and distress of heart.
Surround me with Your Holy angels, that,
by their encampment
I may be guarded and guided,
and attain the unity of faith,
and the knowledge of Your imperceptible,
unapproachable
and infinite glory.

For You are blessed for ever,
Amen.

SIX
IN THE
EVENING

with
my Beloved

Entrance into this Holy Hour

In the name of the Father,
and of the Son,
and of the Holy Spirit,
one God,
Amen.

On You do I wait all the day,
Lord have mercy,
O my Beloved have mercy,
Lord bless me,
Amen.

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

The Lord's Prayer

Make me worthy, O Lord,
to pray with all thanksgiving.

My Father who art in heaven,
Hallowed be Thy name,
Thy Kingdom come,
Thy will be done, on earth as it is in heaven.
Give me this day my daily bread;
And forgive me my trespasses,
as I forgive those who trespass against me;
And lead me not into temptation,
but deliver me from the evil one;
For Thine is the Kingdom,
Thine is the Power,
Thine the Glory,
for ever,
Amen.

In Christ Jesus my Lord,
Amen.

The Prayer of Thanksgiving

I will give thanks to the beneficent
and merciful God,
the Father of my Lord,
God and Saviour, Jesus Christ,
for He has covered me,
helped me,
guarded me,
and accepted me unto Himself,
spared me,
supported me,
and brought me to this hour.

I will also ask Him,
the Lord my God,
the Almighty,
to guard me in all peace this holy day,
and all the days of my life.

O Master,
Lord,
God Almighty,
the Father of my Lord,
God and Saviour, Jesus Christ,
I thank You for every condition,
concerning every condition,
and in every condition
You have covered me,
helped me,
guarded me,
and accepted me unto Yourself,
spared me,
supported me,
and brought me to this hour.

Therefore,
my Beloved,
I ask and entreat
Your goodness,
'O Lover of mankind'
to grant me to complete this holy day,
and all the days of my life,
in all peace with Your fear.
All envy,
all temptation,
and all the work of Satan,
the counsel of wicked men,

and the rising up of enemies,
both hidden and revealed,
take them away from me,
and from all Your people,
and from every holy place
that is Yours.

But those things which are
good and profitable,
do provide for me;
for it is You
who has given me the authority
to tread on serpents and scorpions,
and upon all the power of the enemy.

And lead me not into temptation,
but deliver me from the evil one,
through your love of mankind,
by the grace and compassion
of Your Only-Begotten Son,
my Lord,
God and Saviour, Jesus Christ,
my Beloved,
through whom
the glory,
the honour,
the dominion,
the worship and adoration
are due unto You,
with Him,
and the Holy Spirit
-the Giver of Life,
who is of one essence with You,

now and at all times,
and from everlasting generations
unto generations everlasting,
Amen.

PSALM 51

HAVE mercy upon me, O God,
according to thy lovingkindness:
according unto the multitude
of thy tender mercies
blot out my transgressions.
Wash me thoroughly from mine iniquity,
and cleanse me from my sin.
For I acknowledge my transgressions:
and my sin is ever before me.

Against thee, thee only, have I sinned,
and done this evil in thy sight:
that thou mightest be justified
when thou speakest,
and be clear when thou judgest.
Behold, I was shapen in iniquity;
and in sin did my mother conceive me.
Behold, thou desirest truth in the inward parts:
and in the hidden part
thou shalt make me to know wisdom.

Purge me with hyssop, and I shall be clean:
wash me, and I shall be whiter than snow.
Make me to hear joy and gladness;
that the bones which thou hast broken
may rejoice.
Hide thy face from my sins,
and blot out all mine iniquities.

Create in me a clean heart, O God;
and renew a right spirit within me.
Cast me not away from thy presence;
and take not thy holy spirit from me.
Restore unto me the joy of thy salvation;
and uphold me with thy free spirit.
Then will I teach transgressors thy ways;
and sinners shall be converted unto thee.

Deliver me from bloodguiltiness, O God,
thou God of my salvation:
and my tongue shall sing aloud
of thy righteousness.

O Lord, open thou my lips;
and my mouth shall shew forth thy praise.
For thou desirest not sacrifice;
else would I give it:
thou delightest not in burnt offering.
The sacrifices of God are a broken spirit:
a broken and a contrite heart, O God,
thou wilt not despise.

Do good in thy good pleasure unto Zion:
build thou the walls of Jerusalem.
Then shalt thou be pleased
with the sacrifices of righteousness,
with burnt offering and whole burnt offering:
then shall they offer bullocks upon thine altar.

ALLELUIA.

These
Prayers
of this blessed
Hour, I offer unto You,
my Christ, my King, and my God,
beseeching You
to forgive me
of all
my sins.
Amen.

Holy God,
Holy Mighty,
Holy Immortal,
Have mercy on me.

PSALM 117

O PRAISE the LORD, all ye nations:
praise him, all ye people.
For his merciful kindness is great toward us:
and the truth of the LORD endureth for ever.

Praise ye the LORD.

ALLELUIA.

PSALM 118

O GIVE thanks unto the LORD; for he is good:
because his mercy endureth for ever.

Let Israel now say,
that his mercy endureth for ever.
Let the house of Aaron now say,
that his mercy endureth for ever.
Let them now that fear the LORD say,
that his mercy endureth for ever.

I called upon the LORD in distress:
the LORD answered me,
and set me in a large place.
The LORD is on my side; I will not fear:
what can man do unto me?
The LORD taketh my part
with them that help me:
therefore shall I see my desire
upon them that hate me.
It is better to trust in the LORD
than to put confidence in man.

It is better to trust in the LORD
than to put confidence in princes.

All nations compassed me about:
but in the name of the LORD will I destroy them.

They compassed me about; yea,
they compassed me about:
but in the name of the LORD I will destroy them.

They compassed me about like bees;
they are quenched as the fire of thorns:
for in the name of the LORD I will destroy them.

Thou hast thrust sore at me that I might fall:
but the LORD helped me.

The LORD is my strength and song,
and is become my salvation.

The voice of rejoicing and salvation
is in the tabernacles of the righteous:
the right hand of the LORD doeth valiantly.

The right hand of the LORD is exalted:
the right hand of the LORD doeth valiantly.

I shall not die, but live,
and declare the works of the LORD.

The LORD hath chastened me sore:
but he hath not given me over unto death.

Open to me the gates of righteousness:
I will go into them, and I will praise the LORD:

This gate of the LORD,
into which the righteous shall enter.
I will praise thee: for thou hast heard me,
and art become my salvation.

The stone which the builders refused
is become the head stone of the corner.

This is the LORD's doing;
it is marvellous in our eyes.
This is the day which the LORD hath made;
we will rejoice and be glad in it.

Save now, I beseech thee, O LORD:
O LORD, I beseech thee, send now prosperity.
Blessed be he that cometh
in the name of the LORD:
we have blessed you
out of the house of the LORD.
God is the LORD, which hath shewed us light:
bind the sacrifice with cords,
even unto the horns of the altar.
Thou art my God, and I will praise thee:
thou art my God, I will exalt thee.

O give thanks unto the LORD;
for he is good:
for his mercy endureth for ever.

ALLELUIA.

PSALM 120

IN my distress I cried unto the LORD,
and he heard me.
Deliver my soul, O LORD, from lying lips,
and from a deceitful tongue.
What shall be given unto thee?
or what shall be done unto thee,
thou false tongue?
Sharp arrows of the mighty,
with coals of juniper.

Woe is me, that I sojourn in Mesech,
that I dwell in the tents of Kedar!
My soul hath long dwelt
with him that hateth peace.
I am for peace:
but when I speak, they are for war.

ALLELUIA.

PSALM 121

I WILL lift up mine eyes unto the hills,
from whence cometh my help.
My help cometh from the LORD,
which made heaven and earth.
He will not suffer thy foot to be moved:
he that keepeth thee will not slumber.
Behold, he that keepeth Israel
shall neither slumber nor sleep.

The LORD is thy keeper:
the LORD is thy shade upon thy right hand.
The sun shall not smite thee by day,
nor the moon by night.
The LORD shall preserve thee from all evil:
he shall preserve thy soul.
The LORD shall preserve thy going out
and thy coming in
from this time forth,
and even for evermore.

ALLELUIA.

PSALM 122

I WAS glad when they said unto me,
Let us go into the house of the LORD.
Our feet shall stand within thy gates,
O Jerusalem.

Jerusalem is builded
as a city that is compact together:
Whither the tribes go up, the tribes of the LORD,
unto the testimony of Israel,
to give thanks unto the name of the LORD.
For there are set thrones of judgment,
the thrones of the house of David.

Pray for the peace of Jerusalem:
they shall prosper that love thee.
Peace be within thy walls,
and prosperity within thy palaces.
For my brethren and companions' sakes,
I will now say, Peace be within thee.
Because of the house of the LORD our God
I will seek thy good.

ALLELUIA.

PSALM 123

UNTO thee lift I up mine eyes,
O thou that dwellest in the heavens.
Behold, as the eyes of servants
look unto the hand of their masters,
and as the eyes of a maiden
unto the hand of her mistress;
so our eyes wait upon the LORD our God,
until that he have mercy upon us.

Have mercy upon us, O LORD,
have mercy upon us:
for we are exceedingly filled with contempt.
Our soul is exceedingly filled with the scorning of
those that are at ease,
and with the contempt of the proud.

ALLELUIA.

PSALM 124

IF it had not been the LORD
who was on our side,
now may Israel say;
If it had not been the LORD
who was on our side,
when men rose up against us:
Then they had swallowed us up quick,
when their wrath was kindled against us:
Then the waters had overwhelmed us,
the stream had gone over our soul:
Then the proud waters had gone over our soul.

Blessed be the LORD,
who hath not given us as a prey to their teeth.
Our soul is escaped as a bird
out of the snare of the fowlers:
the snare is broken, and we are escaped.
Our help is in the name of the LORD,
who made heaven and earth.

ALLELUIA.

PSALM 125

THEY that trust in the LORD
shall be as mount Zion,
which cannot be removed, but abideth for ever.
As the mountains are round about Jerusalem,
so the LORD is round about his people
from henceforth even for ever.
For the rod of the wicked shall not rest upon the lot
of the righteous;
lest the righteous put forth their hands
unto iniquity.
Do good, O LORD, unto those that be good,
and to them that are upright in their hearts.
As for such as turn aside
unto their crooked ways,
the LORD shall lead them forth
with the workers of iniquity:
but peace shall be upon Israel.

ALLELUIA.

PSALM 126

WHEN the LORD turned again
the captivity of Zion,
we were like them that dream.
Then was our mouth filled with laughter,
and our tongue with singing:
then said they among the heathen,
The LORD hath done great things for them.
The LORD hath done great things for us;
whereof we are glad.

Turn again our captivity, O LORD,
as the streams in the south.
They that sow in tears shall reap in joy.
He that goeth forth and weepeth,
bearing precious seed,
shall doubtless come again with rejoicing,
bringing his sheaves with him.

ALLELUIA.

PSALM 127

EXCEPT the LORD build the house,
they labour in vain that build it:
except the LORD keep the city,
the watchman waketh but in vain.
It is vain for you to rise up early, to sit up late, to
eat the bread of sorrows:
for so he giveth his beloved sleep.

Lo, children are an heritage of the LORD:
and the fruit of the womb is his reward.
As arrows are in the hand of a mighty man;
so are children of the youth.

Happy is the man
that hath his quiver full of them:
they shall not be ashamed,
but they shall speak with the enemies
in the gate.

ALLELUIA.

PSALM 128

BLESSED is every one that feareth the LORD;
that walketh in his ways.

For thou shalt eat the labour of thine hands:
happy shalt thou be,
and it shall be well with thee.

Thy wife shall be as a fruitful vine
by the sides of thine house:
thy children like olive plants
round about thy table.

Behold, that thus shall the man be blessed
that feareth the LORD.

The LORD shall bless thee out of Zion:
and thou shalt see the good of Jerusalem
all the days of thy life.

Yea, thou shalt see thy children's children,
and peace upon Israel.

ALLELUIA.

PSALM 129

MANY a time have they afflicted me
from my youth,
may Israel now say:

Many a time have they afflicted me
from my youth:

yet they have not prevailed against me.

The plowers plowed upon my back:
they made long their furrows.

The LORD is righteous:
he hath cut asunder the cords of the wicked.

Let them all be confounded and turned back that
hate Zion.

Let them be as the grass upon the housetops,
which withereth afore it groweth up:
Wherewith the mower filleth not his hand;
nor he that bindeth sheaves his bosom.

Neither do they which go by say,
The blessing of the LORD be upon you:
we bless you in the name of the LORD.

ALLELUIA.

*The Holy Gospel according to
St. Luke*

Glory be to God,
Holy, Holy, Holy,
Amen.

And he arose out of the synagogue,
and entered into Simon's house.

And Simon's wife's mother
was taken with a great fever;
and they besought him for her.

And he stood over her,
and rebuked the fever; and it left her:
and immediately she arose
and ministered unto them.

Now when the sun was setting,
all they that had any sick with divers diseases
brought them unto him;
and he laid his hands on every one of them, and
healed them.

And devils also came out of many,
crying out and saying,
Thou art Christ the Son of God.

And he rebuking them
suffered them not to speak:
for they knew that he was Christ.

May the word of God be fulfilled in peace.

Glory be to God for ever,
Amen.

~

I worship and adore You,
'O Christ my Beloved'
together with Your Father
and the Holy Spirit,
for You have come
and saved me.

If the righteous scarcely be saved,
where shall I,
the ungodly sinner
appear?
The burden and heat of the day
I did not endure
because of the weakness of my humanity.
But,
'O merciful God'
count me with the labourers
at Six in the evening.
For, behold,
in iniquities
I was conceived,
and in sins
my mother bore me.
Therefore,
I do not dare to lift up my eyes to heaven,
but rather,

I rely on the abundance of Your mercy
and love for mankind,
crying out and saying,
"Lord Jesus Christ,
Son of God,
have mercy on me
a sinner."

Glory be to the Father,
and to the Son,
and to the Holy Spirit.

Hasten,
'O my merciful Saviour'
to open unto me Your Fatherly embrace,
for in pleasures and lusts
have I spent my life;
and behold,
the evening has come
and the day is far spent
and passed away.
Therefore,
I now rely on the richness
of Your never-ending compassion.
So, then,
do not forsake
a submissive heart,
which is in need of Your mercy.
For unto You I cry, O Lord,
with meekness and humility,
"Father, I have sinned against heaven,
and before thee,
and am no more worthy
to be called thy son:
make me as one of thy hired servants,"

both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

Every iniquity,
I did with prudence and attention,
and every sin,
I committed with eagerness and diligence,
and of all torment
and judgement I am worthy.
Therefore,
prepare for me the ways of repentance,
'O Saviour of my soul'
for to You alone I appeal,
and through You alone I seek intercession,
and upon You alone I call to help me,
lest I might be put to shame.
And when my soul departs my body,
attend unto me,
and defeat the conspiracy of the enemy,
and shut the gates of Hell,
lest they might swallow me up;
'O Saviour of my soul'

~

Lord, hear me
and have mercy on me,
and forgive me of all my sins,
Amen.

Lord have mercy,
Christ have mercy,
Lord have mercy.

Thrice Radiant Godhead

Holy, Holy, Holy,
Lord of hosts.
Heaven and earth
are full of the Majesty of Your glory.
Have mercy on me,
O God, the Father Almighty.
O Holy Trinity,
have mercy on me.
O Lord, God of hosts,
be with me;
For I have no other Helper or Comforter
in my hardships and tribulations
but You.
Loose,
forgive,
and pardon, O God,
my transgressions;
those which I have committed willingly,
and those I have committed unwillingly,
those which I have committed knowingly
and those I have committed unknowingly,
both hidden and revealed.
O Lord, forgive me
for the sake of Your Holy name,
which I call upon.
Let it be according to Your mercy, O Lord,
and not according to my sins.

Absolution

I thank You,
my compassionate King,
for You have granted me
to pass this day in peace,
and have brought me to this evening
with thankfulness,
and made me worthy
to behold the morning light
until this evening's repose.

My Beloved,
accept my glorification of You,
which is offered now,
and save me
from the lies of the adversary,
and abolish all the snares
which are set against me.

Grant unto me
in this coming night,
Your peace,
without suffering or anxiety,
weariness or fantasies;
so that I may pass it
being filled with the comfort of Your Spirit,
and rise up for praises
and prayers.

And thus,
at all times and in every place,
I will glorify Your Holy name,
together with the Father,
who is incomprehensible
and without beginning,

and the Holy Spirit
-the Giver of Life,
who is of one essence with You both,
now and at all times,
and from everlasting generations
unto generations everlasting,
Amen.

Leaving this Holy Hour

Have mercy on me, O God,
and have mercy on me,
who at all times
and in every hour,
in heaven and on earth,
is worshipped,
adored
and glorified;
Christ my God,
the good
and longsuffering,
abundant in mercy
and great in compassion,
who loves the righteous
and has mercy on the sinner,
of whom I am chief;
who does not wish the death of the sinner,
but rather that he returns and lives,
who calls all to salvation
for the promise of the blessings to come.

Receive, O Lord,
my prayers in this hour,
and in every hour;
Prosper my way,
and guide my life
toward Your commandments.

Sanctify my soul,
and cleanse my body,
Conduct my thoughts,
and purify my intentions,
Heal my diseases,
and forgive me
of all my sins.

Deliver me
from every evil affliction
and distress of heart.

Surround me with Your Holy angels, that,
by their encampment
I may be guarded and guided,
and attain the unity of faith,
and the knowledge of Your imperceptible,
unapproachable
and infinite glory.

For You are blessed for ever,
Amen.

NINE
IN THE
EVENING

with
my Beloved

Entrance into this Holy Hour

In the name of the Father,
and of the Son,
and of the Holy Spirit,
one God,
Amen.

On You do I wait all the day,
Lord have mercy,
O my Beloved have mercy,
Lord bless me,
Amen.

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

The Lord's Prayer

Make me worthy, O Lord,
to pray with all thanksgiving.

My Father who art in heaven,
Hallowed be Thy name,
Thy Kingdom come,
Thy will be done, on earth as it is in heaven.
Give me this day my daily bread;
And forgive me my trespasses,
as I forgive those who trespass against me;
And lead me not into temptation,
but deliver me from the evil one;
For Thine is the Kingdom,
Thine is the Power,
Thine the Glory,
for ever,
Amen.

In Christ Jesus my Lord,
Amen.

The Prayer of Thanksgiving

I will give thanks to the beneficent
and merciful God,
the Father of my Lord,
God and Saviour, Jesus Christ,
for He has covered me,
helped me,
guarded me,
and accepted me unto Himself,
spared me,
supported me,
and brought me to this hour.

I will also ask Him,
the Lord my God,
the Almighty,
to guard me in all peace this holy day,
and all the days of my life.

O Master,
Lord,
God Almighty,
the Father of my Lord,
God and Saviour, Jesus Christ,
I thank You for every condition,
concerning every condition,
and in every condition
You have covered me,
helped me,
guarded me,
and accepted me unto Yourself,
spared me,
supported me,
and brought me to this hour.

Therefore,
my Beloved,
I ask and entreat
Your goodness,
'O Lover of mankind'
to grant me to complete this holy day,
and all the days of my life,
in all peace with Your fear.
All envy,
all temptation,
and all the work of Satan,
the counsel of wicked men,

and the rising up of enemies,
both hidden and revealed,
take them away from me,
and from all Your people,
and from every holy place
that is Yours.

But those things which are
good and profitable,
do provide for me;
for it is You
who has given me the authority
to tread on serpents and scorpions,
and upon all the power of the enemy.

And lead me not into temptation,
but deliver me from the evil one,
through your love of mankind,
by the grace and compassion
of Your Only-Begotten Son,
my Lord,
God and Saviour, Jesus Christ,
my Beloved,
through whom
the glory,
the honour,
the dominion,
the worship and adoration
are due unto You,
with Him,
and the Holy Spirit
-the Giver of Life,
who is of one essence with You,

now and at all times,
and from everlasting generations
unto generations everlasting,
Amen.

PSALM 51

HAVE mercy upon me, O God,
according to thy lovingkindness:
according unto the multitude
of thy tender mercies
blot out my transgressions.

Wash me thoroughly from mine iniquity,
and cleanse me from my sin.

For I acknowledge my transgressions:
and my sin is ever before me.

Against thee, thee only, have I sinned,
and done this evil in thy sight:
that thou mightest be justified
when thou speakest,
and be clear when thou judgest.

Behold, I was shapen in iniquity;
and in sin did my mother conceive me.

Behold, thou desirest truth in the inward parts:
and in the hidden part
thou shalt make me to know wisdom.

Purge me with hyssop, and I shall be clean:
wash me, and I shall be whiter than snow.

Make me to hear joy and gladness;
that the bones which thou hast broken
may rejoice.

Hide thy face from my sins,
and blot out all mine iniquities.

Create in me a clean heart, O God;
and renew a right spirit within me.
Cast me not away from thy presence;
and take not thy holy spirit from me.
Restore unto me the joy of thy salvation;
and uphold me with thy free spirit.
Then will I teach transgressors thy ways;
and sinners shall be converted unto thee.

Deliver me from bloodguiltiness, O God,
thou God of my salvation:
and my tongue shall sing aloud
of thy righteousness.

O Lord, open thou my lips;
and my mouth shall shew forth thy praise.
For thou desirest not sacrifice;
else would I give it:
thou delightest not in burnt offering.
The sacrifices of God are a broken spirit:
a broken and a contrite heart, O God,
thou wilt not despise.

Do good in thy good pleasure unto Zion:
build thou the walls of Jerusalem.
Then shalt thou be pleased
with the sacrifices of righteousness,
with burnt offering and whole burnt offering:
then shall they offer bullocks upon thine altar.

ALLELUIA.

These
Prayers
of this blessed
Hour, I offer unto You,
my Christ, my King, and my God,
beseeching You
to forgive me
of all
my sins.
Amen.

Holy God,
Holy Mighty,
Holy Immortal,
Have mercy on me.

PSALM 130

OUT of the depths
have I cried unto thee, O LORD.

Lord, hear my voice:
let thine ears be attentive
to the voice of my supplications.
If thou, LORD, shouldst mark iniquities,
O Lord, who shall stand?
But there is forgiveness with thee,
that thou mayest be feared.

I wait for the LORD, my soul doth wait,
and in his word do I hope.
My soul waiteth for the Lord
more than they that watch for the morning:
I say,
more than they that watch for the morning.

Let Israel hope in the LORD:
for with the LORD there is mercy,
and with him is plenteous redemption.
And he shall redeem Israel
from all his iniquities.

ALLELUIA.

PSALM 131

LORD, my heart is not haughty,
nor mine eyes lofty:
neither do I exercise myself in great matters,
or in things too high for me.
Surely I have behaved and quieted myself,
as a child that is weaned of his mother:
my soul is even as a weaned child.

Let Israel hope in the LORD
from henceforth and for ever.

ALLELUIA.

PSALM 132

LORD, remember David, and all his afflictions:

How he swore unto the LORD,
and vowed unto the mighty God of Jacob;

Surely I will not come
into the tabernacle of my house,
nor go up into my bed;

I will not give sleep to mine eyes,
or slumber to mine eyelids,

Until I find out a place for the LORD,
an habitation for the mighty God of Jacob.

Lo, we heard of it at Ephratah:
we found it in the fields of the wood.

We will go into his tabernacles:
we will worship at his footstool.

Arise, O LORD, into thy rest;
thou, and the ark of thy strength.

Let thy priests be clothed with righteousness;
and let thy saints shout for joy.

For thy servant David's sake
turn not away the face of thine anointed.

The LORD hath sworn in truth unto David;

he will not turn from it;
Of the fruit of thy body
will I set upon thy throne.

If thy children will keep my covenant
and my testimony that I shall teach them,
their children shall also sit upon thy throne
for evermore.

For the LORD hath chosen Zion;
he hath desired it for his habitation.

This is my rest for ever:
here will I dwell; for I have desired it.
I will abundantly bless her provision:
I will satisfy her poor with bread.
I will also clothe her priests with salvation:
and her saints shall shout aloud for joy.
There will I make the horn of David to bud:
I have ordained a lamp for mine anointed.
His enemies will I clothe with shame:
but upon himself shall his crown flourish.

ALLELUIA.

PSALM 133

BEHOLD, how good and how pleasant it is
for brethren to dwell together in unity!
It is like the precious ointment upon the head,
that ran down upon the beard,
even Aaron's beard:
that went down to the skirts of his garments;
As the dew of Hermon,
and as the dew
that descended upon the mountains of Zion:
for there the LORD commanded the blessing,
even life for evermore.

ALLELUIA.

PSALM 134

BEHOLD, bless ye the LORD,
all ye servants of the LORD,
which by night stand in the house of the LORD.
Lift up your hands in the sanctuary,
and bless the LORD.
The LORD that made heaven and earth
bless thee out of Zion.

ALLELUIA.

PSALM 137

BY the rivers of Babylon, there we sat down,
yea, we wept, when we remembered Zion.
We hanged our harps upon the willows
in the midst thereof.
For there they that carried us away captive
required of us a song;
and they that wasted us required of us mirth,
saying, Sing us one of the songs of Zion.
How shall we sing the LORD's song
in a strange land?
If I forget thee, O Jerusalem,
let my right hand forget her cunning.
If I do not remember thee,
let my tongue cleave to the roof of my mouth;
if I prefer not Jerusalem above my chief joy.
Remember, O LORD, the children of Edom
in the day of Jerusalem;
who said, Rase it, rase it,
even to the foundation thereof.

O daughter of Babylon,
who art to be destroyed;
happy shall he be,
that rewardeth thee as thou hast served us.
Happy shall he be,
that taketh and dasheth thy little ones
against the stones.

ALLELUIA.

PSALM 138

I WILL praise thee with my whole heart:
before the gods will I sing praise unto thee.
I will worship toward thy holy temple,
and praise thy name
for thy lovingkindness and for thy truth:
for thou hast magnified thy word
above all thy name.
In the day when I cried thou answeredst me,
and strengthenedst me
with strength in my soul.
All the kings of the earth shall praise thee,
O LORD,
when they hear the words of thy mouth.
Yea, they shall sing in the ways of the LORD:
for great is the glory of the LORD.
Though the LORD be high,
yet hath he respect unto the lowly:
but the proud he knoweth afar off.
Though I walk in the midst of trouble,
thou wilt revive me:

thou shalt stretch forth thine hand
against the wrath of mine enemies,
and thy right hand shall save me.

The LORD will perfect
that which concerneth me:
thy mercy, O LORD,
endureth for ever:
forsake not the works of thine own hands.

ALLELUIA.

PSALM 141

LORD, I cry unto thee: make haste unto me;
give ear unto my voice, when I cry unto thee.

Let my prayer
be set forth before thee as incense;
and the lifting up of my hands
as the evening sacrifice.

Set a watch, O LORD, before my mouth;
keep the door of my lips.
Incline not my heart to any evil thing,
to practise wicked works
with men that work iniquity:
and let me not eat of their dainties.

Let the righteous smite me;
it shall be a kindness:
and let him reprove me;
it shall be an excellent oil,
which shall not break my head:
for yet my prayer also
shall be in their calamities.

When their judges
are overthrown in stony places,

they shall hear my words; for they are sweet.
Our bones are scattered at the grave's mouth,
as when one cutteth
and cleaveth wood upon the earth.

But mine eyes are unto thee, O GOD the Lord:
in thee is my trust; leave not my soul destitute.
Keep me from the snares
which they have laid for me,
and the gins of the workers of iniquity.
Let the wicked fall into their own nets,
whilst that I withal escape.

ALLELUIA.

PSALM 142

I CRIED unto the LORD with my voice;
with my voice unto the LORD
did I make my supplication.
I poured out my complaint before him;
I shewed before him my trouble.

When my spirit was overwhelmed within me, then
thou knewest my path.
In the way wherein I walked
have they privily laid a snare for me.
I looked on my right hand, and beheld,
but there was no man that would know me: refuge
failed me;
no man cared for my soul.
I cried unto thee, O LORD: I said,
Thou art my refuge
and my portion in the land of the living.
Attend unto my cry; for I am brought very low:

deliver me from my persecutors;
for they are stronger than I.
Bring my soul out of prison,
that I may praise thy name:
the righteous shall compass me about;
for thou shalt deal bountifully with me.

ALLELUIA.

PSALM 146

PRAISE ye the LORD.
Praise the LORD, O my soul.
While I live will I praise the LORD:
I will sing praises unto my God
while I have any being.

Put not your trust in princes,
nor in the son of man,
in whom there is no help.
His breath goeth forth,
he returneth to his earth;
in that very day his thoughts perish.

Happy is he
that hath the God of Jacob for his help,
whose hope is in the LORD his God:
Which made heaven, and earth, the sea,
and all that therein is:
which keepeth truth for ever:
Which executeth judgment for the oppressed:
which giveth food to the hungry.
The LORD looseth the prisoners:
The LORD openeth the eyes of the blind:
the LORD raiseth them that are bowed down:
the LORD loveth the righteous:

The LORD preserveth the strangers;
he relieveth the fatherless and widow:
but the way of the wicked
he turneth upside down.
The LORD shall reign for ever,
even thy God, O Zion,
unto all generations.

Praise ye the LORD.

ALLELUIA.

PSALM 147 (1)

PRAISE ye the LORD:
for it is good to sing praises unto our God;
for it is pleasant; and praise is comely.

The LORD doth build up Jerusalem:
he gathereth together the outcasts of Israel.

He healeth the broken in heart,
and bindeth up their wounds.

He telleth the number of the stars;
he calleth them all by their names.

Great is our Lord, and of great power:
his understanding is infinite.

The LORD lifteth up the meek:
he casteth the wicked down to the ground.

Sing unto the LORD with thanksgiving;
sing praise upon the harp unto our God:

Who covereth the heaven with clouds,
who prepareth rain for the earth,
who maketh grass to grow
upon the mountains.

He giveth to the beast his food,
and to the young ravens which cry.
He delighteth not in the strength of the horse:
he taketh not pleasure in the legs of a man.
The LORD taketh pleasure in them that fear him,
in those that hope in his mercy.

ALLELUIA.

PSALM 147 (2)

Praise the LORD, O Jerusalem;
praise thy God, O Zion.
For he hath strengthened the bars of thy gates;
he hath blessed thy children within thee.
He maketh peace in thy borders,
and filleth thee with the finest of the wheat.
He sendeth forth
his commandment upon earth:
his word runneth very swiftly.
He giveth snow like wool:
he scattereth the hoarfrost like ashes.
He casteth forth his ice like morsels:
who can stand before his cold?
He sendeth out his word, and melteth them:
he causeth his wind to blow,
and the waters flow.
He sheweth his word unto Jacob,
his statutes and his judgments unto Israel.
He hath not dealt so with any nation:
and as for his judgments,
they have not known them.

Praise ye the LORD.

ALLELUIA.

*The Holy Gospel according to
St. Luke*

Glory be to God,
Holy, Holy, Holy,
Amen.

And, behold,
there was a man in Jerusalem,
whose name was Simeon;
and the same man was just and devout,
waiting for the consolation of Israel:
and the Holy Ghost was upon him.
And it was revealed unto him
by the Holy Ghost,
that he should not see death,
before he had seen the Lord's Christ.
And he came by the Spirit into the temple:
and when the parents brought in
the child Jesus,
to do for him after the custom of the law,
Then took he him up in his arms,
and blessed God, and said,
Lord,
now lettest thou thy servant
depart in peace,
according to thy word:
For mine eyes have seen thy salvation,
Which thou hast prepared
before the face of all people;
A light to lighten the Gentiles,
and the glory of thy people Israel.
May the word of God be fulfilled in peace.
Glory be to God for ever,
Amen.

I worship and adore You,
'O Christ my Beloved'
together with Your Father
and the Holy Spirit,
for You have come
and saved me.

Behold,
I am about to stand before
the just Judge,
terrified and trembling
because of my many sins.
For a life spent
in the pleasures of self-love
is deserving of just condemnation.
But repent, O my soul,
so long as you dwell on this earth;
for inside the grave
-dust does not praise,
and among the dead
-no one remembers,
neither in Hell
-does anyone give thanks.
Therefore,
arise from the slumber of contentment
and willful ignorance,
and entreat the Saviour,
repenting and saying,
"Lord Jesus Christ,
Son of God,
have mercy on me
a sinner."

Glory be to the Father,
and to the Son,
and to the Holy Spirit.

If life were everlasting,
and this world eternal,
you would have, O my soul,
an excuse filled with reasons;
but when your evil deeds
and shameful sins are exposed
before the just Judge,
what answer will you give
while you are lying down
on the bed of transgression?
slow and unwilling
to mortify the whispers of the flesh.

O Christ, my God,
before Your dreadful Judgment Seat,
I am afraid;
and of the counsel of Your infinite knowledge,
I dread;
and of the radiance of Your Divinity,
I tremble:
I am wicked and defiled,
lying down upon my bed,
careless about my life.
Yet like the Publican,
I beat upon my chest,
and cry out unto You,
"Lord Jesus Christ,
Son of God,
have mercy on me
a sinner."

both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

Gracious Accord

Graciously accord, O Lord,
to keep me this night without sin.
Blessed are You, O Lord,
God of my fathers.
Exceedingly blessed
and glorious
is Your Holy name for ever,
Amen.

Let Your mercy, O Lord,
be upon me,
for I have set my hope on You;
the eyes of all wait upon You,
for You give them their food in due season.

Hear us,
O God, our Saviour,
for You are the hope of all,
unto the four corners of the earth;
and You, O Lord,
will keep us and deliver us
from this generation, and for ever,
Amen.

Blessed are You, O Lord;
teach me the way of Your statutes.

Blessed are You, O Lord;
make me to go in the path of Your commandments.

Blessed are You, O Lord;
revive me in Your righteousness.

Your mercy, O Lord,
endures for ever.

Do not despise
the works of Your hands:
You have been our refuge
from everlasting generations
unto generations everlasting,
Amen.

I cried unto my Beloved, and said,
O Lord,
have mercy on me,
and save my soul;
for I have sinned against You.
O Lord, unto You I flee for refuge,
save me and teach me to do Your will,
for You are my God;
with You is the Fountain of Life,
and in Your Light shall I see light.

Continue Your lovingkindness
unto those who know You,
and Your righteousness
unto the upright in heart.

To You belongs blessing,

To You belongs praise,
To You belongs glory,
O Father,
Son
and Holy Spirit,
existing before the world was,
and now,
and for ever and ever,
Amen.

It is a good thing to give thanks unto the Lord,
and to sing praises unto Your name,
O Most High;
to show forth Your lovingkindness
in the morning,
and Your faithfulness
every night.

Thrice Holy Hymn

Holy God,
Holy Mighty,
Holy Immortal,
have mercy on me.

Holy God,
Holy Mighty,
Holy Immortal,
have mercy on me.

Holy God,
Holy Mighty,
Holy Immortal,
have mercy on me.

Glory be to the Father,

and to the Son,
and to the Holy Spirit,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

O Holy Trinity,
have mercy on me.
All Holy Trinity,
have mercy on me.
O Holy Trinity,
have mercy on me.

O Lord, my Beloved,
forgive me of all my sins.
O Lord, my Beloved,
forgive me of all my iniquities.
O Lord, my Beloved,
forgive me of all my trespasses.

O Lord,
visit the sick of Your people,
heal them for the sake of Your Holy name.
Our fathers and brethren
who have fallen asleep, O Lord,
repose their souls.

O my Beloved,
you alone are without sin,
Lord, have mercy on me.

O my Beloved,
you alone are without sin,
Lord, help me and receive my supplications.

For Yours is the glory,

and dominion,
and three times Holy.

Lord have mercy,
Christ have mercy,
Lord bless me,
Amen.

*Introduction to
my Faith*

Glory be to You,
my Master
and my King;
Christ,
the honour of the apostles,
the crown of the martyrs,
the joy of the righteous,
the confirmation of every Assembly,
the forgiveness of sins.

I proclaim the Holy Trinity
in One Godhead.
I worship Him,
I adore Him,
I glorify Him.

Lord have mercy,
Christ have mercy,
Lord bless me,
Amen.

My Faith

I believe in one God,
the Father Almighty,
Maker of heaven and earth,
and of all things visible and invisible.

And in one Lord Jesus Christ,
the Only-Begotten Son of God,
Begotten of the Father before all worlds;
God of God,
Light of Light,
very God of very God;
Begotten, not made,
being of one substance with the Father,
by whom all things were made.

Who, for us men and for our salvation,
came down from heaven,
and was incarnate by the Holy Spirit
of the Virgin Mary,
and was made man;
and was crucified also for me
under Pontius Pilate;
He suffered and was buried;
and the third day He rose again,
according to the Scriptures;
and ascended into heaven,
and sits on the right hand of the Father;
and He shall come again, with glory,
to judge both the living and the dead;
whose kingdom shall have no end.

And I believe in the Holy Spirit,
the Lord and Giver of Life;
who proceeds from the Father and the Son;
who with the Father and the Son together
is worshipped, adored and glorified;

who spoke in the prophets.

And I believe in one Holy universal
and apostolic Church.

I acknowledge one baptism
for the remission of sins;
and I look for the resurrection of the dead,
and the life of the world to come.

Amen.

~

Lord, hear me
and have mercy on me,
and forgive me of all my sins,
Amen.

Lord have mercy,
Christ have mercy,
Lord have mercy.

Thrice Radiant Godhead

Holy, Holy, Holy,
Lord of hosts.
Heaven and earth
are full of the Majesty of Your glory.
Have mercy on me,
O God, the Father Almighty.
O Holy Trinity,
have mercy on me.
O Lord, God of hosts,
be with me;

For I have no other Helper or Comforter
in my hardships and tribulations

but You.
Loose,
forgive,
and pardon, O God,
my transgressions;
those which I have committed willingly,
and those I have committed unwillingly,
those which I have committed knowingly,
and those I have committed unknowingly,
both hidden and revealed.
O Lord, forgive me
for the sake of Your Holy name,
which I call upon.

Let it be according to Your mercy, O Lord,
and not according to my sins.

Absolution

O Lord,
all my sins
which I have committed against You this day,
whether in thought, in word, or in deed,
or through any of my senses,
graciously pardon and forgive me,
for the sake of Your Holy name;
You are
'The Good and Lover of mankind'

Grant unto me, O God,
a peaceful night with Your comfort,
and a sleep free from all worries.

Send me an angel of Your peace
to protect me from every evil,

every plague and affliction,
and every temptation of the enemy;
through your love of mankind,
by the grace and compassion
of Your Only-Begotten Son,
my Lord,
God and Saviour, Jesus Christ,
my Beloved,
through whom
the glory,
the honour,
the dominion,
the worship and adoration
are due unto You,
with Him,
and the Holy Spirit
-the Giver of Life,
who is of one essence with You,
now and at all times,
and from everlasting generations
unto generations everlasting,
Amen.

Leaving this Holy Hour

Have mercy on me, O God,
and have mercy on me,
who at all times
and in every hour,
in heaven and on earth,

is worshipped,
adored

and glorified;
Christ my God,
the good
and longsuffering,
abundant in mercy
and great in compassion,
who loves the righteous
and has mercy on the sinner,
of whom I am chief;
who does not wish the death of the sinner,
but rather that he returns and lives,
who calls all to salvation
for the promise of the blessings to come.

Receive, O Lord,
my prayers in this hour,
and in every hour;
Prosper my way,
and guide my life
toward Your commandments.
Sanctify my soul,
and cleanse my body,
Conduct my thoughts,
and purify my intentions,
Heal my diseases,
and forgive me
of all my sins.
Deliver me
from every evil affliction
and distress of heart.

Surround me with Your Holy angels, that,
by their encampment

I may be guarded and guided,
and attain the unity of faith,
and the knowledge of Your imperceptible,
unapproachable
and infinite glory.

For You are blessed for ever,
Amen.

TWELVE
AT
MIDNIGHT
with
my Beloved

Entrance into this Holy Hour

In the name of the Father,
and of the Son,
and of the Holy Spirit,
one God,
Amen.

On You do I wait all the day,
Lord have mercy,
O my Beloved have mercy,
Lord bless me,
Amen.

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

The Lord's Prayer

Make me worthy, O Lord,
to pray with all thanksgiving.

My Father who art in heaven,
Hallowed be Thy name,
Thy Kingdom come,
Thy will be done, on earth as it is in heaven.
Give me this day my daily bread;
And forgive me my trespasses,
as I forgive those who trespass against me;
And lead me not into temptation,
but deliver me from the evil one;
For Thine is the Kingdom,
Thine is the Power,
Thine the Glory,
for ever,
Amen.

In Christ Jesus my Lord,
Amen.

The Prayer of Thanksgiving

I will give thanks to the beneficent
and merciful God,
the Father of my Lord,
God and Saviour, Jesus Christ,
for He has covered me,
helped me,
guarded me,
and accepted me unto Himself,
spared me,
supported me,
and brought me to this hour.

I will also ask Him,
the Lord my God,
the Almighty,
to guard me in all peace this holy day,
and all the days of my life.

O Master,
Lord,
God Almighty,
the Father of my Lord,
God and Saviour, Jesus Christ,
I thank You for every condition,
concerning every condition,
and in every condition
You have covered me,
helped me,
guarded me,
and accepted me unto Yourself,
spared me,
supported me,
and brought me to this hour.

Therefore,
my Beloved,
I ask and entreat
Your goodness,
'O Lover of mankind'
to grant me to complete this holy day,
and all the days of my life,
in all peace with Your fear.
All envy,
all temptation,
and all the work of Satan,
the counsel of wicked men,

and the rising up of enemies,
both hidden and revealed,
take them away from me,
and from all Your people,
and from every holy place
that is Yours.

But those things which are
good and profitable,
do provide for me;
for it is You
who has given me the authority
to tread on serpents and scorpions,
and upon all the power of the enemy.

And lead me not into temptation,
but deliver me from the evil one,
through your love of mankind,
by the grace and compassion
of Your Only-Begotten Son,
my Lord,
God and Saviour, Jesus Christ,
my Beloved,
through whom
the glory,
the honour,
the dominion,
the worship and adoration
are due unto You,
with Him,
and the Holy Spirit
-the Giver of Life,
who is of one essence with You,

now and at all times,
and from everlasting generations
unto generations everlasting,
Amen.

PSALM 51

HAVE mercy upon me, O God,
according to thy lovingkindness:
according unto the multitude
of thy tender mercies
blot out my transgressions.

Wash me thoroughly from mine iniquity,
and cleanse me from my sin.

For I acknowledge my transgressions:
and my sin is ever before me.

Against thee, thee only, have I sinned,
and done this evil in thy sight:
that thou mightest be justified
when thou speakest,
and be clear when thou judgest.

Behold, I was shapen in iniquity;
and in sin did my mother conceive me.

Behold, thou desirest truth in the inward parts:
and in the hidden part
thou shalt make me to know wisdom.

Purge me with hyssop, and I shall be clean:
wash me, and I shall be whiter than snow.

Make me to hear joy and gladness;
that the bones which thou hast broken
may rejoice.

Hide thy face from my sins,
and blot out all mine iniquities.

Create in me a clean heart, O God;
and renew a right spirit within me.
Cast me not away from thy presence;
and take not thy holy spirit from me.
Restore unto me the joy of thy salvation;
and uphold me with thy free spirit.
Then will I teach transgressors thy ways;
and sinners shall be converted unto thee.

Deliver me from bloodguiltiness, O God,
thou God of my salvation:
and my tongue shall sing aloud
of thy righteousness.

O Lord, open thou my lips;
and my mouth shall shew forth thy praise.
For thou desirest not sacrifice;
else would I give it:
thou delightest not in burnt offering.
The sacrifices of God are a broken spirit:
a broken and a contrite heart, O God,
thou wilt not despise.

Do good in thy good pleasure unto Zion:
build thou the walls of Jerusalem.
Then shalt thou be pleased
with the sacrifices of righteousness,
with burnt offering and whole burnt offering:
then shall they offer bullocks upon thine altar.

ALLELUIA.

Arise,
O Child of light,
to praise the Lord of hosts,
that He may grant you
the salvation of your soul.
When I stand in the flesh before You,
take away from my mind
the sleep of forgetfulness and neglect,
and grant me
the alert and watchful mind of Christ,
so I may understand
how to stand up before You
at the time of prayer;
and send up to You
my gathered words of admiration,
and win the forgiveness of my many sins.

Glory be to You,
the Lover of mankind.

PSALM 134

BEHOLD, bless ye the LORD,
all ye servants of the LORD,
which by night stand in the house of the LORD.
Lift up your hands in the sanctuary,
and bless the LORD.
The LORD that made heaven and earth
bless thee out of Zion.

ALLELUIA.

Glory be to You,
the Lover of mankind.

Let my cry
come near before thee, O LORD:
give me understanding
according to thy word.
Let my supplication
come before thee:
deliver me
according to thy word.
My lips shall utter praise,
when thou
hast taught me thy statutes.
My tongue
shall speak of thy word:
for all thy commandments
are righteousness.
Let thine hand help me;
for I have chosen thy precepts.
I have longed
for thy salvation, O LORD;
and thy law is my delight.
Let my soul live,
and it shall praise thee;
and let thy judgments
help me.
I have gone astray
like a lost sheep;
seek thy servant;
for I do not forget thy commandments.

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

Glory be to You,
O Holy Trinity,
'The Good and Lover of mankind'
O Holy Trinity,
have mercy upon me.

Let God arise,
let His enemies be scattered;
let all who hate His Holy name
flee before His presence.
But let Your people be blessing You,
thousands of thousands,
and ten thousand times ten thousand,
doing Your will, O Lord;
You shall open my lips,
and my mouth shall show forth Your praise,
Amen.

ALLELUIA.

These
Prayers
of this blessed
Hour, I offer unto You,
my Christ, my King, and my God,
beseeching You
to forgive me
of all
my sins.
Amen.

Holy God,
Holy Mighty,
Holy Immortal,
Have mercy on me.

TWELVE
AT
MIDNIGHT

with
my Beloved

The First watch of this Holy Hour

PSALM 3

LORD, how are they increased that trouble me!
many are they that rise up against me.
Many there be which say of my soul,
There is no help for him in God.

Selah.

But thou, O LORD, art a shield for me;
my glory, and the lifter up of mine head.
I cried unto the LORD with my voice,
and he heard me out of his holy hill.

Selah.

I laid me down and slept;
I awaked; for the LORD sustained me.
I will not be afraid of ten thousands of people,
that have set themselves against me
round about.

Arise, O LORD; save me, O my God:
for thou hast smitten all mine enemies
upon the cheek bone;

thou hast broken the teeth of the ungodly.
Salvation belongeth unto the LORD:
thy blessing is upon thy people.
Selah.

ALLELUIA.

PSALM 6

O LORD, rebuke me not in thine anger,
neither chasten me in thy hot displeasure.
Have mercy upon me, O LORD; for I am weak:
O LORD, heal me; for my bones are vexed.
My soul is also sore vexed:
but thou, O LORD, how long?
Return, O LORD, deliver my soul:
oh save me for thy mercies' sake.
For in death there is no remembrance of thee:
in the grave who shall give thee thanks?
I am weary with my groaning;
all the night make I my bed to swim;
I water my couch with my tears.
Mine eye is consumed because of grief;
it waxeth old because of all mine enemies.
Depart from me, all ye workers of iniquity;
for the LORD hath heard
the voice of my weeping.
The LORD hath heard my supplication;
the LORD will receive my prayer.
Let all mine enemies be ashamed
and sore vexed:
let them return and be ashamed suddenly.

ALLELUIA.

PSALM 13

HOW long wilt thou forget me, O LORD?
for ever?

how long wilt thou hide thy face from me?
How long shall I take counsel in my soul,
having sorrow in my heart daily?
how long shall mine enemy
be exalted over me?

Consider and hear me, O LORD my God:
lighten mine eyes, lest I sleep the sleep of death;
Lest mine enemy say,
I have prevailed against him;
and those that trouble me rejoice
when I am moved.

But I have trusted in thy mercy;
my heart shall rejoice in thy salvation.

I will sing unto the LORD,
because he hath dealt bountifully with me.

ALLELUIA.

PSALM 70

MAKE haste, O God, to deliver me;
make haste to help me, O LORD.
Let them be ashamed and confounded
that seek after my soul:
let them be turned backward,
and put to confusion,
that desire my hurt.
Let them be turned back
for a reward of their shame that say,
Aha, aha.

Let all those that seek thee rejoice
and be glad in thee:
and let such as love thy salvation
say continually,
Let God be magnified.

But I am poor and needy:
make haste unto me, O God:
thou art my help and my deliverer;
O LORD, make no tarrying.

ALLELUIA.

PSALM 86

BOW down thine ear, O LORD, hear me:
for I am poor and needy.
Preserve my soul; for I am holy:
O thou my God,
save thy servant that trusteth in thee.
Be merciful unto me, O Lord:
for I cry unto thee daily.
Rejoice the soul of thy servant:
for unto thee, O Lord, do I lift up my soul.
For thou, Lord, art good, and ready to forgive;
and plenteous in mercy
unto all them that call upon thee.
Give ear, O LORD, unto my prayer;
and attend to the voice of my supplications.
In the day of my trouble I will call upon thee:
for thou wilt answer me.

Among the gods
there is none like unto thee, O Lord;
neither are there any works
like unto thy works.

All nations whom thou hast made
shall come and worship before thee, O Lord;
and shall glorify thy name.
For thou art great, and doest wondrous things:
thou art God alone.

Teach me thy way, O LORD;
I will walk in thy truth:
unite my heart to fear thy name.
I will praise thee, O Lord my God,
with all my heart:
and I will glorify thy name for evermore.
For great is thy mercy toward me:
and thou hast delivered my soul
from the lowest hell.
O God, the proud are risen against me,
and the assemblies of violent men
have sought after my soul;
and have not set thee before them.
But thou, O Lord, art a God full of compassion, and
gracious, longsuffering,
and plenteous in mercy and truth.
O turn unto me, and have mercy upon me;
give thy strength unto thy servant,
and save the son of thine handmaid.
Shew me a token for good;
that they which hate me may see it,
and be ashamed:
because thou, LORD,
hast holpen me, and comforted me.

ALLELUIA.

PSALM 91

HE that dwelleth
in the secret place of the most High
shall abide under the shadow
of the Almighty.

I will say of the LORD,
He is my refuge and my fortress:
my God; in him will I trust.
Surely he shall deliver thee
from the snare of the fowler,
and from the noisome pestilence.
He shall cover thee with his feathers,
and under his wings shalt thou trust:
his truth shall be thy shield and buckler.
Thou shalt not be afraid for the terror by night;
nor for the arrow that flieth by day;
Nor for the pestilence that walketh in darkness;
nor for the destruction that wasteth at noonday.
A thousand shall fall at thy side,
and ten thousand at thy right hand;
but it shall not come nigh thee.

Only with thine eyes shalt thou behold
and see the reward of the wicked.
Because thou hast made the LORD,
which is my refuge,
even the most High, thy habitation;
There shall no evil befall thee,
neither shall any plague
come nigh thy dwelling.
For he shall give his angels charge over thee,
to keep thee in all thy ways.
They shall bear thee up in their hands,
lest thou dash thy foot against a stone.

Thou shalt tread upon the lion and adder:
the young lion and the dragon
shalt thou trample under feet.

Because he hath set his love upon me,
therefore will I deliver him:
I will set him on high,
because he hath known my name.
He shall call upon me, and I will answer him:
I will be with him in trouble;
I will deliver him, and honour him.
With long life will I satisfy him,
and shew him my salvation.

ALLELUIA.

PSALM 117

O PRAISE the LORD, all ye nations:
praise him, all ye people.
For his merciful kindness is great toward us:
and the truth of the LORD endureth for ever.

Praise ye the LORD.

ALLELUIA.

PSALM 118

O GIVE thanks unto the LORD; for he is good:
because his mercy endureth for ever.
Let Israel now say,
that his mercy endureth for ever.
Let the house of Aaron now say,
that his mercy endureth for ever.

Let them now that fear the LORD say,
that his mercy endureth for ever.

I called upon the LORD in distress:
the LORD answered me,
and set me in a large place.
The LORD is on my side; I will not fear:
what can man do unto me?
The LORD taketh my part
with them that help me:
therefore shall I see my desire
upon them that hate me.
It is better to trust in the LORD
than to put confidence in man.
It is better to trust in the LORD
than to put confidence in princes.

All nations compassed me about:
but in the name of the LORD will I destroy them.
They compassed me about; yea,
they compassed me about:
but in the name of the LORD I will destroy them.
They compassed me about like bees;
they are quenched as the fire of thorns:
for in the name of the LORD I will destroy them.
Thou hast thrust sore at me that I might fall:
but the LORD helped me.
The LORD is my strength and song,
and is become my salvation.

The voice of rejoicing and salvation
is in the tabernacles of the righteous:
the right hand of the LORD doeth valiantly.
The right hand of the LORD is exalted:
the right hand of the LORD doeth valiantly.

I shall not die, but live,
and declare the works of the LORD.
The LORD hath chastened me sore:
but he hath not given me over unto death.

Open to me the gates of righteousness:
I will go into them, and I will praise the LORD:

This gate of the LORD,
into which the righteous shall enter.
I will praise thee: for thou hast heard me,
and art become my salvation.

The stone which the builders refused
is become the head stone of the corner.

This is the LORD's doing;
it is marvellous in our eyes.
This is the day which the LORD hath made;
we will rejoice and be glad in it.

Save now, I beseech thee, O LORD:
O LORD, I beseech thee, send now prosperity.

Blessed be he that cometh
in the name of the LORD:
we have blessed you

out of the house of the LORD.

God is the LORD, which hath shewed us light:
bind the sacrifice with cords,
even unto the horns of the altar.

Thou art my God, and I will praise thee:
thou art my God, I will exalt thee.

O give thanks unto the LORD;
for he is good:
for his mercy endureth for ever.

ALLELUIA.

PSALM 119

ALEPH.

BLESSED are the undefiled in the way,
who walk in the law of the LORD.
Blessed are they that keep his testimonies,
and that seek him with the whole heart.

They also do no iniquity:
they walk in his ways.

Thou hast commanded us
to keep thy precepts diligently.

O that my ways were directed
to keep thy statutes!

Then shall I not be ashamed,
when I have respect
unto all thy commandments.

I will praise thee with uprightness of heart,
when I shall have learned
thy righteous judgments.

I will keep thy statutes:
O forsake me not utterly.

Glory be to You,
the Lover of mankind.

PSALM 119

BETH.

Wherewithal shall a young man
cleanse his way?

by taking heed thereto according to thy word.

With my whole heart have I sought thee:

O let me not wander from thy commandments.

Thy word have I hid in mine heart,
that I might not sin against thee.

Blessed art thou, O LORD:
teach me thy statutes.
With my lips
have I declared all the judgments of thy mouth.
I have rejoiced in the way of thy testimonies,
as much as in all riches.
I will meditate in thy precepts,
and have respect unto thy ways.
I will delight myself in thy statutes:
I will not forget thy word.

Glory be to You,
the Lover of mankind.

PSALM 119

GIMEL.

Deal bountifully with thy servant,
that I may live, and keep thy word.
Open thou mine eyes,
that I may behold wondrous things
out of thy law.
I am a stranger in the earth:
hide not thy commandments from me.
My soul breaketh
for the longing that it hath
unto thy judgments at all times.
Thou hast rebuked the proud that are cursed,
which do err from thy commandments.
Remove from me reproach and contempt;
for I have kept thy testimonies.

Princes also did sit and speak against me:
but thy servant did meditate in thy statutes.
Thy testimonies also are my delight
and my counsellors.

Glory be to You,
the Lover of mankind.

PSALM 119

DALETH.

My soul cleaveth unto the dust:
quicken thou me according to thy word.
I have declared my ways,
and thou heardest me:
teach me thy statutes.
Make me to understand
the way of thy precepts:
so shall I talk of thy wondrous works.
My soul melteth for heaviness:
strengthen thou me according unto thy word.
Remove from me the way of lying:
and grant me thy law graciously.
I have chosen the way of truth:
thy judgments have I laid before me.
I have stuck unto thy testimonies:
O LORD, put me not to shame.
I will run the way of thy commandments,
when thou shalt enlarge my heart.

Glory be to You,
the Lover of mankind.

PSALM 119

HE.

Teach me, O LORD, the way of thy statutes;
and I shall keep it unto the end.

Give me understanding,
and I shall keep thy law;

yea, I shall observe it with my whole heart.

Make me to go
in the path of thy commandments;
for therein do I delight.

Incline my heart unto thy testimonies,
and not to covetousness.

Turn away mine eyes from beholding vanity;
and quicken thou me in thy way.

Stablish thy word unto thy servant,
who is devoted to thy fear.

Turn away my reproach which I fear:
for thy judgments are good.

Behold, I have longed after thy precepts:
quicken me in thy righteousness.

Glory be to You,
the Lover of mankind.

PSALM 119

VAU.

Let thy mercies come also unto me, O LORD,
even thy salvation, according to thy word.

So shall I have wherewith
to answer him that reproacheth me:
for I trust in thy word.

And take not the word of truth
utterly out of my mouth;
for I have hoped in thy judgments.
So shall I keep thy law continually
for ever and ever.
And I will walk at liberty:
for I seek thy precepts.
I will speak of thy testimonies
also before kings,
and will not be ashamed.
And I will delight myself
in thy commandments,
which I have loved.
My hands also will I lift up
unto thy commandments,
which I have loved;
and I will meditate in thy statutes.

Glory be to You,
the Lover of mankind.

PSALM 119

ZAIN.

Remember the word unto thy servant,
upon which thou hast caused me to hope.
This is my comfort in my affliction:
for thy word hath quickened me.
The proud have had me greatly in derision:
yet have I not declined from thy law.
I remembered thy judgments of old, O LORD;
and have comforted myself.
Horror hath taken hold upon me
because of the wicked that forsake thy law.

Thy statutes have been my songs
in the house of my pilgrimage.
I have remembered thy name, O LORD,
in the night,
and have kept thy law.
This I had,
because I kept thy precepts.

Glory be to You,
the Lover of mankind.

PSALM 119

CHETH.

Thou art my portion, O LORD:
I have said that I would keep thy words.
I intreated thy favour with my whole heart:
be merciful unto me according to thy word.
I thought on my ways,
and turned my feet unto thy testimonies.
I made haste, and delayed not
to keep thy commandments.
The bands of the wicked have robbed me:
but I have not forgotten thy law.
At midnight I will rise to give thanks unto thee
because of thy righteous judgments.
I am a companion of all them that fear thee,
and of them that keep thy precepts.
The earth, O LORD, is full of thy mercy:
teach me thy statutes.

Glory be to You,
the Lover of mankind.

PSALM 119

TETH.

Thou hast dealt well with thy servant, O LORD,
according unto thy word.

Teach me good judgment and knowledge:
for I have believed thy commandments.

Before I was afflicted I went astray:
but now have I kept thy word.

Thou art good, and doest good;
teach me thy statutes.

The proud have forged a lie against me:
but I will keep thy precepts
with my whole heart.

Their heart is as fat as grease;
but I delight in thy law.

It is good for me that I have been afflicted;
that I might learn thy statutes.

The law of thy mouth is better unto me
than thousands of gold and silver.

Glory be to You,
the Lover of mankind.

PSALM 119

JOD.

Thy hands have made me and fashioned me:
give me understanding,

that I may learn thy commandments.

They that fear thee
will be glad when they see me;

because I have hoped in thy word.

I know, O LORD, that thy judgments are right,
and that thou in faithfulness hast afflicted me.

Let, I pray thee,
thy merciful kindness be for my comfort,
according to thy word unto thy servant.
Let thy tender mercies come unto me,
that I may live:
for thy law is my delight.
Let the proud be ashamed;
for they dealt perversely with me
without a cause:
but I will meditate in thy precepts.
Let those that fear thee turn unto me,
and those that have known thy testimonies.
Let my heart be sound in thy statutes;
that I be not ashamed.

Glory be to You,
the Lover of mankind.

PSALM 119

CAPH.

My soul fainteth for thy salvation:
but I hope in thy word.
Mine eyes fail for thy word,
saying, When wilt thou comfort me?
For I am become like a bottle in the smoke;
yet do I not forget thy statutes.
How many are the days of thy servant?
when wilt thou execute judgment
on them that persecute me?
The proud have digged pits for me,
which are not after thy law.
All thy commandments are faithful:
they persecute me wrongfully; help thou me.

They had almost consumed me upon earth;
but I forsook not thy precepts.

Quicken me after thy lovingkindness;
so shall I keep the testimony of thy mouth.

Glory be to You,
the Lover of mankind.

PSALM 119

LAMED.

For ever, O LORD, thy word is settled in heaven.

Thy faithfulness is unto all generations:
thou hast established the earth, and it abideth.

They continue this day
according to thine ordinances:
for all are thy servants.

Unless thy law had been my delights,
I should then have perished in mine affliction.

I will never forget thy precepts:
for with them thou hast quickened me.

I am thine, save me;
for I have sought thy precepts.

The wicked have waited for me to destroy me:
but I will consider thy testimonies.

I have seen an end of all perfection:
but thy commandment is exceeding broad.

Glory be to You,
the Lover of mankind.

PSALM 119

MEM.

O how love I thy law!
it is my meditation all the day.
Thou through thy commandments
hast made me wiser than mine enemies:
for they are ever with me.
I have more understanding
than all my teachers:
for thy testimonies are my meditation.
I understand more than the ancients,
because I keep thy precepts.
I have refrained my feet from every evil way,
that I might keep thy word.
I have not departed from thy judgments:
for thou hast taught me.
How sweet are thy words unto my taste!
yea, sweeter than honey to my mouth!
Through thy precepts I get understanding:
therefore I hate every false way.

Glory be to You,
the Lover of mankind.

PSALM 119

NUN.

Thy word is a lamp unto my feet,
and a light unto my path.
I have sworn, and I will perform it,
that I will keep thy righteous judgments.
I am afflicted very much:
quicken me, O LORD, according unto thy word.

Accept, I beseech thee,
the freewill offerings of my mouth, O LORD,
and teach me thy judgments.
My soul is continually in my hand:
yet do I not forget thy law.
The wicked have laid a snare for me:
yet I erred not from thy precepts.
Thy testimonies have I taken
as an heritage for ever:
for they are the rejoicing of my heart.
I have inclined mine heart
to perform thy statutes always,
even unto the end.

Glory be to You,
the Lover of mankind.

PSALM 119

SAMECH.

I hate vain thoughts:
but thy law do I love.
Thou art my hiding place and my shield:
I hope in thy word.
Depart from me, ye evildoers:
for I will keep the commandments of my God.
Uphold me according unto thy word,
that I may live:
and let me not be ashamed of my hope.
Hold thou me up, and I shall be safe:
and I will have respect
unto thy statutes continually.
Thou hast trodden down
all them that err from thy statutes:
for their deceit is falsehood.

Thou putttest away
all the wicked of the earth like dross:
therefore I love thy testimonies.
My flesh trembleth for fear of thee;
and I am afraid of thy judgments.

Glory be to You,
the Lover of mankind.

PSALM 119

AIN.

I have done judgment and justice:
leave me not to mine oppressors.
Be surety for thy servant for good:
let not the proud oppress me.
Mine eyes fail for thy salvation,
and for the word of thy righteousness.
Deal with thy servant
according unto thy mercy,
and teach me thy statutes.
I am thy servant; give me understanding,
that I may know thy testimonies.
It is time for thee, LORD, to work:
for they have made void thy law.
Therefore I love thy commandments
above gold; yea, above fine gold.
Therefore I esteem all thy precepts
concerning all things to be right;
and I hate every false way.

Glory be to You,
the Lover of mankind.

PSALM 119

PE.

Thy testimonies are wonderful:
therefore doth my soul keep them.
The entrance of thy words giveth light;
it giveth understanding unto the simple.
I opened my mouth, and panted:
for I longed for thy commandments.
Look thou upon me, and be merciful unto me,
as thou usest to do
unto those that love thy name.
Order my steps in thy word:
and let not any iniquity
have dominion over me.
Deliver me from the oppression of man:
so will I keep thy precepts.
Make thy face to shine upon thy servant;
and teach me thy statutes.
Rivers of waters run down mine eyes,
because they keep not thy law.

Glory be to You,
the Lover of mankind.

PSALM 119

TZADDI.

Righteous art thou, O LORD,
and upright are thy judgments.
Thy testimonies that thou hast commanded
are righteous and very faithful.
My zeal hath consumed me,
because mine enemies
have forgotten thy words.

Thy word is very pure:
therefore thy servant loveth it.
I am small and despised:
yet do not I forget thy precepts.
Thy righteousness
is an everlasting righteousness,
and thy law is the truth.
Trouble and anguish have taken hold on me:
yet thy commandments are my delights.
The righteousness of thy testimonies
is everlasting:
give me understanding, and I shall live.

Glory be to You,
the Lover of mankind.

PSALM 119

KOPH.

I cried with my whole heart;
hear me, O LORD: I will keep thy statutes.
I cried unto thee; save me,
and I shall keep thy testimonies.
I prevented the dawning of the morning,
and cried:
I hoped in thy word.
Mine eyes prevent the night watches,
that I might meditate in thy word.
Hear my voice
according unto thy lovingkindness:
O LORD, quicken me
according to thy judgment.
They draw nigh that follow after mischief:
they are far from thy law.

Thou art near, O LORD;
and all thy commandments are truth.
Concerning thy testimonies,
I have known of old
that thou hast founded them for ever.

Glory be to You,
the Lover of mankind.

PSALM 119

RESH.

Consider mine affliction, and deliver me:
for I do not forget thy law.
Plead my cause, and deliver me:
quicken me according to thy word.
Salvation is far from the wicked:
for they seek not thy statutes.
Great are thy tender mercies, O LORD:
quicken me according to thy judgments.
Many are my persecutors and mine enemies;
yet do I not decline from thy testimonies.
I beheld the transgressors, and was grieved;
because they kept not thy word.
Consider how I love thy precepts:
quicken me, O LORD,
according to thy lovingkindness.
Thy word is true from the beginning:
and every one of thy righteous judgments
endureth for ever.

Glory be to You,
the Lover of mankind.

PSALM 119

SCHIN.

Princes have persecuted me without a cause:
but my heart standeth in awe of thy word.

I rejoice at thy word,
as one that findeth great spoil.

I hate and abhor lying:
but thy law do I love.

Seven times a day do I praise thee
because of thy righteous judgments.

Great peace have they which love thy law:
and nothing shall offend them.

LORD, I have hoped for thy salvation,
and done thy commandments.

My soul hath kept thy testimonies;
and I love them exceedingly.

I have kept thy precepts and thy testimonies:
for all my ways are before thee.

Glory be to You,
the Lover of mankind.

PSALM 119

TAU.

Let my cry come near before thee, O LORD:
give me understanding according to thy word.

Let my supplication come before thee:
deliver me according to thy word.

My lips shall utter praise,
when thou hast taught me thy statutes.

My tongue shall speak of thy word:
for all thy commandments are righteousness.

Let thine hand help me;
for I have chosen thy precepts.
I have longed for thy salvation, O LORD;
and thy law is my delight.
Let my soul live, and it shall praise thee;
and let thy judgments help me.
I have gone astray like a lost sheep;
seek thy servant;
for I do not forget thy commandments.

Glory be to You,
the Lover of mankind.

*The Holy Gospel according to
St. Matthew*

Glory be to God,
Holy, Holy, Holy,
Amen.

THEN shall the kingdom of heaven
be likened unto ten virgins,
which took their lamps,
and went forth to meet the bridegroom.
And five of them were wise,
and five were foolish.
They that were foolish took their lamps,
and took no oil with them:
But the wise took oil in their vessels
with their lamps.
While the bridegroom tarried,
they all slumbered and slept.
And at midnight there was a cry made,
Behold, the bridegroom cometh;
go ye out to meet him.

Then all those virgins arose,
and trimmed their lamps.
And the foolish said unto the wise,
Give us of your oil;
for our lamps are gone out.
But the wise answered, saying,
Not so; lest there be not enough for us and you: but
go ye rather to them that sell,
and buy for yourselves.
And while they went to buy,
the bridegroom came;
and they that were ready
went in with him to the marriage:
and the door was shut.
Afterward came also the other virgins, saying,
Lord, Lord, open to us.
But he answered and said,
Verily I say unto you, I know you not.
Watch therefore,
for ye know neither the day nor the hour wherein
the Son of man cometh.

May the word of God be fulfilled in peace.

Glory be to God for ever,
Amen.

~

I worship and adore You,
'O Christ my Beloved'
together with Your Father
and the Holy Spirit,
for You have come
and saved me.

Behold,
the Bridegroom is coming at midnight,
blessed is the servant whom He finds watching.

But he whom He finds sleeping
is unworthy of being joined to Him.

Therefore,
take heed, O my soul,
that you may not fall into deep sleep,
and then be cast out of the Kingdom.

But watch and cry out, saying,
"Holy, Holy, Holy art thou, O God."

Glory be to the Father,
and to the Son,
and to the Holy Spirit.

O my soul,
be mindful of that awesome day,
and awake from sleep and light your lamp,
with the oil of joy;
for you do not know
when that voice will call out to you, saying,
"Behold, the Bridegroom cometh;
go ye out to meet him."

So,
take heed, my soul,
not to fall asleep;
a little sleep, a little slumber,
a little folding of the hands to sleep,
and you will be standing outside knocking,
like the five foolish virgins.

But watch,
intreating that you may meet
Christ the Lord
with rich oil,

and He may grant you the Wedding
of His true and heavenly glory,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

You are the rampart
of my salvation, O my Saviour,
Son of God;
and an invincible bulwark.
Bring to nought
the counsels of my adversaries;
and the affliction of Your servant,
turn into joy.
Defend our nation,
fight for our rulers,
and intercede for the peace of the world,
for You are my hope,
'O Son of God'

O Heavenly King,
my Comforter,
the Spirit of truth
who is present in all places,
filling heaven and earth;
the treasury of all good things
and the Giver of Life,
graciously come,
and dwell in me
and purify me
from all defilement,
'O my merciful Good One'
and save my soul.

Glory be to the Father,
and to the Son,
and to the Holy Spirit.

Just as You were with Your disciples,
'O my Saviour'
and gave them Your peace,
graciously also come
and be with me,
and grant me Your peace,
and save me,
and deliver my soul,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

Whenever I stand in Your Holy Presence,
I am esteemed as standing in heaven.
O my Saviour,
You are the gate of heaven,
open for me the gate of mercy.

~

Lord, hear me
and have mercy on me,
and forgive me of all my sins,
Amen.

Lord have mercy,
Christ have mercy,
Lord have mercy.

Thrice Radiant Godhead

Holy, Holy, Holy,
Lord of hosts.
Heaven and earth
are full of the Majesty of Your glory.
Have mercy on me,
O God, the Father Almighty.
O Holy Trinity,
have mercy on me.
O Lord, God of hosts,
be with me;
For I have no other Helper or Comforter
in my hardships and tribulations
but You.
Loose,
forgive,
and pardon, O God,
my transgressions;
those which I have committed willingly,
and those I have committed unwillingly,
those which I have committed knowingly,
and those I have committed unknowingly,
both hidden and revealed.
O Lord, forgive me
for the sake of Your Holy name,
which I call upon.
Let it be according to Your mercy, O Lord,
and not according to my sins.

Leaving this Holy Hour

Have mercy on me, O God,
and have mercy on me,
who at all times
and in every hour,
in heaven and on earth,
is worshipped,
adored
and glorified;
Christ my God,
the good
and longsuffering,
abundant in mercy
and great in compassion,
who loves the righteous
and has mercy on the sinner,
of whom I am chief;
who does not wish the death of the sinner,
but rather that he returns and lives,
who calls all to salvation
for the promise of the blessings to come.

Receive, O Lord,
my prayers in this hour,
and in every hour;
Prosper my way,
and guide my life
toward Your commandments.
Sanctify my soul,
and cleanse my body,
Conduct my thoughts,
and purify my intentions,
Heal my diseases,
and forgive me
of all my sins.

Deliver me
from every evil affliction
and distress of heart.
Surround me with Your Holy angels, that,
by their encampment
I may be guarded and guided,
and attain the unity of faith,
and the knowledge of Your imperceptible,
unapproachable
and infinite glory.

For You are blessed for ever,
Amen.

TWELVE
AT
MIDNIGHT

with
my Beloved

The Second watch of this Holy Hour

PSALM 120

IN my distress I cried unto the LORD,
and he heard me.

Deliver my soul, O LORD, from lying lips,
and from a deceitful tongue.

What shall be given unto thee?
or what shall be done unto thee,
thou false tongue?

Sharp arrows of the mighty,
with coals of juniper.

Woe is me, that I sojourn in Mesech,
that I dwell in the tents of Kedar!

My soul hath long dwelt with him
that hateth peace.

I am for peace:
but when I speak, they are for war.

ALLELUIA.

PSALM 121

I WILL lift up mine eyes unto the hills,
from whence cometh my help.
My help cometh from the LORD,
which made heaven and earth.
He will not suffer thy foot to be moved:
he that keepeth thee will not slumber.
Behold, he that keepeth Israel
shall neither slumber nor sleep.

The LORD is thy keeper:
the LORD is thy shade upon thy right hand.
The sun shall not smite thee by day,
nor the moon by night.
The LORD shall preserve thee from all evil:
he shall preserve thy soul.
The LORD shall preserve thy going out
and thy coming in
from this time forth,
and even for evermore.

ALLELUIA.

PSALM 122

I WAS glad when they said unto me,
Let us go into the house of the LORD.
Our feet shall stand within thy gates,
O Jerusalem.
Jerusalem is builded
as a city that is compact together:
Whither the tribes go up, the tribes of the LORD,
unto the testimony of Israel,
to give thanks unto the name of the LORD.

For there are set thrones of judgment,
the thrones of the house of David.
Pray for the peace of Jerusalem:
they shall prosper that love thee.
Peace be within thy walls,
and prosperity within thy palaces.
For my brethren and companions' sakes,
I will now say, Peace be within thee.
Because of the house of the LORD our God
I will seek thy good.

ALLELUIA.

PSALM 123

UNTO thee lift I up mine eyes,
O thou that dwellest in the heavens.
Behold, as the eyes of servants
look unto the hand of their masters,
and as the eyes of a maiden
unto the hand of her mistress;
so our eyes wait upon the LORD our God,
until that he have mercy upon us.
Have mercy upon us, O LORD,
have mercy upon us:
for we are exceedingly filled with contempt.
Our soul is exceedingly filled
with the scorning of those that are at ease,
and with the contempt of the proud.

ALLELUIA.

PSALM 124

IF it had not been the LORD
who was on our side,
now may Israel say;
If it had not been the LORD
who was on our side,
when men rose up against us:
Then they had swallowed us up quick,
when their wrath was kindled against us:
Then the waters had overwhelmed us,
the stream had gone over our soul:
Then the proud waters had gone over our soul.

Blessed be the LORD,
who hath not given us as a prey to their teeth.
Our soul is escaped
as a bird out of the snare of the fowlers:
the snare is broken, and we are escaped.
Our help is in the name of the LORD,
who made heaven and earth.

ALLELUIA.

PSALM 125

THEY that trust in the LORD
shall be as mount Zion,
which cannot be removed, but abideth for ever.
As the mountains are round about Jerusalem,
so the LORD is round about his people
from henceforth even for ever.
For the rod of the wicked
shall not rest upon the lot of the righteous;
lest the righteous
put forth their hands unto iniquity.

Do good, O LORD, unto those that be good,
and to them that are upright in their hearts.

As for such as turn aside
unto their crooked ways,
the LORD shall lead them forth
with the workers of iniquity:
but peace shall be upon Israel.

ALLELUIA.

PSALM 126

WHEN the LORD turned again
the captivity of Zion,
we were like them that dream.
Then was our mouth filled with laughter,
and our tongue with singing:
then said they among the heathen,
The LORD hath done great things for them.
The LORD hath done great things for us;
whereof we are glad.

Turn again our captivity, O LORD,
as the streams in the south.
They that sow in tears shall reap in joy.
He that goeth forth and weepeth,
bearing precious seed,
shall doubtless come again with rejoicing,
bringing his sheaves with him.

ALLELUIA.

PSALM 127

EXCEPT the LORD build the house,
they labour in vain that build it:
except the LORD keep the city,
the watchman waketh but in vain.
It is vain for you to rise up early, to sit up late, to
eat the bread of sorrows:
for so he giveth his beloved sleep.

Lo, children are an heritage of the LORD:
and the fruit of the womb is his reward.
As arrows are in the hand of a mighty man;
so are children of the youth.
Happy is the man
that hath his quiver full of them:
they shall not be ashamed,
but they shall speak
with the enemies in the gate.

ALLELUIA.

PSALM 128

BLESSED is every one that feareth the LORD;
that walketh in his ways.
For thou shalt eat the labour of thine hands:
happy shalt thou be,
and it shall be well with thee.
Thy wife shall be as a fruitful vine
by the sides of thine house:
thy children like olive plants
round about thy table.
Behold, that thus shall the man be blessed
that feareth the LORD.

The LORD shall bless thee out of Zion:
and thou shalt see the good of Jerusalem
all the days of thy life.
Yea, thou shalt see thy children's children,
and peace upon Israel.

ALLELUIA.

PSALM 129

MANY a time have they afflicted me
from my youth,
may Israel now say:
Many a time have they afflicted me
from my youth:
yet they have not prevailed against me.
The plowers plowed upon my back:
they made long their furrows.
The LORD is righteous:
he hath cut asunder the cords of the wicked.
Let them all be confounded and turned back that
hate Zion.
Let them be as the grass upon the housetops,
which withereth afore it groweth up:
Wherewith the mower filleth not his hand;
nor he that bindeth sheaves his bosom.
Neither do they which go by say,
The blessing of the LORD be upon you:
we bless you in the name of the LORD.

ALLELUIA.

*The Holy Gospel according to
St. Luke*

Glory be to God,
Holy, Holy, Holy,
Amen.

And one of the Pharisees desired him
that he would eat with him.

And he went into the Pharisee's house,
and sat down to meat.

And, behold, a woman in the city,
which was a sinner,
when she knew that Jesus sat at meat
in the Pharisee's house,
brought an alabaster box of ointment,
And stood at his feet behind him weeping,
and began to wash his feet with tears,
and did wipe them
with the hairs of her head,
and kissed his feet,
and anointed them with the ointment.

Now when the Pharisee
which had bidden him saw it,
he spake within himself, saying,
This man, if he were a prophet,
would have known who
and what manner of woman this is
that toucheth him:
for she is a sinner.

And Jesus answering said unto him,
Simon, I have somewhat to say unto thee.

And he saith, Master, say on.
There was a certain creditor
which had two debtors:

the one owed five hundred pence,
and the other fifty.
And when they had nothing to pay,
he frankly forgave them both.
Tell me therefore,
which of them will love him most?
Simon answered and said,
I suppose that he,
to whom he forgave most.
And he said unto him,
Thou hast rightly judged.
And he turned to the woman,
and said unto Simon,
Seest thou this woman?
I entered into thine house,
thou gavest me no water for my feet:
but she hath washed my feet with tears,
and wiped them with the hairs of her head. Thou
gavest me no kiss:
but this woman since the time I came in
hath not ceased to kiss my feet.
My head with oil thou didst not anoint:
but this woman
hath anointed my feet with ointment.
Wherefore I say unto thee,
Her sins, which are many, are forgiven;
for she loved much:
but to whom little is forgiven,
the same loveth little.
And he said unto her,
Thy sins are forgiven.
And they that sat at meat with him
began to say within themselves,
Who is this that forgiveth sins also?

And he said to the woman,
Thy faith hath saved thee;
go in peace.

May the word of God be fulfilled in peace.

Glory be to God for ever,
Amen.

~

I worship and adore You,
'O Christ my Beloved'
together with Your Father
and the Holy Spirit,
for You have come
and saved me.

Give to me, O my Beloved,
many fountains of tears,
as You gave
in the past,
to the sinful woman.

Make me worthy to wash Your feet,
which liberates me
from the broad way
that leads to destruction,
and to offer You
a precious fragrant oil,
and gain
through repentance,
a separate and purified life,
so that I may hear that voice,
which is full of joy, saying,
"Thy faith hath saved thee."

Glory be to the Father,
and to the Son,
and to the Holy Spirit.

When I realize my many wicked deeds,
the thought of that awesome Judgment
fills my heart;
trembling takes hold of me,
and I take refuge in You, O God,
'O Lover of mankind'
So do not turn away Your face from me;
I entreat You,
who alone is without sin.
Grant humbleness to my poor soul
before the end comes,
and save me,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

O Heavenly King,
my Comforter,
the Spirit of truth
who is present in all places,
filling heaven and earth;
the treasury of all good things
and the Giver of Life,
graciously come,
and dwell in me
and purify me
from all defilement,
'O my merciful Good One'
and save my soul.

Glory be to the Father,
and to the Son,
and to the Holy Spirit.

Just as You were with Your disciples,
'O my Saviour'
and gave them Your peace,
graciously also come
and be with me,
and grant me Your peace,
and save me,
and deliver my soul,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

Whenever I stand in Your Holy Presence,
I am esteemed as standing in heaven.
O my Saviour,
You are the gate of heaven,
open for me the gate of mercy.

~

Lord, hear me
and have mercy on me,
and forgive me of all my sins,
Amen.

Lord have mercy,
Christ have mercy,
Lord have mercy.

Thrice Radiant Godhead

Holy, Holy, Holy,
Lord of hosts.
Heaven and earth
are full of the Majesty of Your glory.
Have mercy on me,
O God, the Father Almighty.
O Holy Trinity,
have mercy on me.
O Lord, God of hosts,
be with me;
For I have no other Helper or Comforter
in my hardships and tribulations
but You.
Loose,
forgive,
and pardon, O God,
my transgressions;
those which I have committed willingly,
and those I have committed unwillingly,
those which I have committed knowingly,
and those I have committed unknowingly,
both hidden and revealed.
O Lord, forgive me
for the sake of Your Holy name,
which I call upon.
Let it be according to Your mercy, O Lord,
and not according to my sins.

Leaving this Holy Hour

Have mercy on me, O God,
and have mercy on me,
who at all times
and in every hour,
in heaven and on earth,
is worshipped,
adored
and glorified;
Christ my God,
the good
and longsuffering,
abundant in mercy
and great in compassion,
who loves the righteous
and has mercy on the sinner,
of whom I am chief;
who does not wish the death of the sinner,
but rather that he returns and lives,
who calls all to salvation
for the promise of the blessings to come.

Receive, O Lord,
my prayers in this hour,
and in every hour;
Prosper my way,
and guide my life
toward Your commandments.
Sanctify my soul,
and cleanse my body,
Conduct my thoughts,
and purify my intentions,
Heal my diseases,
and forgive me
of all my sins.

Deliver me
from every evil affliction
and distress of heart.
Surround me with Your Holy angels, that,
by their encampment
I may be guarded and guided,
and attain the unity of faith,
and the knowledge of Your imperceptible,
unapproachable
and infinite glory.

For You are blessed for ever,
Amen.

TWELVE
AT
MIDNIGHT

with
my Beloved

The Third watch of this Holy Hour

PSALM 130

OUT of the depths
have I cried unto thee, O LORD.
Lord, hear my voice:
let thine ears be attentive
to the voice of my supplications.
If thou, LORD, shouldest mark iniquities,
O Lord, who shall stand?
But there is forgiveness with thee,
that thou mayest be feared.

I wait for the LORD, my soul doth wait,
and in his word do I hope.
My soul waiteth for the Lord
more than they that watch for the morning:
I say,
more than they that watch for the morning.

Let Israel hope in the LORD:
for with the LORD there is mercy,
and with him is plenteous redemption.
And he shall redeem Israel
from all his iniquities.

ALLELUIA.

PSALM 131

LORD, my heart is not haughty,
nor mine eyes lofty:
neither do I exercise myself in great matters,
or in things too high for me.
Surely I have behaved and quieted myself,
as a child that is weaned of his mother:
my soul is even as a weaned child.
Let Israel hope in the LORD
from henceforth and for ever.

ALLELUIA.

PSALM 132

LORD, remember David, and all his afflictions:
How he swore unto the LORD,
and vowed unto the mighty God of Jacob;
Surely I will not come
into the tabernacle of my house,
nor go up into my bed;
I will not give sleep to mine eyes,
or slumber to mine eyelids,
Until I find out a place for the LORD,
an habitation for the mighty God of Jacob.

Lo, we heard of it at Ephratah:
we found it in the fields of the wood.
We will go into his tabernacles:
we will worship at his footstool.
Arise, O LORD, into thy rest;
thou, and the ark of thy strength.
Let thy priests be clothed with righteousness;
and let thy saints shout for joy.
For thy servant David's sake
turn not away the face of thine anointed.
The LORD hath sworn in truth unto David;
he will not turn from it;
Of the fruit of thy body
will I set upon thy throne.
If thy children will keep my covenant
and my testimony that I shall teach them,
their children shall also sit upon thy throne
for evermore.
For the LORD hath chosen Zion;
he hath desired it for his habitation.
This is my rest for ever:
here will I dwell; for I have desired it.
I will abundantly bless her provision:
I will satisfy her poor with bread.
I will also clothe her priests with salvation:
and her saints shall shout aloud for joy.
There will I make the horn of David to bud:
I have ordained a lamp for mine anointed.
His enemies will I clothe with shame:
but upon himself shall his crown flourish.

ALLELUIA.

PSALM 133

BEHOLD, how good and how pleasant it is
for brethren to dwell together in unity!
It is like the precious ointment upon the head,
that ran down upon the beard,
even Aaron's beard:
that went down to the skirts of his garments;
As the dew of Hermon,
and as the dew
that descended upon the mountains of Zion:
for there the LORD commanded the blessing,
even life for evermore.

ALLELUIA.

PSALM 134

BEHOLD, bless ye the LORD,
all ye servants of the LORD,
which by night stand in the house of the LORD.
Lift up your hands in the sanctuary,
and bless the LORD.
The LORD that made heaven and earth
bless thee out of Zion.

ALLELUIA.

PSALM 137

BY the rivers of Babylon, there we sat down,
yea, we wept, when we remembered Zion.
We hanged our harps upon the willows
in the midst thereof.

For there they that carried us away captive
required of us a song;
and they that wasted us required of us mirth,
saying, Sing us one of the songs of Zion.

How shall we sing the LORD's song
in a strange land?
If I forget thee, O Jerusalem,
let my right hand forget her cunning.
If I do not remember thee,
let my tongue cleave to the roof of my mouth;
if I prefer not Jerusalem above my chief joy.

Remember, O LORD, the children of Edom
in the day of Jerusalem;
who said, Rase it, rase it,
even to the foundation thereof.
O daughter of Babylon,
who art to be destroyed;
happy shall he be,
that rewardeth thee as thou hast served us.
Happy shall he be,
that taketh and dasheth thy little ones
against the stones.

ALLELUIA.

PSALM 138

I WILL praise thee with my whole heart:
before the gods will I sing praise unto thee.
I will worship toward thy holy temple,
and praise thy name
for thy lovingkindness and for thy truth:
for thou hast magnified thy word
above all thy name.

In the day when I cried thou answeredst me,
and strengthenedst me
with strength in my soul.

All the kings of the earth shall praise thee,
O LORD,
when they hear the words of thy mouth.
Yea, they shall sing in the ways of the LORD:
for great is the glory of the LORD.
Though the LORD be high,
yet hath he respect unto the lowly:
but the proud he knoweth afar off.

Though I walk in the midst of trouble,
thou wilt revive me:
thou shalt stretch forth thine hand
against the wrath of mine enemies,
and thy right hand shall save me.
The LORD will perfect
that which concerneth me:
thy mercy, O LORD,
endureth for ever:
forsake not the works of thine own hands.

ALLELUIA.

PSALM 141

LORD, I cry unto thee: make haste unto me;
give ear unto my voice, when I cry unto thee.

Let my prayer
be set forth before thee as incense;
and the lifting up of my hands
as the evening sacrifice.

Set a watch, O LORD, before my mouth;
keep the door of my lips.
Incline not my heart to any evil thing,
to practise wicked works
with men that work iniquity:
and let me not eat of their dainties.

Let the righteous smite me;
it shall be a kindness:
and let him reprove me;
it shall be an excellent oil,
which shall not break my head:
for yet my prayer also
shall be in their calamities.

When their judges
are overthrown in stony places,
they shall hear my words; for they are sweet.
Our bones are scattered at the grave's mouth,
as when one cutteth
and cleaveth wood upon the earth.

But mine eyes are unto thee, O GOD the Lord:
in thee is my trust; leave not my soul destitute.
Keep me from the snares
which they have laid for me,
and the gins of the workers of iniquity.
Let the wicked fall into their own nets,
whilst that I withal escape.

ALLELUIA.

PSALM 142

I CRIED unto the LORD with my voice;
with my voice unto the LORD
did I make my supplication.
I poured out my complaint before him;
I shewed before him my trouble.

When my spirit was overwhelmed within me, then
thou knewest my path.
In the way wherein I walked
have they privily laid a snare for me.
I looked on my right hand, and beheld,
but there was no man that would know me: refuge
failed me;
no man cared for my soul.
I cried unto thee, O LORD: I said,
Thou art my refuge
and my portion in the land of the living.
Attend unto my cry; for I am brought very low:
deliver me from my persecutors;
for they are stronger than I.
Bring my soul out of prison,
that I may praise thy name:
the righteous shall compass me about;
for thou shalt deal bountifully with me.

ALLELUIA.

PSALM 146

PRAISE ye the LORD.
Praise the LORD, O my soul.
While I live will I praise the LORD:
I will sing praises unto my God
while I have any being.

Put not your trust in princes,
nor in the son of man,
in whom there is no help.
His breath goeth forth,
he returneth to his earth;
in that very day his thoughts perish.

Happy is he
that hath the God of Jacob for his help,
whose hope is in the LORD his God:
Which made heaven, and earth, the sea,
and all that therein is:
which keepeth truth for ever:
Which executeth judgment for the oppressed:
which giveth food to the hungry.
The LORD looseth the prisoners:
The LORD openeth the eyes of the blind:
the LORD raiseth them that are bowed down:
the LORD loveth the righteous:
The LORD preserveth the strangers;
he relieveth the fatherless and widow:
but the way of the wicked
he turneth upside down.
The LORD shall reign for ever,
even thy God, O Zion,
unto all generations.

Praise ye the LORD.

ALLELUIA.

PSALM 147 (1)

PRAISE ye the LORD:
for it is good to sing praises unto our God;
for it is pleasant; and praise is comely.

The LORD doth build up Jerusalem:
he gathereth together the outcasts of Israel.

He healeth the broken in heart,
and bindeth up their wounds.

He telleth the number of the stars;
he calleth them all by their names.

Great is our Lord, and of great power:
his understanding is infinite.

The LORD lifteth up the meek:
he casteth the wicked down to the ground.

Sing unto the LORD with thanksgiving;
sing praise upon the harp unto our God:

Who covereth the heaven with clouds,
who prepareth rain for the earth,
who maketh grass to grow
upon the mountains.

He giveth to the beast his food,
and to the young ravens which cry.

He delighteth not in the strength of the horse:
he taketh not pleasure in the legs of a man.
The LORD taketh pleasure in them that fear him,
in those that hope in his mercy.

ALLELUIA.

PSALM 147 (2)

Praise the LORD, O Jerusalem;
praise thy God, O Zion.

For he hath strengthened the bars of thy gates;
he hath blessed thy children within thee.

He maketh peace in thy borders,
and filleth thee with the finest of the wheat.

He sendeth forth
his commandment upon earth:
his word runneth very swiftly.

He giveth snow like wool:
he scattereth the hoarfrost like ashes.

He casteth forth his ice like morsels:
who can stand before his cold?

He sendeth out his word, and melteth them:
he causeth his wind to blow,
and the waters flow.

He sheweth his word unto Jacob,
his statutes and his judgments unto Israel.

He hath not dealt so with any nation:
and as for his judgments,
they have not known them.

Praise ye the LORD.

ALLELUIA.

*The Holy Gospel according to
St. Luke*

Glory be to God,
Holy, Holy, Holy,
Amen.

Fear not, little flock;
for it is your Father's good pleasure
to give you the kingdom.
Sell that ye have,
and give alms;
provide yourselves bags which wax not old,
a treasure in the heavens that faileth not,
where no thief approacheth,
neither moth corrupteth.
For where your treasure is,
there will your heart be also.
Let your loins be girded about,
and your lights burning;
And ye yourselves like unto men
that wait for their lord,
when he will return from the wedding;
that when he cometh and knocketh,
they may open unto him immediately.
Blessed are those servants,
whom the lord when he cometh
shall find watching:
verily I say unto you,
that he shall gird himself,
and make them to sit down to meat,
and will come forth and serve them.
And if he shall come in the second watch,
or come in the third watch,
and find them so,

blessed are those servants.
And this know,
that if the goodman of the house
had known what hour the thief would come,
he would have watched,
and not have suffered his house
to be broken through.
Be ye therefore ready also:
for the Son of man cometh at an hour
when ye think not.

Then Peter said unto him,
Lord, speakest thou this parable unto us,
or even to all?
And the Lord said,
Who then is that faithful and wise steward, whom
his lord shall make ruler
over his household,
to give them their portion of meat
in due season?
Blessed is that servant,
whom his lord when he cometh
shall find so doing.
Of a truth I say unto you,
that he will make him ruler
over all that he hath.
But and if that servant say in his heart,
My lord delayeth his coming;
and shall begin to beat
the menservants and maidens,
and to eat and drink,
and to be drunken;

The lord of that servant will come in a day when he
looketh not for him,
and at an hour when he is not aware,
and will cut him in sunder,
and will appoint him his portion
with the unbelievers.

May the word of God be fulfilled in peace.

Glory be to God for ever,
Amen.

~

I worship and adore You,
'O Christ my Beloved'
together with Your Father
and the Holy Spirit,
for You have come
and saved me.

With eyes full of compassion, O my Beloved,
look upon my weakness,
for shortly my life will end;
and in my deeds
I shall have no salvation.
Therefore,
I beseech You, O Lord,
with merciful eyes
look upon my weakness,
my humility,
my poverty
and my sojourn,
and save me.

Glory be to the Father,
and to the Son,
and to the Holy Spirit.

As the Judge is present,
take heed, O my soul,
awake and consider
that awesome Hour;
for, in the day of judgment,
there will be no mercy
on those who have shown no mercy.

Therefore,
have compassion on me, O my Saviour,
for You alone
are the Lover of mankind,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

O Heavenly King,
my Comforter,
the Spirit of truth
who is present in all places,
filling heaven and earth;
the treasury of all good things
and the Giver of Life,
graciously come,
and dwell in me
and purify me
from all defilement,
'O my merciful Good One'
and save my soul.

Glory be to the Father,
and to the Son,
and to the Holy Spirit.

Just as You were with Your disciples,
‘O my Saviour’
and gave them Your peace,
graciously also come
and be with me,
and grant me Your peace,
and save me,
and deliver my soul,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

Whenever I stand in Your Holy Presence,
I am esteemed as standing in heaven.
O my Saviour,
You are the gate of heaven,
open for me the gate of mercy.

Lord, hear me
and have mercy on me,
and forgive me of all my sins,
Amen.

Lord have mercy,
Christ have mercy,
Lord have mercy.

*The Holy Gospel according to
St. Luke*

Glory be to God,
Holy, Holy, Holy,
Amen.

Lord, now lettest thou thy servant
depart in peace,
according to thy word:
For mine eyes have seen thy salvation,
Which thou hast prepared
before the face of all people;
A light to lighten the Gentiles,
and the glory of thy people Israel.

May the word of God be fulfilled in peace.

Glory be to God for ever,
Amen.

My Faith

I believe in one God,
the Father Almighty,
Maker of heaven and earth,
and of all things visible and invisible.

And in one Lord Jesus Christ,
the Only-Begotten Son of God,
Begotten of the Father before all worlds;
God of God,
Light of Light,
very God of very God;

Begotten, not made,
being of one substance with the Father,
by whom all things were made.

Who, for us men and for our salvation,
came down from heaven,
and was incarnate by the Holy Spirit
of the Virgin Mary,
and was made man;
and was crucified also for me
under Pontius Pilate;
He suffered and was buried;
and the third day He rose again,
according to the Scriptures;
and ascended into heaven,
and sits on the right hand of the Father;
and He shall come again, with glory,
to judge both the living and the dead;
whose kingdom shall have no end.

And I believe in the Holy Spirit,
the Lord and Giver of Life;
who proceeds from the Father and the Son;
who with the Father and the Son together
is worshipped, adored and glorified;
who spoke in the prophets.

And I believe in one Holy universal
and apostolic Church.
I acknowledge one baptism
for the remission of sins;
and I look for the resurrection of the dead,
and the life of the world to come.
Amen.

~

Lord, hear me
and have mercy on me,
and forgive me of all my sins,
Amen.

Lord have mercy,
Christ have mercy,
Lord have mercy.

Thrice Radiant Godhead

Holy, Holy, Holy,
Lord of hosts.
Heaven and earth
are full of the Majesty of Your glory.
Have mercy on me,
O God, the Father Almighty.
O Holy Trinity,
have mercy on me.
O Lord, God of hosts,
be with me;
For I have no other Helper or Comforter
in my hardships and tribulations
but You.
Loose,
forgive,
and pardon, O God,
my transgressions;
those which I have committed willingly,
and those I have committed unwillingly,
those which I have committed knowingly,
and those I have committed unknowingly,
both hidden and revealed.

O Lord, forgive me
for the sake of Your Holy name,
which I call upon.

Let it be according to Your mercy, O Lord,
and not according to my sins.

Absolution

O Lord and Master,
Jesus Christ,
the Living and Eternal Son of God,
enlighten my mind
to understand Your Life-giving words.
Raise me up from the darkness of sin
which ruins my soul.
Make me worthy to become upright
in good deeds.
And at the time of Your coming
to judge the world,
make me worthy of hearing that voice,
full of joy, saying,
"Come,
ye blessed of my Father,
inherit the Kingdom prepared for you
from the foundation of the world."
Yes, Lord,
grant me in that Hour
to be without fear,
anxiety or condemnation;
and do not judge me
according to my iniquities.
For You alone are compassionate,
longsuffering
and exceedingly merciful.

Leaving this Holy Hour

Have mercy on me, O God,
and have mercy on me,
who at all times
and in every hour,
in heaven and on earth,
is worshipped,
adored
and glorified;
Christ my God,
the good
and longsuffering,
abundant in mercy
and great in compassion,
who loves the righteous
and has mercy on the sinner,
of whom I am chief;
who does not wish the death of the sinner,
but rather that he returns and lives,
who calls all to salvation
for the promise of the blessings to come.

Receive, O Lord,
my prayers in this hour,
and in every hour;
Prosper my way,
and guide my life
toward Your commandments.

Sanctify my soul,
and cleanse my body,
Conduct my thoughts,
and purify my intentions,
Heal my diseases,
and forgive me
of all my sins.

Deliver me
from every evil affliction
and distress of heart.
Surround me with Your Holy angels, that,
by their encampment
I may be guarded and guided,
and attain the unity of faith,
and the knowledge of Your imperceptible,
unapproachable
and infinite glory.

For You are blessed for ever,
Amen.

WITHIN
THE VEIL

with
my Beloved

Entrance into this Holy Hour

In the name of the Father,
and of the Son,
and of the Holy Spirit,
one God,
Amen.

On You do I wait all the day,
Lord have mercy,
O my Beloved have mercy,
Lord bless me,
Amen.

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

The Lord's Prayer

Make me worthy, O Lord,
to pray with all thanksgiving.

My Father who art in heaven,
Hallowed be Thy name,
Thy Kingdom come,
Thy will be done, on earth as it is in heaven.
Give me this day my daily bread;
And forgive me my trespasses,
as I forgive those who trespass against me;
And lead me not into temptation,
but deliver me from the evil one;
For Thine is the Kingdom,
Thine is the Power,
Thine the Glory,
for ever,
Amen.

In Christ Jesus my Lord,
Amen.

The Prayer of Thanksgiving

I will give thanks to the beneficent
and merciful God,
the Father of my Lord,
God and Saviour, Jesus Christ,
for He has covered me,
helped me,
guarded me,
and accepted me unto Himself,
spared me,
supported me,
and brought me to this hour.

I will also ask Him,
the Lord my God,
the Almighty,
to guard me in all peace this holy day,
and all the days of my life.

O Master,
Lord,
God Almighty,
the Father of my Lord,
God and Saviour, Jesus Christ,
I thank You for every condition,
concerning every condition,
and in every condition
You have covered me,
helped me,
guarded me,
and accepted me unto Yourself,
spared me,
supported me,
and brought me to this hour.

Therefore,
my Beloved,
I ask and entreat
Your goodness,
'O Lover of mankind'
to grant me to complete this holy day,
and all the days of my life,
in all peace with Your fear.
All envy,
all temptation,
and all the work of Satan,
the counsel of wicked men,

and the rising up of enemies,
both hidden and revealed,
take them away from me,
and from all Your people,
and from every holy place
that is Yours.

But those things which are
good and profitable,
do provide for me;
for it is You
who has given me the authority
to tread on serpents and scorpions,
and upon all the power of the enemy.

And lead me not into temptation,
but deliver me from the evil one,
through your love of mankind,
by the grace and compassion
of Your Only-Begotten Son,
my Lord,
God and Saviour, Jesus Christ,
my Beloved,
through whom
the glory,
the honour,
the dominion,
the worship and adoration
are due unto You,
with Him,
and the Holy Spirit
-the Giver of Life,
who is of one essence with You,

now and at all times,
and from everlasting generations
unto generations everlasting,
Amen.

PSALM 51

HAVE mercy upon me, O God,
according to thy lovingkindness:
according unto the multitude
of thy tender mercies
blot out my transgressions.

Wash me thoroughly from mine iniquity,
and cleanse me from my sin.

For I acknowledge my transgressions:
and my sin is ever before me.

Against thee, thee only, have I sinned,
and done this evil in thy sight:
that thou mightest be justified
when thou speakest,
and be clear when thou judgest.

Behold, I was shapen in iniquity;
and in sin did my mother conceive me.

Behold, thou desirest truth in the inward parts:
and in the hidden part
thou shalt make me to know wisdom.

Purge me with hyssop, and I shall be clean:
wash me, and I shall be whiter than snow.

Make me to hear joy and gladness;
that the bones which thou hast broken
may rejoice.

Hide thy face from my sins,
and blot out all mine iniquities.

Create in me a clean heart, O God;
and renew a right spirit within me.
Cast me not away from thy presence;
and take not thy holy spirit from me.
Restore unto me the joy of thy salvation;
and uphold me with thy free spirit.
Then will I teach transgressors thy ways;
and sinners shall be converted unto thee.

Deliver me from bloodguiltiness, O God,
thou God of my salvation:
and my tongue shall sing aloud
of thy righteousness.

O Lord, open thou my lips;
and my mouth shall shew forth thy praise.
For thou desirest not sacrifice;
else would I give it:
thou delightest not in burnt offering.
The sacrifices of God are a broken spirit:
a broken and a contrite heart, O God,
thou wilt not despise.

Do good in thy good pleasure unto Zion:
build thou the walls of Jerusalem.
Then shalt thou be pleased
with the sacrifices of righteousness,
with burnt offering and whole burnt offering:
then shall they offer bullocks upon thine altar.

ALLELUIA.

These
Prayers
of this blessed
Hour, I offer unto You,
my Christ, my King, and my God,
beseeching You
to forgive me
of all
my sins.
Amen.

Holy God,
Holy Mighty,
Holy Immortal,
Have mercy on me.

PSALM 4

HEAR me when I call,
O God of my righteousness:
thou hast enlarged me when I was in distress;
have mercy upon me,
and hear my prayer.

O ye sons of men,
how long will ye turn my glory into shame?
how long will ye love vanity,
and seek after leasing?

Selah.

But know that the LORD hath set apart
him that is godly for himself:
the LORD will hear when I call unto him.

Stand in awe, and sin not:
commune with your own heart upon your bed,
and be still.

Selah.

Offer the sacrifices of righteousness,
and put your trust in the LORD.

There be many that say,
Who will shew us any good?
LORD, lift thou up the light of thy countenance
upon us.

Thou hast put gladness in my heart,
more than in the time that their corn
and their wine increased.

I will both lay me down in peace, and sleep:
for thou, LORD, only makest me dwell in safety.

ALLELUIA.

PSALM 6

O LORD, rebuke me not in thine anger,
neither chasten me in thy hot displeasure.
Have mercy upon me, O LORD; for I am weak:
O LORD, heal me; for my bones are vexed.

My soul is also sore vexed:

but thou, O LORD, how long?

Return, O LORD, deliver my soul:

oh save me for thy mercies' sake.

For in death there is no remembrance of thee:

in the grave who shall give thee thanks?

I am weary with my groaning;

all the night make I my bed to swim;

I water my couch with my tears.

Mine eye is consumed because of grief;
it waxeth old because of all mine enemies.

Depart from me, all ye workers of iniquity;

for the LORD hath heard

the voice of my weeping.

The LORD hath heard my supplication;

the LORD will receive my prayer.

Let all mine enemies be ashamed

and sore vexed:

let them return and be ashamed suddenly.

ALLELUIA.

PSALM 8

O LORD our Lord, how excellent is thy name
in all the earth!

who hast set thy glory above the heavens.

Out of the mouth of babes and sucklings
hast thou ordained strength
because of thine enemies,
that thou mightest still the enemy
and the avenger.
When I consider thy heavens,
the work of thy fingers,
the moon and the stars,
which thou hast ordained;
What is man, that thou art mindful of him?
and the son of man, that thou visitest him?
For thou hast made him
a little lower than the angels,
and hast crowned him with glory and honour.
Thou madest him to have dominion
over the works of thy hands;
thou hast put all things under his feet:
All sheep and oxen, yea,
and the beasts of the field;
The fowl of the air, and the fish of the sea,
and whatsoever passeth
through the paths of the seas.
O LORD our Lord,
how excellent is thy name in all the earth!

ALLELUIA.

PSALM 13

HOW long wilt thou forget me, O LORD?
for ever?
how long wilt thou hide thy face from me?
How long shall I take counsel in my soul,
having sorrow in my heart daily?

how long shall mine enemy
be exalted over me?
Consider and hear me, O LORD my God:
lighten mine eyes, lest I sleep the sleep of death;
Lest mine enemy say,
I have prevailed against him;
and those that trouble me rejoice
when I am moved.
But I have trusted in thy mercy;
my heart shall rejoice in thy salvation.
I will sing unto the LORD,
because he hath dealt bountifully with me.

ALLELUIA.

PSALM 16

PRESERVE me, O God:
for in thee do I put my trust.
O my soul, thou hast said unto the LORD,
Thou art my Lord:
my goodness extendeth not to thee;
But to the saints that are in the earth,
and to the excellent, in whom is all my delight.
Their sorrows shall be multiplied
that hasten after another god:
their drink offerings of blood will I not offer,
nor take up their names into my lips.
The LORD is the portion of mine inheritance
and of my cup:
thou maintainest my lot.
The lines are fallen unto me in pleasant places;
yea, I have a goodly heritage.
I will bless the LORD,
who hath given me counsel:

my reins also instruct me in the night seasons.
I have set the LORD always before me:
because he is at my right hand,
I shall not be moved.
Therefore my heart is glad,
and my glory rejoiceth:
my flesh also shall rest in hope.
For thou wilt not leave my soul in hell;
neither wilt thou suffer thine Holy One
to see corruption.
Thou wilt shew me the path of life:
in thy presence is fulness of joy;
at thy right hand there are pleasures
for evermore.

ALLELUIA.

PSALM 25

UNTO thee, O LORD, do I lift up my soul.
O my God, I trust in thee:
let me not be ashamed,
let not mine enemies triumph over me.
Yea, let none that wait on thee be ashamed:
let them be ashamed
which transgress without cause.
Shew me thy ways, O LORD;
teach me thy paths.
Lead me in thy truth, and teach me:
for thou art the God of my salvation;
on thee do I wait all the day.
Remember, O LORD,
thy tender mercies and thy lovingkindnesses;
for they have been ever of old.

Remember not the sins of my youth,
nor my transgressions:
according to thy mercy remember thou me
for thy goodness' sake, O LORD.

Good and upright is the LORD:
therefore will he teach sinners in the way.
The meek will he guide in judgment:
and the meek will he teach his way.
All the paths of the LORD are mercy and truth
unto such as keep his covenant
and his testimonies.

For thy name's sake, O LORD,
pardon mine iniquity;
for it is great.

What man is he that feareth the LORD?
him shall he teach
in the way that he shall choose.

His soul shall dwell at ease;
and his seed shall inherit the earth.

The secret of the LORD
is with them that fear him;
and he will shew them his covenant.

Mine eyes are ever toward the LORD;
for he shall pluck my feet out of the net.

Turn thee unto me, and have mercy upon me;
for I am desolate and afflicted.

The troubles of my heart are enlarged:
O bring thou me out of my distresses.
Look upon mine affliction and my pain;
and forgive all my sins.

Consider mine enemies; for they are many;
and they hate me with cruel hatred.

O keep my soul, and deliver me:

let me not be ashamed;
for I put my trust in thee.
Let integrity and uprightness preserve me;
for I wait on thee.

Redeem Israel, O God, out of all his troubles.

ALLELUIA.

PSALM 27

THE LORD is my light and my salvation;
whom shall I fear?
the LORD is the strength of my life;
of whom shall I be afraid?
When the wicked,
even mine enemies and my foes,
came upon me to eat up my flesh,
they stumbled and fell.
Though an host should encamp against me,
my heart shall not fear:
though war should rise against me,
in this will I be confident.
One thing have I desired of the LORD,
that will I seek after;
that I may dwell in the house of the LORD
all the days of my life,
to behold the beauty of the LORD,
and to inquire in his temple.
For in the time of trouble
he shall hide me in his pavilion:
in the secret of his tabernacle shall he hide me;
he shall set me up upon a rock.
And now shall mine head be lifted up
above mine enemies round about me:

therefore will I offer in his tabernacle
sacrifices of joy;
I will sing, yea,
I will sing praises unto the LORD.

Hear, O LORD, when I cry with my voice:
have mercy also upon me, and answer me.
When thou saidst, Seek ye my face;
my heart said unto thee,
Thy face, LORD, will I seek.
Hide not thy face far from me;
put not thy servant away in anger:
thou hast been my help;
leave me not, neither forsake me,
O God of my salvation.

When my father and my mother forsake me,
then the LORD will take me up.
Teach me thy way, O LORD,
and lead me in a plain path,
because of mine enemies.
Deliver me not over unto the will
of mine enemies:
for false witnesses are risen up against me,
and such as breathe out cruelty.
I had fainted, unless I had believed
to see the goodness of the LORD
in the land of the living.

Wait on the LORD:
be of good courage,
and he shall strengthen thine heart:
wait, I say, on the LORD.

ALLELUIA.

PSALM 67

GOD be merciful unto us, and bless us;
and cause his face to shine upon us;

Selah.

That thy way may be known upon earth,
thy saving health among all nations.

Let the people praise thee, O God;
let all the people praise thee.

O let the nations be glad and sing for joy:
for thou shalt judge the people righteously,
and govern the nations upon earth.

Selah.

Let the people praise thee, O God;
let all the people praise thee.

Then shall the earth yield her increase;
and God, even our own God,
shall bless us.
God shall bless us;
and all the ends of the earth shall fear him.

ALLELUIA.

PSALM 70

MAKE haste, O God, to deliver me;
make haste to help me, O LORD.
Let them be ashamed and confounded
that seek after my soul:
let them be turned backward,
and put to confusion,
that desire my hurt.
Let them be turned back
for a reward of their shame that say,
Aha, aha.

Let all those that seek thee rejoice
and be glad in thee:
and let such as love thy salvation
say continually,
Let God be magnified.

But I am poor and needy:
make haste unto me, O God:
thou art my help and my deliverer;
O LORD, make no tarrying.

ALLELUIA.

PSALM 23

THE LORD is my shepherd; I shall not want.
He maketh me to lie down in green pastures:
he leadeth me beside the still waters.
He restoreth my soul:
he leadeth me in the paths of righteousness
for his name's sake.
Yea, though I walk through
the valley of the shadow of death,
I will fear no evil: for thou art with me;
thy rod and thy staff they comfort me.
Thou preparest a table before me
in the presence of mine enemies:
thou anointest my head with oil;
my cup runneth over.
Surely goodness and mercy shall follow me
all the days of my life:
and I will dwell
in the house of the LORD
for ever.

ALLELUIA.

PSALM 30

I WILL extol thee, O LORD;
for thou hast lifted me up,
and hast not made my foes to rejoice over me.

O LORD my God, I cried unto thee,
and thou hast healed me.

O LORD, thou hast brought up my soul
from the grave:
thou hast kept me alive,
that I should not go down to the pit.

Sing unto the LORD, O ye saints of his,
and give thanks
at the remembrance of his holiness.

For his anger endureth but a moment;
in his favour is life:
weeping may endure for a night,
but joy cometh in the morning.

And in my prosperity I said,
I shall never be moved.

LORD, by thy favour thou hast made my mountain
to stand strong:
thou didst hide thy face, and I was troubled.

I cried to thee, O LORD;
and unto the LORD I made supplication.

What profit is there in my blood,
when I go down to the pit?
Shall the dust praise thee?
shall it declare thy truth?

Hear, O LORD, and have mercy upon me:
LORD, be thou my helper.

Thou hast turned for me
my mourning into dancing:
thou hast put off my sackcloth,

and girded me with gladness;
To the end
that my glory may sing praise to thee,
and not be silent. O LORD my God,
I will give thanks unto thee
for ever.

ALLELUIA.

PSALM 43

JUDGE me, O God, and plead my cause
against an ungodly nation:
O deliver me
from the deceitful and unjust man.
For thou art the God of my strength:
why dost thou cast me off?
why go I mourning
because of the oppression of the enemy?
O send out thy light and thy truth:
let them lead me;
let them bring me unto thy holy hill,
and to thy tabernacles.
Then will I go unto the altar of God,
unto God my exceeding joy:
yea, upon the harp will I praise thee,
O God my God.

Why art thou cast down, O my soul?
and why art thou disquieted within me?
hope in God: for I shall yet praise him,
who is the health of my countenance,
and my God.

ALLELUIA.

PSALM 57

BE merciful unto me, O God,
be merciful unto me:
for my soul trusteth in thee:
yea, in the shadow of thy wings
will I make my refuge,
until these calamities be overpast.
I will cry unto God most high;
unto God that performeth all things for me.
He shall send from heaven, and save me
from the reproach of him
that would swallow me up.
Selah.

God shall send forth his mercy and his truth.

My soul is among lions:
and I lie even among them that are set on fire,
even the sons of men,
whose teeth are spears and arrows,
and their tongue a sharp sword.
Be thou exalted, O God, above the heavens;
let thy glory be above all the earth.
They have prepared a net for my steps;
my soul is bowed down:
they have digged a pit before me,
into the midst whereof
they are fallen themselves.
Selah.

My heart is fixed, O God, my heart is fixed:
I will sing and give praise.
Awake up, my glory;
awake, psaltery and harp:
I myself will awake early.

I will praise thee, O Lord, among the people:
I will sing unto thee among the nations.
For thy mercy is great unto the heavens,
and thy truth unto the clouds.
Be thou exalted, O God, above the heavens:
let thy glory be above all the earth.

ALLELUIA.

PSALM 86

BOW down thine ear, O LORD, hear me:
for I am poor and needy.
Preserve my soul; for I am holy:
O thou my God,
save thy servant that trusteth in thee.
Be merciful unto me, O Lord:
for I cry unto thee daily.
Rejoice the soul of thy servant:
for unto thee, O Lord, do I lift up my soul.
For thou, Lord, art good, and ready to forgive;
and plenteous in mercy
unto all them that call upon thee.
Give ear, O LORD, unto my prayer;
and attend to the voice of my supplications.
In the day of my trouble I will call upon thee:
for thou wilt answer me.

Among the gods
there is none like unto thee, O Lord;
neither are there any works
like unto thy works.
All nations whom thou hast made
shall come and worship before thee, O Lord;
and shall glorify thy name.

For thou art great, and doest wondrous things:
thou art God alone.

Teach me thy way, O LORD;
I will walk in thy truth:
unite my heart to fear thy name.
I will praise thee, O Lord my God,
with all my heart:
and I will glorify thy name for evermore.
For great is thy mercy toward me:
and thou hast delivered my soul
from the lowest hell.

O God, the proud are risen against me,
and the assemblies of violent men
have sought after my soul;
and have not set thee before them.
But thou, O Lord, art a God full of compassion, and
gracious, longsuffering,
and plenteous in mercy and truth.
O turn unto me, and have mercy upon me;
give thy strength unto thy servant,
and save the son of thine handmaid.
Shew me a token for good;
that they which hate me may see it,
and be ashamed:
because thou, LORD,
hast holpen me, and comforted me.

ALLELUIA.

PSALM 91

HE that dwelleth
in the secret place of the most High
shall abide under the shadow
of the Almighty.

I will say of the LORD,
He is my refuge and my fortress:
my God; in him will I trust.
Surely he shall deliver thee
from the snare of the fowler,
and from the noisome pestilence.
He shall cover thee with his feathers,
and under his wings shalt thou trust:
his truth shall be thy shield and buckler.
Thou shalt not be afraid for the terror by night;
nor for the arrow that flieth by day;
Nor for the pestilence that walketh in darkness;
nor for the destruction that wasteth at noonday.
A thousand shall fall at thy side,
and ten thousand at thy right hand;
but it shall not come nigh thee.

Only with thine eyes shalt thou behold
and see the reward of the wicked.
Because thou hast made the LORD,
which is my refuge,
even the most High, thy habitation;
There shall no evil befall thee,
neither shall any plague
come nigh thy dwelling.
For he shall give his angels charge over thee,
to keep thee in all thy ways.
They shall bear thee up in their hands,
lest thou dash thy foot against a stone.

Thou shalt tread upon the lion and adder:
the young lion and the dragon
shalt thou trample under feet.

Because he hath set his love upon me,
therefore will I deliver him:
I will set him on high,
because he hath known my name.
He shall call upon me, and I will answer him:
I will be with him in trouble;
I will deliver him, and honour him.
With long life will I satisfy him,
and shew him my salvation.

ALLELUIA.

PSALM 97

THE LORD reigneth; let the earth rejoice;
let the multitude of isles be glad thereof.
Clouds and darkness are round about him:
righteousness and judgment
are the habitation of his throne.
A fire goeth before him,
and burneth up his enemies round about.
His lightnings enlightened the world:
the earth saw, and trembled.
The hills melted like wax
at the presence of the LORD,
at the presence of the Lord of the whole earth.
The heavens declare his righteousness,
and all the people see his glory.

Confounded be all they
that serve graven images,
that boast themselves of idols:
worship him, all ye gods.

Zion heard, and was glad;
and the daughters of Judah rejoiced
because of thy judgments, O LORD.
For thou, LORD, art high above all the earth:
thou art exalted far above all gods.

Ye that love the LORD, hate evil:
he preserveth the souls of his saints;
he delivereth them
out of the hand of the wicked.
Light is sown for the righteous,
and gladness for the upright in heart.
Rejoice in the LORD, ye righteous;
and give thanks
at the remembrance of his holiness.

ALLELUIA.

PSALM 110

THE LORD said unto my Lord,
Sit thou at my right hand,
until I make thine enemies thy footstool.
The LORD shall send
the rod of thy strength out of Zion:
rule thou in the midst of thine enemies.
Thy people shall be willing
in the day of thy power,
in the beauties of holiness
from the womb of the morning:
thou hast the dew of thy youth.

The LORD hath sworn, and will not repent,
Thou art a priest for ever
after the order of Melchizedek.
The Lord at thy right hand
shall strike through kings
in the day of his wrath.
He shall judge among the heathen,
he shall fill the places with the dead bodies;
he shall wound the heads over many countries.
He shall drink of the brook in the way:
therefore shall he lift up the head.

ALLELUIA.

PSALM 116 (1)

I LOVE the LORD,
because he hath heard my voice
and my supplications.
Because he hath inclined his ear unto me,
therefore will I call upon him as long as I live.
The sorrows of death compassed me,
and the pains of hell gat hold upon me:
I found trouble and sorrow.
Then called I upon the name of the LORD;
O LORD, I beseech thee, deliver my soul.
Gracious is the LORD, and righteous;
yea, our God is merciful.
The LORD preserveth the simple:
I was brought low, and he helped me.
Return unto thy rest, O my soul;
for the LORD hath dealt bountifully with thee.
For thou hast delivered my soul from death,
mine eyes from tears, and my feet from falling.

I will walk before the LORD
in the land of the living.

ALLELUIA.

PSALM 116 (2)

I believed, therefore have I spoken:

I was greatly afflicted:

I said in my haste, All men are liars.

What shall I render unto the LORD
for all his benefits toward me?

I will take the cup of salvation,
and call upon the name of the LORD.

I will pay my vows unto the LORD
now in the presence of all his people.

Precious in the sight of the LORD
is the death of his saints.

O LORD, truly I am thy servant;

I am thy servant,

and the son of thine handmaid:

thou hast loosed my bonds.

I will offer to thee the sacrifice of thanksgiving,
and will call upon the name of the LORD.

I will pay my vows unto the LORD
now in the presence of all his people,

In the courts of the LORD's house,
in the midst of thee, O Jerusalem.

Praise ye the LORD.

ALLELUIA.

PSALM 121

I WILL lift up mine eyes unto the hills,
from whence cometh my help.
My help cometh from the LORD,
which made heaven and earth.
He will not suffer thy foot to be moved:
he that keepeth thee will not slumber.
Behold, he that keepeth Israel
shall neither slumber nor sleep.

The LORD is thy keeper:
the LORD is thy shade upon thy right hand.
The sun shall not smite thee by day,
nor the moon by night.
The LORD shall preserve thee from all evil:
he shall preserve thy soul.
The LORD shall preserve thy going out
and thy coming in
from this time forth,
and even for evermore.

ALLELUIA.

PSALM 129

MANY a time have they afflicted me
from my youth,
may Israel now say:
Many a time have they afflicted me
from my youth:
yet they have not prevailed against me.
The plowers plowed upon my back:
they made long their furrows.
The LORD is righteous:
he hath cut asunder the cords of the wicked.

Let them all be confounded
and turned back that hate Zion.
Let them be as the grass upon the housetops,
which withereth afore it groweth up:
Wherewith the mower filleth not his hand;
nor he that bindeth sheaves his bosom.
Neither do they which go by say,
The blessing of the LORD be upon you:
we bless you in the name of the LORD.

ALLELUIA.

PSALM 130

OUT of the depths
have I cried unto thee, O LORD.
Lord, hear my voice:
let thine ears be attentive
to the voice of my supplications.
If thou, LORD, shouldest mark iniquities,
O Lord, who shall stand?
But there is forgiveness with thee,
that thou mayest be feared.
I wait for the LORD, my soul doth wait,
and in his word do I hope.
My soul waiteth for the Lord
more than they that watch for the morning:
I say,
more than they that watch for the morning.
Let Israel hope in the LORD:
for with the LORD there is mercy,
and with him is plenteous redemption.

And he shall redeem Israel
from all his iniquities.

ALLELUIA.

PSALM 131

LORD, my heart is not haughty,
nor mine eyes lofty:
neither do I exercise myself in great matters,
or in things too high for me.
Surely I have behaved and quieted myself,
as a child that is weaned of his mother:
my soul is even as a weaned child.
Let Israel hope in the LORD
from henceforth and for ever.

ALLELUIA.

PSALM 132

LORD, remember David, and all his afflictions:
How he sware unto the LORD,
and vowed unto the mighty God of Jacob;
Surely I will not come
into the tabernacle of my house,
nor go up into my bed;
I will not give sleep to mine eyes,
or slumber to mine eyelids,
Until I find out a place for the LORD,
an habitation for the mighty God of Jacob.

Lo, we heard of it at Ephratah:
we found it in the fields of the wood.

We will go into his tabernacles:
we will worship at his footstool.
Arise, O LORD, into thy rest;
thou, and the ark of thy strength.
Let thy priests be clothed with righteousness;
and let thy saints shout for joy.
For thy servant David's sake
turn not away the face of thine anointed.

The LORD hath sworn in truth unto David;
he will not turn from it;
Of the fruit of thy body
will I set upon thy throne.

If thy children will keep my covenant
and my testimony that I shall teach them,
their children shall also sit upon thy throne
for evermore.

For the LORD hath chosen Zion;
he hath desired it for his habitation.

This is my rest for ever:
here will I dwell; for I have desired it.
I will abundantly bless her provision:
I will satisfy her poor with bread.
I will also clothe her priests with salvation:
and her saints shall shout aloud for joy.
There will I make the horn of David to bud:
I have ordained a lamp for mine anointed.
His enemies will I clothe with shame:
but upon himself shall his crown flourish.

ALLELUIA.

PSALM 133

BEHOLD, how good and how pleasant it is
for brethren to dwell together in unity!
It is like the precious ointment upon the head,
that ran down upon the beard,
even Aaron's beard:
that went down to the skirts of his garments;
As the dew of Hermon,
and as the dew
that descended upon the mountains of Zion:
for there the LORD commanded the blessing,
even life for evermore.

ALLELUIA.

PSALM 134

BEHOLD, bless ye the LORD,
all ye servants of the LORD,
which by night stand in the house of the LORD.
Lift up your hands in the sanctuary,
and bless the LORD.
The LORD that made heaven and earth
bless thee out of Zion.

ALLELUIA.

PSALM 137

BY the rivers of Babylon, there we sat down,
yea, we wept, when we remembered Zion.
We hanged our harps upon the willows
in the midst thereof.

For there they that carried us away captive
required of us a song;
and they that wasted us required of us mirth,
saying, Sing us one of the songs of Zion.

How shall we sing the LORD's song
in a strange land?
If I forget thee, O Jerusalem,
let my right hand forget her cunning.
If I do not remember thee,
let my tongue cleave to the roof of my mouth;
if I prefer not Jerusalem above my chief joy.

Remember, O LORD, the children of Edom
in the day of Jerusalem;
who said, Rase it, rase it,
even to the foundation thereof.
O daughter of Babylon,
who art to be destroyed;
happy shall he be,
that rewardeth thee as thou hast served us.
Happy shall he be,
that taketh and dasheth thy little ones
against the stones.

ALLELUIA.

PSALM 141

LORD, I cry unto thee: make haste unto me;
give ear unto my voice, when I cry unto thee.

Let my prayer
be set forth before thee as incense;
and the lifting up of my hands
as the evening sacrifice.

Set a watch, O LORD, before my mouth;
keep the door of my lips.
Incline not my heart to any evil thing,
to practise wicked works
with men that work iniquity:
and let me not eat of their dainties.

Let the righteous smite me;
it shall be a kindness:
and let him reprove me;
it shall be an excellent oil,
which shall not break my head:
for yet my prayer also
shall be in their calamities.

When their judges
are overthrown in stony places,
they shall hear my words; for they are sweet.
Our bones are scattered at the grave's mouth,
as when one cutteth
and cleaveth wood upon the earth.

But mine eyes are unto thee, O GOD the Lord:
in thee is my trust; leave not my soul destitute.
Keep me from the snares
which they have laid for me,
and the gins of the workers of iniquity.
Let the wicked fall into their own nets,
whilst that I withal escape.

ALLELUIA.

PSALM 146

PRAISE ye the LORD.

Praise the LORD, O my soul.

While I live will I praise the LORD:

I will sing praises unto my God
while I have any being.

Put not your trust in princes,

nor in the son of man,

in whom there is no help.

His breath goeth forth,

he returneth to his earth;

in that very day his thoughts perish.

Happy is he

that hath the God of Jacob for his help,

whose hope is in the LORD his God:

Which made heaven, and earth, the sea,

and all that therein is:

which keepeth truth for ever:

Which executeth judgment for the oppressed:

which giveth food to the hungry.

The LORD looseth the prisoners:

The LORD openeth the eyes of the blind:

the LORD raiseth them that are bowed down:

the LORD loveth the righteous:

The LORD preserveth the strangers;

he relieveth the fatherless and widow:

but the way of the wicked

he turneth upside down.

The LORD shall reign for ever,

even thy God, O Zion,

unto all generations.

Praise ye the LORD.

ALLELUIA.

PSALM 119

RESH.

Consider mine affliction, and deliver me:
for I do not forget thy law.
Plead my cause, and deliver me:
quicken me according to thy word.
Salvation is far from the wicked:
for they seek not thy statutes.
Great are thy tender mercies, O LORD:
quicken me according to thy judgments.
Many are my persecutors and mine enemies;
yet do I not decline from thy testimonies.
I beheld the transgressors, and was grieved;
because they kept not thy word.
Consider how I love thy precepts:
quicken me, O LORD,
according to thy lovingkindness.
Thy word is true from the beginning:
and every one of thy righteous judgments
endureth for ever.

Glory be to You,
the Lover of mankind.

PSALM 119

SCHIN.

Princes have persecuted me without a cause:
but my heart standeth in awe of thy word.
I rejoice at thy word,
as one that findeth great spoil.
I hate and abhor lying:
but thy law do I love.

Seven times a day do I praise thee
because of thy righteous judgments.
Great peace have they which love thy law:
and nothing shall offend them.
LORD, I have hoped for thy salvation,
and done thy commandments.
My soul hath kept thy testimonies;
and I love them exceedingly.
I have kept thy precepts and thy testimonies:
for all my ways are before thee.

Glory be to You,
the Lover of mankind.

PSALM 119

TAU.

Let my cry come near before thee, O LORD:
give me understanding according to thy word.
Let my supplication come before thee:
deliver me according to thy word.
My lips shall utter praise,
when thou hast taught me thy statutes.
My tongue shall speak of thy word:
for all thy commandments are righteousness.
Let thine hand help me;
for I have chosen thy precepts.
I have longed for thy salvation, O LORD;
and thy law is my delight.
Let my soul live, and it shall praise thee;
and let thy judgments help me.
I have gone astray like a lost sheep;
seek thy servant;
for I do not forget thy commandments.

Glory be to You,
the Lover of mankind.

*The Holy Gospel according to
St. John*

Glory be to God,
Holy, Holy, Holy,
Amen.

When Jesus therefore perceived
that they would come and take him by force,
to make him a king,
he departed again
into a mountain himself alone.
And when even was now come,
his disciples went down unto the sea,
And entered into a ship,
and went over the sea toward Capernaum.
And it was now dark,
and Jesus was not come to them.
And the sea arose
by reason of a great wind that blew.
So when they had rowed about five
and twenty or thirty furlongs,
they see Jesus walking on the sea,
and drawing nigh unto the ship:
and they were afraid.
But he saith unto them,
It is I; be not afraid.
Then they willingly received him
into the ship:
and immediately the ship
was at the land whither they went.

The day following,
when the people which stood
on the other side of the sea
saw that there was none other boat there,
save that one whereinto
his disciples were entered,
and that Jesus went not
with his disciples into the boat,
but that his disciples were gone away alone;
(Howbeit there came other boats from Tiberias
nigh unto the place where they did eat bread, after
that the Lord had given thanks:)

May the word of God be fulfilled in peace.

Glory be to God for ever,
Amen.

~

I worship and adore You,
'O Christ my Beloved'
together with Your Father
and the Holy Spirit,
for You have come
and saved me.

Lord, you know the craft and subtilty
of my enemies;
and as for the weakness of my nature,
You know it right well,
'O my Creator God'
Therefore,
I place my soul into Your hands,
'O my Beloved Saviour'

So cover me with the wings
of Your goodness,
lest I sleep the sleep of death.
Enlighten my eyes
by the majesty of Your word,
and raise me up
at all times for Your glorification,
for You alone are
'The Good and Lover of mankind'

Glory be to the Father,
and to the Son,
and to the Holy Spirit.

Lord, your judgement is dreadful;
when men shall be gathered together,
the angels shall stand,
the books shall be opened,
the deeds shall be revealed,
and all thoughts examined.
What a judgment mine will be,
I who am entangled by sin!
Who would quench
the flames of fire about me!?
Who would enlighten
my darkness,
unless You, Lord!?
Have mercy on me,
for You are compassionate to mankind,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

Thrice Holy Hymn

Holy God,
Holy Mighty,
Holy Immortal,
have mercy on me.

Holy God,
Holy Mighty,
Holy Immortal,
have mercy on me.

Holy God,
Holy Mighty,
Holy Immortal,
have mercy on me.

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
both now and for ever,
and from everlasting generations
unto generations everlasting,
Amen.

O Holy Trinity,
have mercy on me.
All Holy Trinity,
have mercy on me.
O Holy Trinity,
have mercy on me.

O Lord, my Beloved,
forgive me of all my sins.
O Lord, my Beloved,
forgive me of all my iniquities.
O Lord, my Beloved,
forgive me of all my trespasses.

O Lord,
visit the sick of Your people,
heal them for the sake of Your Holy name.
Our fathers and brethren
who have fallen asleep, O Lord,
repose their souls.

O my Beloved,
you alone are without sin,
Lord, have mercy on me.

O my Beloved,
you alone are without sin,
Lord, help me and receive my supplications.

For Yours is the glory,
and dominion,
and three times Holy.

Lord have mercy,
Christ have mercy,
Lord bless me,
Amen.

*Introduction to
my Faith*

Glory be to You,
my Master
and my King;
Christ,
the honour of the apostles,
the crown of the martyrs,
the joy of the righteous,
the confirmation of every Assembly,
the forgiveness of sins.
I proclaim the Holy Trinity
in One Godhead.
I worship Him,
I adore Him,
I glorify Him.

Lord have mercy,
Christ have mercy,
Lord bless me,
Amen.

My Faith

I believe in one God,
the Father Almighty,
Maker of heaven and earth,
and of all things visible and invisible.

And in one Lord Jesus Christ,
the Only-Begotten Son of God,
Begotten of the Father before all worlds;
God of God,
Light of Light,

very God of very God;
Begotten, not made,
being of one substance with the Father,
by whom all things were made.

Who, for us men and for our salvation,
came down from heaven,
and was incarnate by the Holy Spirit
of the Virgin Mary,
and was made man;
and was crucified also for me
under Pontius Pilate;
He suffered and was buried;
and the third day He rose again,
according to the Scriptures;
and ascended into heaven,
and sits on the right hand of the Father;
and He shall come again, with glory,
to judge both the living and the dead;
whose kingdom shall have no end.

And I believe in the Holy Spirit,
the Lord and Giver of Life;
who proceeds from the Father and the Son;
who with the Father and the Son together
is worshipped, adored and glorified;
who spoke in the prophets.

And I believe in one Holy universal
and apostolic Church.
I acknowledge one baptism
for the remission of sins;
and I look for the resurrection of the dead,
and the life of the world to come.

Amen.

~

Lord, hear me
and have mercy on me,
and forgive me of all my sins,
Amen.

Lord have mercy,
Christ have mercy,
Lord have mercy.

Thrice Radiant Godhead

Holy, Holy, Holy,
Lord of hosts.
Heaven and earth
are full of the Majesty of Your glory.
Have mercy on me,
O God, the Father Almighty.
O Holy Trinity,
have mercy on me.
O Lord, God of hosts,
be with me;
For I have no other Helper or Comforter
in my hardships and tribulations
but You.
Loose,
forgive,
and pardon, O God,
my transgressions;
those which I have committed willingly,
and those I have committed unwillingly,
those which I have committed knowingly,
and those I have committed unknowingly,
both hidden and revealed.

O Lord, forgive me
for the sake of Your Holy name,
which I call upon.

Let it be according to Your mercy, O Lord,
and not according to my sins.

Absolution

O Lord and Master,
Jesus Christ my God,
grant me rest in my sleep,
repose of my body,
and purity of my soul,
and protect me from the darkness
of devastating sin.

May the pangs of pain subside,
the heat of the flesh be quenched,
and the turmoil of the body come to an end.

Grant unto me,
an alert mind and humble thoughts,
a life full of virtue,
and a pure and undefiled bed.

Raise me up for the night
and morning praises,
steadfast in Your commandments,
keeping in myself,
at all times,
the thought of Your judgments.

Grant unto me,
to praise You the whole night;
blessing Your Holy name
which is full of
glory and splendour,

with Your Father,
and the Holy Spirit
-the Giver of Life,
now and at all times,
and from everlasting generations
unto generations everlasting,
Amen.

Leaving this Holy Hour

Have mercy on me, O God,
and have mercy on me,
who at all times
and in every hour,
in heaven and on earth,
is worshipped,
adored
and glorified;
Christ my God,
the good
and longsuffering,
abundant in mercy
and great in compassion,
who loves the righteous
and has mercy on the sinner,
of whom I am chief;
who does not wish the death of the sinner,
but rather that he returns and lives,
who calls all to salvation
for the promise of the blessings to come.

Receive, O Lord,
my prayers in this hour,
and in every hour;
Prosper my way,
and guide my life
toward Your commandments.
Sanctify my soul,
and cleanse my body,
Conduct my thoughts,
and purify my intentions,
Heal my diseases,
and forgive me
of all my sins.
Deliver me
from every evil affliction
and distress of heart.
Surround me with Your Holy angels, that,
by their encampment
I may be guarded and guided,
and attain the unity of faith,
and the knowledge of Your imperceptible,
unapproachable
and infinite glory.
For You are blessed for ever,
Amen.

A
PRAYER
BEFORE REPENTANCE

Holy Father,
who wishes the repentance of sinners,
promising to accept them back;

look,
O my Beloved,
at this moment,
at a sinful soul who had erred
and lost her way
in the valleys of transgressions
for many years,
and wherein she was embittered
and wretched for being removed
from the fountain of her salvation.

Yet now she comes forth to Thee,
asking to be cleansed from all defilement
and filth that stained her.

Accept and reject her not,
for whether Thou look at her with compassion and
deal with her mercifully
she will be cleansed and saved;
or whether Thou neglect her
she will perish.

Grant me grace to come near Thee
with faith unshaken and full of hope
to confess my trespasses and despise them.

Let Thy Spirit reprove me for my sins.

Enlighten my heart
that I may see how greatly did I err,
misbehave,
and forsake the way.

Grant me determination to forsake evil
that I may be established
in Thy commandments
and live to glorify Thy Holy name.
Amen.

A

PRAYER

AFTER REPENTANCE

I thank Thy goodness,
O Lover of man,
because Thou did not wish my perdition,
but have awakened me from my neglect
and guided me to Thy path.

Thou have brought me back
from the valley of destruction
to the safety of Thy bosom,
so, fill me with hope and faith.

I have come to thee
a sick person to the Physician,
hungry and needy to the Food of plenty,
thirsty to the Spring of Living Water,
poor to the Source of riches,
sinner to the Saviour,

dead to the Fountain of Life;
for Thou art my salvation,
my healer,
my life,
my strength,
my comfort,
my happiness,
and my rest is in Thee.

So help me,
protect me,
and teach me
to put my will in Thy hands,
that I may walk according to Thy will.

Help my weakness
that I may be firm
and continue to be faithful to Thee
till the end.
Amen.

A
PRAYER
TO
THE SACRED MEMBERS
OF
MY BELOVED'S
GLORIFIED
BODY

by

Saint Bernard
of Clairvaux

Your Feet

O Saviour of the world, I cry to Thee;
O Saviour, suffering God, I worship Thee;
O wounded beautiful Love, I kneel to Thee;
Thou knowest, Lord, how I would follow Thee,
If of Thyself Thou give Thyself to Me.

Thy Presence I Believe; O come to me!
Behold me prostrate, Jesus; look on me!
How beautiful Thou art! O turn to me!
O in Thy tender mercy turn to me,
And let Thy untold pity pardon me!

With trembling love and feat I worship Thee;
I kiss the grievous nails which entered Thee,
And think on those dire wounds which tortured Thee,
And, grieving, lift my weeping eyes to Thee,
Transfixed and dying all for love of me!

O wondrous grace! O gracious charity!
O love of sinners in such agony!
Sweet Father of the poor! O who can be
Unmoved to witness this great mystery,
The Healer smitten, hanging on a tree?

O gentle Jesus, turn Thee unto me;
What I have broken do Thou bind in me,
And what is crooked make Thou straight in me;
What I have lost restore Thou unto me,
And what is weak and sickly heal in me.

O my Beloved! with all my strength I seek for Thee;
Upon and in Thy Cross I look for Thee;
With sorrow and with hope I turn to Thee,
That through Thy Blood new health may come to me,
That washed therein Thy love may pardon me.

O take my heart, Thou Loved One; let it be
Transfixed with those dear wounds for love of Thee,
O wound it, Jesus, with pure love of Thee;
And let it so be crucified with Thee,
That it may be forever joined to Thee.

Sweet Jesus, loving God, I cry to Thee;
Thou guilty, yet I come for love of Thee;
O show Thyself, dear Saviour, kind to me!
Unworthy as I am, O turn to me,
Nor at Thy sacred Feet abandon me!

Dear Jesus, bathed in tears, I kneel to Thee;
In shame and grief I lift my eyes to Thee;
Prostrate before Thy Cross I bow to Thee,
And Thy dear Feet embrace; O look on me,
Yea, from Thy Cross, O look, and pardon me.

O my Beloved, stretched against that Tree,
Whose arms Divine are now enfolding me,
Whose gracious Heart is now upholding me,
O my Beloved, let me wholly be
Transformed, forgiven, one alone with Thee!

Your Knees

O Jesus, King of Saints, I worship Thee;
O Hope of sinners, hail! I rest on Thee;
True God, true Man, Thou hangest on the Tree,
Transfixed with quivering flesh and shaking knees,
A criminal esteemed, - I worship Thee.

Alas, how poor, how naked, wilt Thou be!
How hast Thou stript Thyself for love of me,
How made Thyself a gazing stock to be!
Not forced, but, O my God! How willingly
In all Thy limbs Thou sufferest on that Tree!

Thy Precious Blood wells forth abundantly
From all Thy open wounds incessantly;
All bathed therein, O God, in agony
Thou standest on the Cross of infamy,
Awaiting the appointed hour to die.

O infinite, O wondrous majesty!
O terrible, unheard of poverty!
Ah, Who, returning so great charity,
I willing, Jesus, thus to give for Thee
His blood for Thine, in faithful love for Thee?

O Jesus, how shall I, then, answer Thee,
Who am so vile, and have not followed Thee?
Or how repay the love that loveth me
With such sublime, such awful charity
Transfixed, from double death to set me free?

O Jesus, what Thy love hath been for me!
O Jesus, death could never conquer Thee!
Ah, with what loving care Thou keepest me
Enfolded in Thine arms, lest I should be,
By death of sin, a moment torn from Thee!

Behold, O Jesus, how for love of Thee,
With all my soul I trembling cling to Thee,
And Thy dear Knees embrace. O pity me!
Thou knowest why - in pity bear with me,
And overlook the shame that covers me!

O let the Blood I worship flow on me,
That what I do may never anger Thee;
The Blood which flows at every pore from Thee
Each imperfection may it wash from me,
That I may undefiled and perfect be.

O force me, best Beloved, to draw to Thee,
Transfixed and bleeding on the shameful Tree,
Despised and stretched in dying agony!
All my desire, O my Beloved, is fixed on Thee;
O call me, then, and I will follow Thee.

I have no other love, dear Beloved, but Thee;
Thou art my first and last; I cling to Thee.
It is no labour, my Beloved; love sets me free;
Then heal me, cleanse me, let me rest on Thee,
For love is life, and life is love - in Thee.

Your Hands

Hail, holy Shepherd! Lord, I worship Thee,
Fatigued with warfare, steeped in misery;
Whose sacred Hands, outstretched in agony,
All pierced and dislocated on the Tree,
Are fastened to the wood of infamy.

Dear holy Hands, I humbly worship Thee,
With roses filled, fresh blossoms of that Tree;
The cruel iron enters into Thee,
While open gashes yield unceasingly
The Precious stream down - dropping from the Tree.

Behold, Thy Blood, O Jesus, flows on me,
The price of my salvation falls on me;
O ruddy as the rose, it drops on me.
Sweet Precious Blood, it wells abundantly
From both Thy sacred Hands to set me free.

My heart leaps up, O Jesus, unto Thee;
Drawn by those nail-pierced Hands it flies to Thee;
Drawn by those Blood-stained Hands stretched out for me,
My soul breaks out with sighing unto Thee,
And longs to satisfy its thirst, O my Beloved, in Thee.

My God, what great stupendous charity
Both good and bad are welcomed here by Thee!
The slothful heart Thou drawest graciously,
The loving one Thou callest tenderly,
And unto all a pardon grantest free.

Behold, I now present myself to Thee,
Who dost present Thy bleeding Hands to me;
The sick Thou healest when they come to Thee;
Thou canst not, therefore, turn away from me,
Whose love Thou knowest, my Beloved, is all for Thee.

O my Beloved, fastened to the Tree,
Draw, by Thy love, my senses unto Thee;
My will, my intellect, my memory,
And all I am, make subject unto Thee,
In whose dear Arms alone is liberty.

O draw me for Thy Cross' sake to Thee;
O draw me for Thy so-wide charity;
Sweet Jesus, draw my heart in truth to Thee,
O put an end to all my misery,
and crown me with Thy Cross and victory!

O Jesus, place Thy sacred Hands on me,
With enrapture let me kiss them tenderly,
With groans and tears embrace them fervently;
And, O for these deep wounds I worship Thee;
And for the blessed drops that fall on me!

O dearest Jesus, I commend to Thee
Myself, and all I am, most perfectly;
Bathed in Thy Blood, behold, I live for Thee;
O, may Thy blessed Hands encompass me,
And in extremity deliver me!

Your Side

O Jesus, highest Good, I yearn for Thee;
O Jesus, merciful, I hope in Thee,
Whose sacred Body hangs upon the Tree,
Whose limbs, all dislocated painfully,
Are stretched in torture, all for love of me!

Hail, sacred Side of Jesus! Verily
The hidden spring of mercy lies in Thee,
The source of honeyed sweetness dwells in Thee,
The fountain of Redemption flows from Thee,
The secret well of love that cleanses me.

Behold, O King of Love, I draw to Thee;
If I am wrong, O Jesus, pardon me;
Thy love, Beloved, calls me lovingly,
As I with blushing cheek gaze willingly
Upon the living Wound that bleeds for me.

O gentle Opening, I worship Thee;
O Open Door and deep, I look in Thee;
O most Pure Stream, I gaze and gaze on Thee:
More ruddy than the rose, I draw to Thee;
More healing than all health, I fly to Thee.

More sweet than wine Thine odour is for me;
The poisoned breath of sin it drives from me;
Thou art the draught of life poured out for me.
O ye who thirst, come, drink thereof with me;
And Thou, sweet wound, O open unto me.

How Sweet Thy savour is! Who tastes of Thee,
O Jesus Christ, can relish naught but Thee;
Who tastes Thy living sweetness lives by Thee;
All else is void - the soul must die for Thee;
So faints my heart, - so would I die for thee.

I languish, Lord! O let me hide in Thee!
In Thy sweet Side, my Love, O bury me!
And may the fire divine consuming Thee
Burn in my heart where it lies hid in Thee,
Without a fear reposing peacefully!

When in the hour of death Thou callest me,
O Love of loves, may my soul enter Thee;
May my last breath, O Jesus fly to Thee;
So no fierce beast may drive my heart from Thee,
But in Thy Side may it remain with Thee!

Your Chest

O God of my salvation, hail to Thee!
O Jesus, sweetest Love, all hail to Thee!
O venerable Chest, I worship Thee;
O dwelling place of love, I fly to Thee,
With trembling touch adore and worship Thee.

Hail, Throne of the Most Holy Trinity!
Hail, Ark immense of tender charity!
Thou Stay of weakness and infirmity,
Sweet Rest of weary souls who rest on Thee,
Dear Couch of loving ones who lean on Thee!

With reverence, O my Beloved, I kneel to Thee,
O worthy to be ever sought by me;
Behold me, Jesus, looking unto Thee.
O, set my heart on fire, dear Love, from Thee,
And burn it in the flame that burns in Thee.

O make my chest a precious home for thee,
A furnace of sweet love and purity,
A well of holy grief and piety;
Deny my will, conform it unto Thee,
That grace abundant may be mine in Thee.

Sweet Jesus, loving Shepherd, come to me;
Dear Son of God and Trinity, come to me;
Kind Father come, let Thy Heart pity me,
And cleanse the fountain of my misery
In that great fountain of Thy clemency.

Hail, Fruitful Splendor of the Deity!
Hail, Fruitful Figure of Divinity!
From the full treasure of Thy charity,
O pour some gift in Thy benignity
Upon the desolate who cry to Thee!

Dear Chest of most sweet Jesus, mine would be
All Thine in its entire conformity;
Absolve it from all sin, and set it free,
That it may burn with ardent charity,
And never, never cease to think on Thee.

Abyss of Wisdom from eternity,
The harmonies of angels worship Thee;
Entrancing sweetness flows, O Chest, from thee;
John tasted it as he lay fixed on Thee;
O grant me thus that I may dwell in Thee!

Hail, fountain deep of God's benignity!
The fullness of the immense Divinity
Hath found at last a creature home in Thee.
Ah, may the counsel that I learn from Thee
All imperfection purify in me!

True Temple of the Godhead, hail to Thee!
O draw me in Thy gracious charity,
Thou Ark of Goodness, full of grace for me.
Great God of all, have mercy upon me,
And on Thy right hand keep a place for me.

Your Face

Hail, bleeding Head of Jesus, hail to Thee!
Thou thorn-crowned Head, I humbly worship Thee!
O wounded Head, I lift my hands to Thee;
O lovely Face made filthy, I gaze on Thee;
O bruised and ill-coloured Face, look down on me!

Hail, beauteous Face of Jesus, bent on me,
Whom angel choirs adore exultantly!
Hail, sweetest Face of Jesus, bruised for me
Hail, Holy One, whose glorious Face for me
Is sheared of beauty on that fatal Tree!

All strength, all freshness, is gone forth from Thee:
What wonder! Hath not God afflicted Thee,
And is not death himself approaching Thee?
O my Beloved! But death hath laid his touch on Thee,
And faint and broken features turn to me.

O have they thus maltreated Thee, my own?
O have they Thy sweet Face despised, my own?
And all for my unworthy sake, my own!
O in Thy beauty turn to me, my own;
O turn one look of love on me, my own!

In this Thy Passion, Lord, remember me;
In this Thy pain, O my Beloved, acknowledge me;
The honey of whose Lips was shed on me,
The milk of whose delights hath strengthened me
Whose sweetness is beyond delight for me!

Despise me not, O my Beloved; I long for Thee;
Contemn me not, unworthy though I be;
But now that death is fast approaching Thee,
Incline Thy Head, my Love, my Love, to me,
To these poor arms, and let It rest on me!

The Holy Passion I would share with Thee,
And in Thy dying love rejoice with Thee;
Content if by this Cross I die with Thee;
Content, Thou knowest, Lord, how willingly
Where I have lived to die for love of Thee.

For this Thy bitter death all thanks to Thee,
Dear Jesus, and Thy wondrous love for me!
O gracious God, so merciful to me,
Do as Thy guilty one entreateth Thee,
And at the end let me be found with Thee!

When from this life, O my Beloved, thou callest me,
Then, Jesus, be not wanting unto me,
But in the dreadful hour of agony,
O hasten, Lord, and be Thou nigh to me,
Defend, protect, and O deliver me.

When Thou, O God, shalt bid my soul be free,
Then, dearest Jesus, show Thyself to me!
O condescend to show Thyself to me,
Upon Thy saving Cross, dear Lord, to me,
And let me die, my Lord, embracing Thee!

Your Sacred Heart

Hail, Sacred Heart of God's great Majesty!
Hail, sweetest Heart, my heart saluteth Thee!
With great desire, O Heart, I seek for Thee,
And faint for joy, O Heart, embracing Thee;
Then give me leave, O my Beloved, to speak to Thee.

With what sweet love Thou languishedst for me!
What pain and torment was that love to Thee!
How didst Thou all Thyself exhaust for me!
How hast Thou wholly given Thyself to me,
That death no longer might have hold of me!

O bitter death and cruel! Can it be
Thou darest so to enter greedily
Into that Tabernacle Divine? O can it be
The Life of life, that lives there gloriously,
Should feel Thy bite, O death, and yield to thee?

For Thy death's sake which Thou didst bear for me,
When Thou, O sweetest Heart, didst faint for me,
O Heart most precious in its agony,
See how I yearn, and longing turn to Thee!
Yield to my love, and draw me unto Thee!

O Sacred Heart, beloved most tenderly,
Cleanse Thou my own; more worthy let it be,
All hardened as it is with vanity;
O make it tender, loving, fearing Thee,
And all its icy coldness drive from me.

O sinner as I am, I come to Thee;
My very inward parts yearn and call for Thee;
O Love, sweet Love, draw hither unto me!
O Heart of Love, my heart would ravished be,
And sicken with the wound of love for Thee!

Enlarge and open, Heart of Love, for me,
And like a rose of wondrous fragrance be,
Sweet Heart of Love, united unto me;
Anoint and pierce my heart, O my Beloved, With Thee,
How can he suffer, Lord, who loveth Thee?

O Heart of Love, who vanquished is by Thee
Knows nothing, but beside himself must be;
No bounds are set to that sweet liberty,
No moderation, - he must fly to Thee,
Or die he must of many deaths for Thee.

My living heart, O my Beloved, cries out for Thee;
With all its strength, O my Beloved, my soul loves Thee;
 O Heart of Love, incline Thou unto me,
That I with burning love may turn to Thee,
And with devoted chest recline on Thee!

In that sweet furnace let me live for Thee,
Nor let the sleep of sloth encumber me;
O let me sing to Thee and weep to Thee,
Adore, and magnify, and honour Thee,
And always take my full delight in Thee.

Thou Rose of wondrous fragrance, open wide,
And bring my heart into Thy wounded Side,
O sweet Heart, open! Draw Thy loving bride,
 All panting with desires intensified,
 And satisfy her love unsatisfied.

Unite my heart, O Jesus, unto Thine,
And let Thy wounded love be found in mine.
Ah, if my heart, dear Love, be made like Thine
 O will it not be pierced with darts divine,
The sweet reproach of love that thrills through Thine?

O Jesus, draw my heart within Thy Chest,
That it may be by Thee alone possessed.
O my Beloved, in that sweet pain it would find rest,
In that entrancing sorrow would be blessed,
And love itself in joy upon Thy Chest.

Behold, O Jesus, how it draws to Thee!
O call it, that it may remain in Thee!
See with what large desire it thirsts for Thee!
Reprove it not, O my Beloved; it loves but Thee:
Then bid it live - by one sweet taste of Thee!

This Prayer was originally titled,
Rhythmical Prayer to the Sacred Members of Jesus Hanging on the
Cross.

DAILY

BIBLE READING PLAN

January

- 1/1 *Genesis 1-2 *Psalm 1-2 * St. Matthew 1-2
1/2 *Genesis 3-4 *Psalm 3-5 * St. Matthew 3-4
1/3 *Genesis 5-6 *Psalm 6-8 * St. Matthew 5
1/4 *Genesis 7-8 *Psalm 9-10 * St. Matthew 6
1/5 *Genesis 9-10 *Psalm 11-13 * St. Matthew 7
1/6 *Genesis 11-12 *Psalm 14-16 * St. Matthew 8
1/7 *Genesis 13-14 *Psalm 17 * St. Matthew 9
1/8 *Genesis 15-16 *Psalm 18 * St. Matthew 10
1/9 *Genesis 17-18 *Psalm 19-21 * St. Matthew 11
1/10 *Genesis 19 *Psalm 22 * St. Matthew 12
1/11 *Genesis 20-21 *Psalm 23-25 * St. Matthew 13
1/12 *Genesis 22-23 *Psalm 26-29 * St. Matthew 14
1/13 *Genesis 24 *Psalm 30 * St. Matthew 15
1/14 *Genesis 25-26 *Psalm 31 * St. Matthew 16
1/15 *Genesis 27 *Psalm 32 * St. Matthew 17
1/16 *Genesis 28-29 *Psalm 33 * St. Matthew 18
1/17 *Genesis 30 *Psalm 34 * St. Matthew 19
1/18 *Genesis 31 *Psalm 35 * St. Matthew 20
1/19 *Genesis 32-33 *Psalm 36 * St. Matthew 21

- 1/20** *Genesis 34-35 *Psalm 37 * St. Matthew 22
1/21 *Genesis 36 *Psalm 38 * St. Matthew 23
1/22 *Genesis 37 *Psalm 39-40 * St. Matthew 24
1/23 *Genesis 38 *Psalm 41-43 * St. Matthew 25
1/24 *Genesis 39-40 *Psalm 44 * St. Matthew 26
1/25 *Genesis 41 *Psalm 45 * St. Matthew 27
1/26 *Genesis 42-43 *Psalm 46-48 * St. Matthew 28
1/27 *Genesis 44-45 *Psalm 49 *Romans 1-2
1/28 *Genesis 46-47 *Psalm 50 *Romans 3-4
1/29 *Genesis 48-50 *Psalm 51-52 *Romans 5-6
1/30 *Exodus 1-2 *Psalm 53-55 *Romans 7-8
1/31 *Exodus 3-4 *Psalm 56-57 *Romans 9

February

- 2/1** *Exodus 5-6 *Psalm 58-59 *Romans 10-11
2/2 *Exodus 7-8 *Psalm 60-61 *Romans 12
2/3 *Exodus 9 *Psalm 62-63 *Romans 13-14
2/4 *Exodus 10 *Psalm 64-65 *Romans 15-16
2/5 *Exodus 11-12 *Psalm 66-67 * St. Mark 1
2/6 *Exodus 13-14 *Psalm 68 * St. Mark 2
2/7 *Exodus 15 *Psalm 69 * St. Mark 3
2/8 *Exodus 16 *Psalm 70-71 * St. Mark 4
2/9 *Exodus 17-18 *Psalm 72 * St. Mark 5
2/10 *Exodus 19-20 *Psalm 73 * St. Mark 6
2/11 *Exodus 21 *Psalm 74 * St. Mark 7
2/12 *Exodus 22 *Psalm 75-76 * St. Mark 8
2/13 *Exodus 23 *Psalm 77 * St. Mark 9

2/14 *Exodus 24-25 *Psalm 78 * St. Mark 10
2/15 *Exodus 26 *Psalm 79-80 * St. Mark 11
2/16 *Exodus 27 *Psalm 81-82 * St. Mark 12
2/17 *Exodus 28 *Psalm 83-84 * St. Mark 13
2/18 *Exodus 29 *Psalm 85-86 * St. Mark 14
2/19 *Exodus 30 *Psalm 87-88 * St. Mark 15-16
2/20 *Exodus 31-32 *Psalm 89 *1 Corinthians 1-2
2/21 *Exodus 33-34 *Psalm 90-91 *1 Corinthians 3
2/22 *Exodus 35 *Psalm 92-93 *1 Corinthians 4-5
2/23 *Exodus 36 *Psalm 94-95 *1 Corinthians 6
2/24 *Exodus 37 *Psalm 96-99 *1 Corinthians 7
2/25 *Exodus 38 *Psalm 100-101 *1 Corinthians 8-9
2/26 *Exodus 39-40 *Psalm 102 *1 Corinthians 10
2/27 *Leviticus 1-2 *Psalm 103 *1 Corinthians 11
2/28 *Leviticus 3-4 *Psalm 104 *1 Corinthians 12-13

March

3/1 *Leviticus 5-6 *Psalm 105 *1 Corinthians 14
3/2 *Leviticus 7 *Psalm 106 *1 Corinthians 15
3/3 *Leviticus 8 *Psalm 107 *1 Corinthians 16
3/4 *Leviticus 9-10 *Psalm 108-109 *2 Corinthians 1-2
3/5 *Leviticus 11 *Psalm 110-112 *2 Corinthians 3-4
3/6 *Leviticus 12-13 *Psalm 113-114 *2 Corinthians 5-7
3/7 *Leviticus 14 *Psalm 115-116 *2 Corinthians 8-9
3/8 *Leviticus 15 *Psalm 117-118 *2 Corinthians 10-11
3/9 *Leviticus 16 *Psalm 119:1-40 *2 Corinthians 12-13
3/10 *Leviticus 17-18 *Psalm 119:41-80 * St. Luke 1

3/11 *Leviticus 19 *Psalm 119:81-128 * St. Luke 2
3/12 *Leviticus 20 *Psalm 119:129-176 * St. Luke 3
3/13 *Leviticus 21 *Psalm 120-124 * St. Luke 4
3/14 *Leviticus 22 *Psalm 125-127 * St. Luke 5
3/15 *Leviticus 23 *Psalm 128-130 * St. Luke 6
3/16 *Leviticus 24 *Psalm 131-134 * St. Luke 7
3/17 *Leviticus 25 *Psalm 135-136 * St. Luke 8
3/18 *Leviticus 26 *Psalm 137-139 * St. Luke 9
3/19 *Leviticus 27 *Psalm 140-142 * St. Luke 10
3/20 *Numbers 1 *Psalm 143-144 * St. Luke 11
3/21 *Numbers 2 *Psalm 145-147 * St. Luke 12
3/22 *Numbers 3 *Psalm 148-150 * St. Luke 13-14
3/23 *Numbers 4 *Proverbs 1 * St. Luke 15
3/24 *Numbers 5 *Proverbs 2 * St. Luke 16
3/25 *Numbers 6 *Proverbs 3 * St. Luke 17
3/26 *Numbers 7 *Proverbs 4 * St. Luke 18
3/27 *Numbers 8-9 *Proverbs 5 * St. Luke 19
3/28 *Numbers 10 *Proverbs 6 * St. Luke 20
3/29 *Numbers 11 *Proverbs 7 * St. Luke 21
3/30 *Numbers 12-13 *Proverbs 8-9 * St. Luke 22
3/31 *Numbers 14 *Proverbs 10 * St. Luke 23

April

4/1 *Numbers 15 *Proverbs 11 * St. Luke 24
4/2 *Numbers 16 *Proverbs 12 *Galatians 1-2
4/3 *Numbers 17-18 *Proverbs 13 *Galatians 3-4

- 4/4 *Numbers 19 *Proverbs 14 *Galatians 5-6
 4/5 *Numbers 20-21 *Proverbs 15 *Ephesians 1-2
 4/6 *Numbers 22-23 *Proverbs 16 *Ephesians 3-4
 4/7 *Numbers 24-25 *Proverbs 17 *Ephesians 5-6
 4/8 *Numbers 26 *Proverbs 18 *Philippians 1-2
 4/9 *Numbers 27 *Proverbs 19 *Philippians 3-4
 4/10 *Numbers 28 *Proverbs 20 * St. John 1
 4/11 *Numbers 29-30 *Proverbs 21 * St. John 2-3
 4/12 *Numbers 31 *Proverbs 22 * St. John 4
 4/13 *Numbers 32 *Proverbs 23 * St. John 5
 4/14 *Numbers 33 *Proverbs 24 * St. John 6
 4/15 *Numbers 34 *Proverbs 25 * St. John 7
 4/16 *Numbers 35 *Proverbs 26 * St. John 8
 4/17 *Numbers 36 *Proverbs 27 * St. John 9-10
 4/18 *Deuteronomy 1 *Proverbs 28 * St. John 11
 4/19 *Deuteronomy 2 *Proverbs 29 * St. John 12
 4/20 *Deuteronomy 3 *Proverbs 30 * St. John 13-14
 4/21 *Deuteronomy 4 *Proverbs 31 * St. John 15-16
 4/22 *Deuteronomy 5 *Ecclesiastes 1 * St. John 17-18
 4/23 *Deuteronomy 6-7 *Ecclesiastes 2 * St. John 19
 4/24 *Deuteronomy 8-9 *Ecclesiastes 3 * St. John 20-21
 4/25 *Deuteronomy 10-11 *Ecclesiastes 4 *Acts 1
 4/26 *Deuteronomy 12 *Ecclesiastes 5 *Acts 2
 4/27 *Deuteronomy 13-14 *Ecclesiastes 6 *Acts 3-4
 4/28 *Deuteronomy 15 *Ecclesiastes 7 *Acts 5-6
 4/29 *Deuteronomy 16 *Ecclesiastes 8 *Acts 7
 4/30 *Deuteronomy 17 *Ecclesiastes 9 *Acts 8

May

- 5/1 *Deuteronomy 18 *Ecclesiastes 10 *Acts 9
5/2 *Deuteronomy 19 *Ecclesiastes 11 *Acts 10
5/3 *Deuteronomy 20 *Ecclesiastes 12 *Acts 11-12
5/4 *Deuteronomy 21 *Song of Solomon 1 *Acts 13
5/5 *Deuteronomy 22 *Song of Solomon 2 *Acts 14-15
5/6 *Deuteronomy 23 *Song of Solomon 3 *Acts 16-17
5/7 *Deuteronomy 24 *Song of Solomon 4 *Acts 18-19
5/8 *Deuteronomy 25 *Song of Solomon 5 *Acts 20
5/9 *Deuteronomy 26 *Song of Solomon 6 *Acts 21-22
5/10 *Deuteronomy 27 *Song of Solomon 7 *Acts 23-24
5/11 *Deuteronomy 28 *Song of Solomon 8 *Acts 25-26
5/12 *Deuteronomy 29 *Isaiah 1 *Acts 27
5/13 *Deuteronomy 30 *Isaiah 2 *Acts 28
5/14 *Deuteronomy 31 *Isaiah 3-4 *Colossians 1
5/15 *Deuteronomy 32 *Isaiah 5 *Colossians 2
5/16 *Deuteronomy 33-34 *Isaiah 6 *Colossians 3-4
5/17 *Joshua 1 *Isaiah 7 *1 Thessalonians 1-2
5/18 *Joshua 2 *Isaiah 8 *1 Thessalonians 3-4
5/19 *Joshua 3-4 *Isaiah 9 *1 Thessalonians 5
5/20 *Joshua 5-6 *Isaiah 10 *2 Thessalonians 1-2
5/21 *Joshua 7 *Isaiah 11 *2 Thessalonians 3
5/22 *Joshua 8 *Isaiah 12 *1 Timothy 1-3
5/23 *Joshua 9 *Isaiah 13 *1 Timothy 4-5
5/24 *Joshua 10 *Isaiah 14 *1 Timothy 6
5/25 *Joshua 11 *Isaiah 15 *2 Timothy 1
5/26 *Joshua 12 *Isaiah 16 *2 Timothy 2

5/27 *Joshua 13 *Isaiah 17-18 *2 Timothy 3-4
5/28 *Joshua 14 *Isaiah 19 *Titus 1-3
5/29 *Joshua 15 *Isaiah 20-21 *Philemon 1
5/30 *Joshua 16 *Isaiah 22 *Hebrews 1-2
5/31 *Joshua 17 *Isaiah 23 *Hebrews 3-5

June

6/1 *Joshua 18 *Isaiah 24 *Hebrews 6-7
6/2 *Joshua 19 *Isaiah 25 *Hebrews 8-9
6/3 *Joshua 20-21 *Isaiah 26-27 *Hebrews 10
6/4 *Joshua 22 *Isaiah 28 *Hebrews 11
6/5 *Joshua 23-24 *Isaiah 29 *Hebrews 12
6/6 *Judges 1 *Isaiah 30 *Hebrews 13
6/7 *Judges 2-3 *Isaiah 31 *James 1
6/8 *Judges 4-5 *Isaiah 32 *James 2
6/9 *Judges 6 *Isaiah 33 *James 3-4
6/10 *Judges 7-8 *Isaiah 34 *James 5
6/11 *Judges 9 *Isaiah 35 *1 Peter 1
6/12 *Judges 10-11 *Isaiah 36 *1 Peter 2
6/13 *Judges 12-13 *Isaiah 37 *1 Peter 3-5
6/14 *Judges 14-15 *Isaiah 38 *2 Peter 1-2
6/15 *Judges 16 *Isaiah 39 *2 Peter 3
6/16 *Judges 17-18 *Isaiah 40 *1 John 1-2
6/17 *Judges 19 *Isaiah 41 *1 John 3-4
6/18 *Judges 20 *Isaiah 42 *1 John 5
6/19 *Judges 21 *Isaiah 43 *2 John- 3 John
6/20 *Ruth 1-2 *Isaiah 44 *Jude 1

6/21 *Ruth 3-4 *Isaiah 45 *Revelation 1-2
6/22 *1 Samuel 1 *Isaiah 46-47 *Revelation 3-4
6/23 *1 Samuel 2 *Isaiah 48 *Revelation 5-6
6/24 *1 Samuel 3 *Isaiah 49 *Revelation 7-9
6/25 *1 Samuel 4 *Isaiah 50 *Revelation 10-11
6/26 *1 Samuel 5-6 *Isaiah 51 *Revelation 12-13
6/27 *1 Samuel 7-8 *Isaiah 52 *Revelation 14
6/28 *1 Samuel 9 *Isaiah 53 *Revelation 15-16
6/29 *1 Samuel 10 *Isaiah 54 *Revelation 17-18
6/30 *1 Samuel 11-12 *Isaiah 55 *Revelation 19-20

July

7/1 *1 Samuel 13 *Isaiah 56-57 *Revelation 21-22
7/2 *1 Samuel 14 *Isaiah 58 * St. Matthew 1-2
7/3 *1 Samuel 15 *Isaiah 59 * St. Matthew 3-4
7/4 *1 Samuel 16 *Isaiah 60 * St. Matthew 5
7/5 *1 Samuel 17 *Isaiah 61 * St. Matthew 6
7/6 *1 Samuel 18 *Isaiah 62 * St. Matthew 7
7/7 *1 Samuel 19 *Isaiah 63 * St. Matthew 8
7/8 *1 Samuel 20 *Isaiah 64 * St. Matthew 9
7/9 *1 Samuel 21-22 *Isaiah 65 * St. Matthew 10
7/10 *1 Samuel 23 *Isaiah 66 * St. Matthew 11
7/11 *1 Samuel 24 *Jeremiah 1 * St. Matthew 12
7/12 *1 Samuel 25 *Jeremiah 2 * St. Matthew 13
7/13 *1 Samuel 26-27 *Jeremiah 3 * St. Matthew 14
7/14 *1 Samuel 28 *Jeremiah 4 * St. Matthew 15
7/15 *1 Samuel 29-30 *Jeremiah 5 * St. Matthew 16

7/16 *1 Samuel 31 *Jeremiah 6 * St. Matthew 17
7/17 *2 Samuel 1 *Jeremiah 7 * St. Matthew 18
7/18 *2 Samuel 2 *Jeremiah 8 * St. Matthew 19
7/19 *2 Samuel 3 *Jeremiah 9 * St. Matthew 20
7/20 *2 Samuel 4-5 *Jeremiah 10 * St. Matthew 21
7/21 *2 Samuel 6 *Jeremiah 11 * St. Matthew 22
7/22 *2 Samuel 7 *Jeremiah 12 * St. Matthew 23
7/23 *2 Samuel 8-9 *Jeremiah 13 * St. Matthew 24
7/24 *2 Samuel 10 *Jeremiah 14 * St. Matthew 25
7/25 *2 Samuel 11 *Jeremiah 15 * St. Matthew 26
7/26 *2 Samuel 12 *Jeremiah 16 * St. Matthew 27
7/27 *2 Samuel 13 *Jeremiah 17 * St. Matthew 28
7/28 *2 Samuel 14 *Jeremiah 18 *Romans 1-2
7/29 *2 Samuel 15 *Jeremiah 19 *Romans 3-4
7/30 *2 Samuel 16 *Jeremiah 20 *Romans 5-6
7/31 *2 Samuel 17 *Jeremiah 21 *Romans 7-8

August

8/1 *2 Samuel 18 *Jeremiah 22 *Romans 9
8/2 *2 Samuel 19 *Jeremiah 23 *Romans 10-11
8/3 *2 Samuel 20-21 *Jeremiah 24 *Romans 12
8/4 *2 Samuel 22 *Jeremiah 25 *Romans 13-14
8/5 *2 Samuel 23 *Jeremiah 26 *Romans 15-16
8/6 *2 Samuel 24 *Jeremiah 27 * St. Mark 1
8/7 *1 Kings 1 *Jeremiah 28 * St. Mark 2
8/8 *1 Kings 2 *Jeremiah 29 * St. Mark 3
8/9 *1 Kings 3 *Jeremiah 30 * St. Mark 4

8/10 *1 Kings 4-5 *Jeremiah 31 * St. Mark 5
8/11 *1 Kings 6 *Jeremiah 32 * St. Mark 6
8/12 *1 Kings 7 *Jeremiah 33 * St. Mark 7
8/13 *1 Kings 8 *Jeremiah 34 * St. Mark 8
8/14 *1 Kings 9 *Jeremiah 35 * St. Mark 9
8/15 *1 Kings 10 *Jeremiah 36 * St. Mark 10
8/16 *1 Kings 11 *Jeremiah 37 * St. Mark 11
8/17 *1 Kings 12 *Jeremiah 38 * St. Mark 12
8/18 *1 Kings 13 *Jeremiah 39 * St. Mark 13
8/19 *1 Kings 14 *Jeremiah 40 * St. Mark 14
8/20 *1 Kings 15 *Jeremiah 41 * St. Mark 15
8/21 *1 Kings 16 *Jeremiah 42 * St. Mark 16
8/22 *1 Kings 17 *Jeremiah 43 *1 Corinthians 1-2
8/23 *1 Kings 18 *Jeremiah 44 *1 Corinthians 3
8/24 *1 Kings 19 *Jeremiah 45-46 *1 Corinthians 4-5
8/25 *1 Kings 20 *Jeremiah 47 *1 Corinthians 6
8/26 *1 Kings 21 *Jeremiah 48 *1 Corinthians 7
8/27 *1 Kings 22 *Jeremiah 49 *1 Corinthians 8-9
8/28 *2 Kings 1-2 *Jeremiah 50 *1 Corinthians 10
8/29 *2 Kings 3 *Jeremiah 51 *1 Corinthians 11
8/30 *2 Kings 4 *Jeremiah 52 *1 Corinthians 12-13
8/31 *2 Kings 5 *Lamentations 1 *1 Corinthians 14

September

9/1 *2 Kings 6 *Lamentations 2 *1 Corinthians 15
9/2 *2 Kings 7 *Lamentations 3 *1 Corinthians 16
9/3 *2 Kings 8 *Lamentations 4 *2 Corinthians 1-2

9/4 *2 Kings 9 *Lamentations 5 *2 Corinthians 3-4
9/5 *2 Kings 10 *Ezekiel 1 *2 Corinthians 5-7
9/6 *2 Kings 11-12 *Ezekiel 2 *2 Corinthians 8-9
9/7 *2 Kings 13 *Ezekiel 3 *2 Corinthians 10-11
9/8 *2 Kings 14 *Ezekiel 4 *2 Corinthians 12-13
9/9 *2 Kings 15 *Ezekiel 5 * St. Luke 1
9/10 *2 Kings 16 *Ezekiel 6 * St. Luke 2
9/11 *2 Kings 17 *Ezekiel 7 * St. Luke 3
9/12 *2 Kings 18 *Ezekiel 8 * St. Luke 4
9/13 *2 Kings 19 *Ezekiel 9 * St. Luke 5
9/14 *2 Kings 20 *Ezekiel 10 * St. Luke 6
9/15 *2 Kings 21 *Ezekiel 11 * St. Luke 7
9/16 *2 Kings 22-23 *Ezekiel 12 * St. Luke 8
9/17 *2 Kings 24-25 *Ezekiel 13 * St. Luke 9
9/18 *1 Chronicles 1 *Ezekiel 14 * St. Luke 10
9/19 *1 Chronicles 2 *Ezekiel 15 * St. Luke 11
9/20 *1 Chronicles 3 *Ezekiel 16 * St. Luke 12
9/21 *1 Chronicles 4 *Ezekiel 17 * St. Luke 13-14
9/22 *1 Chronicles 5 *Ezekiel 18 * St. Luke 15
9/23 *1 Chronicles 6 *Ezekiel 19 * St. Luke 16
9/24 *1 Chronicles 7 *Ezekiel 20 * St. Luke 17
9/25 *1 Chronicles 8 *Ezekiel 21 * St. Luke 18
9/26 *1 Chronicles 9 *Ezekiel 22 * St. Luke 19
9/27 *1 Chronicles 10 *Ezekiel 23 * St. Luke 20
9/28 *1 Chronicles 11 *Ezekiel 24 * St. Luke 21
9/29 *1 Chronicles 12 *Ezekiel 25 * St. Luke 22
9/30 *1 Chronicles 13-14 *Ezekiel 26 * St. Luke 23

October

- 10/1 *1 Chronicles 15 *Ezekiel 27 * St. Luke 24
10/2 *1 Chronicles 16 *Ezekiel 28 *Galatians 1-2
10/3 *1 Chronicles 17 *Ezekiel 29 *Galatians 3-4
10/4 *1 Chronicles 18-19 *Ezekiel 30 *Galatians 5-6
10/5 *1 Chronicles 20-21 *Ezekiel 31 *Ephesians 1-2
10/6 *1 Chronicles 22 *Ezekiel 32 *Ephesians 3-4
10/7 *1 Chronicles 23 *Ezekiel 33 *Ephesians 5-6
10/8 *1 Chronicles 24-25 *Ezekiel 34 *Philippians 1-2
10/9 *1 Chronicles 26 *Ezekiel 35 *Philippians 3-4
10/10 *1 Chronicles 27 *Ezekiel 36 * St. John 1
10/11 *1 Chronicles 28 *Ezekiel 37 * St. John 2-3
10/12 *1 Chronicles 29 *Ezekiel 38 * St. John 4
10/13 *2 Chronicles 1-2 *Ezekiel 39 * St. John 5
10/14 *2 Chronicles 3-4 *Ezekiel 40 * St. John 6
10/15 *2 Chronicles 5-6 *Ezekiel 41 * St. John 7
10/16 *2 Chronicles 7 *Ezekiel 42 * St. John 8
10/17 *2 Chronicles 8 *Ezekiel 43 * St. John 9-10
10/18 *2 Chronicles 9 *Ezekiel 44 * St. John 11
10/19 *2 Chronicles 10-11 *Ezekiel 45 * St. John 12
10/20 *2 Chronicles 12-13 *Ezekiel 46 * St. John 13-14
10/21 *2 Chronicles 14-15 *Ezekiel 47 * St. John 15-16
10/22 *2 Chronicles 16-17 *Ezekiel 48 * St. John 17-18
10/23 *2 Chronicles 18-19 *Daniel 1 * St. John 19
10/24 *2 Chronicles 20 *Daniel 2 * St. John 20-21
10/25 *2 Chronicles 21-22 *Daniel 3 *Acts 1
10/26 *2 Chronicles 23 *Daniel 4 *Acts 2

10/27 *2 Chronicles 24 *Daniel 5 *Acts 3-4
10/28 *2 Chronicles 25 *Daniel 6 *Acts 5-6
10/29 *2 Chronicles 26-27 *Daniel 7 *Acts 7
10/30 *2 Chronicles 28 *Daniel 8 *Acts 8
10/31 *2 Chronicles 29 *Daniel 9 *Acts 9

November

11/1 *2 Chronicles 30 *Daniel 10 *Acts 10
11/2 *2 Chronicles 31 *Daniel 11 *Acts 11-12
11/3 *2 Chronicles 32 *Daniel 12 *Acts 13
11/4 *2 Chronicles 33 *Hosea 1 *Acts 14-15
11/5 *2 Chronicles 34 *Hosea 2 *Acts 16-17
11/6 *2 Chronicles 35 *Hosea 3 *Acts 18-19
11/7 *2 Chronicles 36 *Hosea 4 *Acts 20
11/8 *Ezra 1-2 *Hosea 5 *Acts 21-22
11/9 *Ezra 3-4 *Hosea 6 *Acts 23-24
11/10 *Ezra 5-6 *Hosea 7 *Acts 25-26
11/11 *Ezra 7 *Hosea 8 *Acts 27
11/12 *Ezra 8 *Hosea 9 *Acts 28
11/13 *Ezra 9 *Hosea 10 *Colossians 1
11/14 *Ezra 10 *Hosea 11 *Colossians 2
11/15 *Nehemiah 1-2 *Hosea 12 *Colossians 3-4
11/16 *Nehemiah 3 *Hosea 13 *1 Thessalonians 1-2
11/17 *Nehemiah 4 *Hosea 14 *1 Thessalonians 3-4
11/18 *Nehemiah 5-6 *Joel 1 *1 Thessalonians 5
11/19 *Nehemiah 7 *Joel 2 *2 Thessalonians 1-2
11/20 *Nehemiah 8 *Joel 3 *2 Thessalonians 3

11/21 *Nehemiah 9 *Amos 1 *1 Timothy 1-3
11/22 *Nehemiah 10 *Amos 2 *1 Timothy 4-5
11/23 *Nehemiah 11 *Amos 3 *1 Timothy 6
11/24 *Nehemiah 12 *Amos 4 *2 Timothy 1
11/25 *Nehemiah 13 *Amos 5 *2 Timothy 2
11/26 *Esther 1 *Amos 6 *2 Timothy 3-4
11/27 *Esther 2 *Amos 7 *Titus 1-3
11/28 *Esther 3-4 *Amos 8 *Philemon 1
11/29 *Esther 5-6 *Amos 9 *Hebrews 1-2
11/30 *Esther 7-8 *Obadiah 1 *Hebrews 3-5

December

12/1 *Esther 9-10 *Jonah 1 *Hebrews 6-7
12/2 *Job 1-2 *Jonah 2-3 *Hebrews 8-9
12/3 *Job 3-4 *Jonah 4 *Hebrews 10
12/4 *Job 5 *Micah 1 *Hebrews 11
12/5 *Job 6-7 *Micah 2 *Hebrews 12
12/6 *Job 8 *Micah 3-4 *Hebrews 13
12/7 *Job 9 *Micah 5 *James 1
12/8 *Job 10 *Micah 6 *James 2
12/9 *Job 11 *Micah 7 *James 3-4
12/10 *Job 12 *Nahum 1-2 *James 5
12/11 *Job 13 *Nahum 3 *1 Peter 1
12/12 *Job 14 *Habakkuk 1 *1 Peter 2
12/13 *Job 15 *Habakkuk 2 *1 Peter 3-5
12/14 *Job 16-17 *Habakkuk 3 *2 Peter 1-2
12/15 *Job 18-19 *Zephaniah 1 *2 Peter 3

12/16 *Job 20 *Zephaniah 2 *1 John 1-2
12/17 *Job 21 *Zephaniah 3 *1 John 3-4
12/18 *Job 22 *Haggai 1-2 *1 John 5
12/19 *Job 23-24 *Zechariah 1 *2 John- 3 John
12/20 *Job 25-27 *Zechariah 2-3 *Jude 1
12/21 *Job 28 *Zechariah 4-5 *Revelation 1-2
12/22 *Job 29-30 *Zechariah 6-7 *Revelation 3-4
12/23 *Job 31-32 *Zechariah 8 *Revelation 5-6
12/24 *Job 33 *Zechariah 9 *Revelation 7-9
12/25 *Job 34 *Zechariah 10 *Revelation 10-11
12/26 *Job 35-36 *Zechariah 11 *Revelation 12-13
12/27 *Job 37 *Zechariah 12 *Revelation 14
12/28 *Job 38 *Zechariah 13-14 *Revelation 15-16
12/29 *Job 39 *Malachi 1 *Revelation 17-18
12/30 *Job 40 *Malachi 2 *Revelation 19-20
12/31 *Job 41-42 *Malachi 3-4 *Revelation 21-22

